



Swami Shraddhanand College UNIVERSITY OF DELHI

Supporting Document: **3.4.3**

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years



Assessment Period: 2018-2023

Major Activities and their outcomes:

1. Defence training: The training results in well-being of students. It is an essential life skill that helps one protect themselves and instills confidence, self-esteem, values of character, discipline and hard work. It helps students to understand the military and see the men in uniform closely and have a feel of it.

2. Activities promoting national unity, patriotism and leadership qualities: NCC and NSS activities contribute in propagating national unity and honesty amongst youth. These help in developing dynamic and responsible citizens of the country.

3. Social activities and their awareness (social service, blood donation camps, vigilance, etc): The events carried by NSS and NCC result in awareness of social issues and problems, and provide means to tackle and overcome them. The child education, vigilance, social duties during difficult times (as in COVID-19), training for disaster management and road safety have been the key events.

4. Extension Activities for health and well being of students and society: There have been extensive programs to promote health such as yoga programs and awareness campaigns. The programs were also carried through online mode during COVID times to promote mental and physical health among students and the community. Similar programs to take care of animals and birds have also been carried out.

5. Extension Activities for the environmental concerns, plantation drives: The plantation drives, environmental awareness campaigns, plastic free environment and swachta abhiyaans, clean and green India drives have made students more conscious about their environment. The college has developed one acre land of the campus is devoted for the development of "Saghan Van" (small dense forest) as environmental extension activity.

Response:81

Number of extension and outreach programs conducted by the institution through NSS/NCC, Government and Government recognised bodies during the last five years

| 2022-23 | 2021-22 | 2020-21 | 2019-20 | 2018-19 |
|----------------|----------------|----------------|----------------|----------------|
| 25 | 21 | 17 | 12 | 06 |



Swami Shraddhanand College UNIVERSITY OF DELHI

| Sl. No. | Organising unit/ agency/ collaborating agency | | Name of the scheme | Date of activity | Year | Number of students participated in such activities |
|---------|--|-------------------------|------------------------------------|------------------|------|--|
| 1 | REPUBLIC DAY | 6DBN | DEFENCE TRAINING | 2018 | 2018 | 3 |
| 2 | PM RALLY | 6DBN | DEFENCE TRAINING | 2018 | 2018 | 7 |
| 3 | BLOOD DONATION CAMP | OUTDOOR CAMP ACTIVITIES | AWARENESS CAMPAIGN | 16-Aug-18 | 2018 | 120 |
| 4 | YOGA DAY | SSNC | INTERNATIONAL YOGA DAY CELEBRATION | 19-21 JUNE 2018 | 2018 | 120 |
| 5 | A FOOT POLICING AND AWARENESS CAMPAIGN ON NATION UNITY | NCC | AWARENESS CAMPAIGN | 30-Jun-18 | 2018 | 120 |
| 6 | NCC UNITY DAY CELEBRATION | NCC | CELEBRATE "NATIONAL UNITY DAY" | 31-Oct-18 | 2018 | 120 |
| 7 | VIGILANCE AWARENESS | NCC | AWARENESS CAMPAIGN | 31-Oct-19 | 2019 | 120 |
| 8 | YOGA CELEBRATION | NCC | YOGA DAY | 2019 | 2019 | 120 |
| 9 | CONSTITUTION DAY | NCC | CELEBRATION OF CONST. DAY | 2019 | 2019 | 120 |
| 10 | RASTRIYA EKTA DIWAS | NCC | EKTA DIWAS | 31-Oct-19 | 2019 | 120 |
| 11 | COMMUNAL HARMONY CAMPAIGN | NCC | AWARENESS CAMPAIGN | 23-Oct-19 | 2019 | 120 |
| 12 | PLASTIC FREE CAMPAIGN | NCC | AWARENESS CAMPAIGN | 2019 | 2019 | 120 |
| 13 | SAWACHHTA PAKHWADA | NCC | AWARENESS CAMPAIGN | 2019 | 2019 | 120 |

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|----|---|-------------------------|--|---------------------|------|-----|
| 14 | Blood Donation Camp | NSS | Lions Blood Donation Bank and Maa Jagriti Blood DONation Bank | 24-September-2019 | 2019 | 55 |
| 15 | Organic Food and Farming Camp | NSS | Awareness drive in Alipur Village and college students | 11-16 October-2019 | 2019 | 55 |
| 16 | Child Education Rally | NSS-SSNC participated | Rally at North Campus of University of Delhi | 31-Oct-2019 | 2019 | 40 |
| 17 | POCSO event | NSS-SSNC and SAKSHI NGO | Awareness on POCSO act | 11-Nov-2019 | 2019 | 58 |
| 18 | Pledge Event | NSS and NCC, SSNC | Constitution Day Pledge | 26-Nov-2019 | 2019 | 55 |
| 19 | SOCIAL DUTY AT TIME OF COVID-19 PANDEMIC AT VARIOUS CENTRES | NGO | COVID WARRIOR | 2020 | 2020 | 120 |
| 20 | VOCAL FOR LOCAL WEBINAR | 6DBN | NCC outreach Program | 2020 | 2020 | 90 |
| 21 | SAWACH BHARAT ABHIYAAN | 6DBN | SAWACHTA ABHIYAAN | 2020 | 2020 | 120 |
| 22 | FIT INDIA | 6DBN | FITNESS AWARENESS | 16-Oct-20 | 2020 | 90 |
| 23 | VIJAY DIWAS WEBINAR | 6DBN | AAZADI KA AMRIT MAHOTSAV | 2020 | 2020 | 90 |
| 24 | COVID ENIGHTMENT | 6DBN | COVID WARRIOR | 2020 | 2020 | 90 |
| 25 | VIGILANCE AWARENESS WEEK | 6DBN | AWARENESS | 28 OCT - 2 NOV 2020 | 2020 | 90 |
| 26 | AATMA NIRBHAR BHARAT | 6DBN | AATMA NIRBHAR BHARAT ABHIYAN | 2020 | 2020 | 90 |
| 27 | FIT FREEDOM RUN | 6DBN | UNITY RUN | 2020 | 2020 | 90 |
| 28 | YOGA | NCC | YOGA DAY CELEBRATION | 18-21 JUNE 2020 | 2020 | 120 |
| 29 | Role of Youth in Nation Building | NSS and YIKTS | Seminar | 16-Jan-2020 | 2020 | 59 |
| 30 | Swacchata Pakhwada | NSS and HAIYAA NGO | Awareness rally and Cleanliness activity in Alipur Village, GBSS School Alipur | 16-31 Jan 2020 | 2020 | 59 |

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|----|---|--|---|----------------------------|------|-----|
| 31 | Voter Awareness Programme | NSS | Awareness program on Value of Vote | 7-Feb-2020 | 2020 | 50 |
| 32 | Road Safety Program | NSS with IRSC | Awareness programme | 13-Feb-2020 | 2020 | 48 |
| 33 | Talk on Climate Change | NSS with Youth for Climate change NGO | Talk | 24-Feb-2020 | 2020 | 46 |
| 34 | COVID-19 Awareness programme | NSS | Awareness programme through Social Media | Pandemic time | 2020 | 15 |
| 35 | COVID-19 (2nd wave) Vaccination Awareness | NSS volunteers at their local areas | Online Vaccination awareness and myth buster | Throughout pandemic period | 2020 | 15 |
| 36 | WORKSHOP ON DEFENCE LEADER PREPRATION SKILL | NCC outreach Program | | 2021 | 2021 | 120 |
| 37 | IIRS Outreach Program | Indian Institute of Remote Sensing, Dehradun | Earth Observation based Mapping, Monitoring and Modelling of Landslide: Recent trends and support to early warning system | 2021 | 2021 | 25 |
| 38 | IIRS Outreach Program | Indian Institute of Remote Sensing, Dehradun | Earth Observation for Carbon Cycle Studies | 21- 25 June 2021 | 2021 | 2 |
| 39 | HELPDESK FOR COVID PATIENTS | 6DBN | COVID WARRIOR | 2021 | 2021 | 90 |
| 40 | SAWACHTA PAKHWADA | 6DBN | SAWACHTA ABHIYAAN | 2021 | 2021 | 90 |
| 41 | EK DIYA SHAHEED KE NAAM | 6DBN | SAHEEDE DIWAS | 2021 | 2021 | 90 |
| 42 | RUN FOR UNITY | 6DBN | RUN FOR UNITY | 2021 | 2021 | 120 |
| 43 | VIJAY DIWAS | 6DBN | AAZADI KA AMRIT MAHOTSAV | 2021 | 2021 | 90 |
| 44 | Leadership preparation Skill Workshop | 6DBN | SKILL DEVELOPMENT | 16-Oct-21 | 2021 | 120 |
| 45 | KARGIL VIJAY DIWAS | NCC | CELEBRATE KARGIL VIJAY DIWAS | 26-Jul-21 | 2021 | 120 |
| 46 | Immunity Booster | NSS | Online 30 Days Yoga sessions | | 2021 | 30 |

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|----|---------------------------|--|---|---|------|-----|
| 47 | Plantation Drive | NSS volunteers at their local areas | Plantation Drive at homes | | 2021 | 30 |
| 48 | Animal/Bird Feeding Drive | NSS volunteers at their local areas | Activity done by volunteers at their home localities | Throughout pandemic period- Report 2021 | 2021 | 25 |
| 49 | World Environment Day | NSS | Plantation Drive | 05-June-2021 | 2021 | 30 |
| 50 | Awareness on POCSO Act | NSS and SAKSHI NGO | Online Awareness Program | 22-September-2021 | 2021 | 34 |
| 51 | Fit India Freedom Run 2.0 | NSS | Physical/Virtual Run | 1-October-2021 | 2021 | 40 |
| 52 | Cleanliness Drive | NSS and NYKS | Cleanliness activity at MIni Stadium, ALipur | 7-October-2021 | 2021 | 28 |
| 53 | Vegan Outreach | NSS | Webinar | 17-October-2021 | 2021 | 35 |
| 54 | Clean India Drive | NSS and Civile Defence | Awareness rally and Cleanliness activity in Alipur Village | 22-October-2021 | 2021 | 40 |
| 55 | Clean India Drive | NSS | Cleanliness activity at 'Sahidi Samarak Hall | 26-October-2021 | 2021 | 35 |
| 56 | Geeta Mahotsav | NSS, NCC, IIT and IIM | Webinar/offline talk | 14-December-2021 | 2021 | 80 |
| 57 | IIRS Outreach Program | Indian Institute of Remote Sensing, Dehradun | Basics of "Remote Sensing, Geographical Information System and Global Navigation Satellite System". | 22 Aug-25 Nov 2022 | 2022 | 9 |
| 58 | Nasha Mukh Bharat Abhiyan | NCC | JUO Rohit got selected to give speech in front of the chief guest was Sh. Raj Nath Singh | to November 25, 2022 | 2022 | 110 |
| 59 | International Yoga Day | NCC | YOGA DAY CELEBRATION | 16-21 JUNE | 2022 | 120 |

| | | | | 2022 | | |
|----|----------------------------------|--|---|--------------------|------|----|
| 60 | National Youth Day | Ministry of Youth Affairs and Sports, Govt. of India | Webinar "It is all in mind" | 13-January-2022 | 2022 | 40 |
| 61 | Sun Salutation event | NSS | Yogas and aasanas Online | 14-January-2022 | 2022 | 45 |
| 62 | Road Safety Program | NSS | Online Awareness program | 17-January-2022 | 2022 | 44 |
| 63 | Fit India Movement | NSS | !0 day Program with family and society | 22-31 January-2022 | 2022 | 40 |
| 64 | WetLands Day | NSS | Online Awareness program | 2-February-2022 | 2022 | 50 |
| 65 | Cancer Day Programme | NSS and Fortis Hospital | Webinar and Quiz programme | 4-February-2022 | 2022 | 50 |
| 66 | Plantation Drive | NSS and a NGO | Palla Village Plantation Derive | 12-February-2022 | 2022 | 45 |
| 67 | Blood DOnation Awareness Program | NSS | Awareness Program- NSS volunteers, Saksham NGO in community | 2-March-2022 | 2022 | 40 |
| 68 | Blood Donation awareness Rallies | NSS | Awareness Program in Alipur locality | 3-March-2022 | 2022 | 42 |
| 69 | Blood DOnation Camp | NSS and AIIMS team | Came by volunteers and locality people | 7-March-2022 | 2022 | 70 |
| 70 | Career Counselling Session | NSS and PNB | Career Counselling session | 7-April-2022 | 2022 | 39 |
| 71 | Plantation Drive | NSS | Alipur Forest Area (saplings were taken and planted in college) | 12-March-2022 | 2022 | 40 |
| 72 | Survey TP with NLSF NGO | NSS and New life shelter foundation | Finding the number of children who don't have access to education and | 27-March-2022 | 2022 | 30 |

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|----|---------------------------|-----|--|-------------------|------|----|
| | | | handing over that data to the NGO so that they can arrange for resources for these children to get education | | | |
| 73 | Yoga Session | NSS | Offline Yoga Session | 8-April-2022 | 2022 | 45 |
| 74 | Seminar on Cybercrime | NSS | Seminar | 20-04-2022 | 2022 | 60 |
| 75 | Plantation Drive | NSS | Miyawaki Method | 30-September-2022 | 2022 | 60 |
| 76 | Plantation Drive | NSS | World Environment Day | 06-05-2022 | 2022 | 35 |
| 77 | Seminar on Global Warming | NSS | 4th activities of Mission Life Project | 21-Feb-23 | 2023 | 40 |
| 78 | World Bicycle Day | NSS | Rally in the adopted village of Alipur | 03-Jun-23 | 2023 | 35 |
| 79 | World Environment Day | NSS | Awareness Rally in the local area around college and Plantation Drive | 05-Jun-23 | 2023 | 30 |
| 80 | Disaster Management | NSS | 3 days Project work | 14-16 June-2023 | 2023 | 14 |
| 81 | Prakaram Diwas | NSS | Cultural Celebration | 23-Jan-23 | 2023 | 60 |

Supporting Documents



YEAR 2018-19

NCC - 6DBN Army Unit of SSNC Activities

ANO - Lt. (Dr.) Mukesh Rana

The aims of college NCC unit are mainly to develop Character, Comradeship, Discipline, Secular Outlook, Spirit of Adventure, Sportsmanship, Ideals of selfless service among its 90+ cadets. It also create a human resource of Organized, Trained and Motivated youth, to provide leadership in all walks of life and always be available for the service of the nation. Most importantly it provide a suitable environment to motivate the youth to take up a career in the Armed Forces.

NCC's training included both institutional training, adventure training, youth activities and social services as well as military training such as basic drill and weapon training. Our college has created infrastructure such as Obstacle Course for its cadets to undergo such training and enable them to blossom in the true sense towards the all-around development of their personality.



It is a matter of pride and satisfaction that during year 2018-19 our cadet under SUO - Ishan Rajput continue to show their mettle by competing along with various camps such as OTA- Kamptee, AITC- Amarkantak, TSC-2019, CM Rally EBSB-West Bengal, AITC-Bihar & Jharkhand, EBSB- Delhi, AJJ, ALC, RDC, Para-sailing, Para-slithering, PM Rally etc. The details as follows:

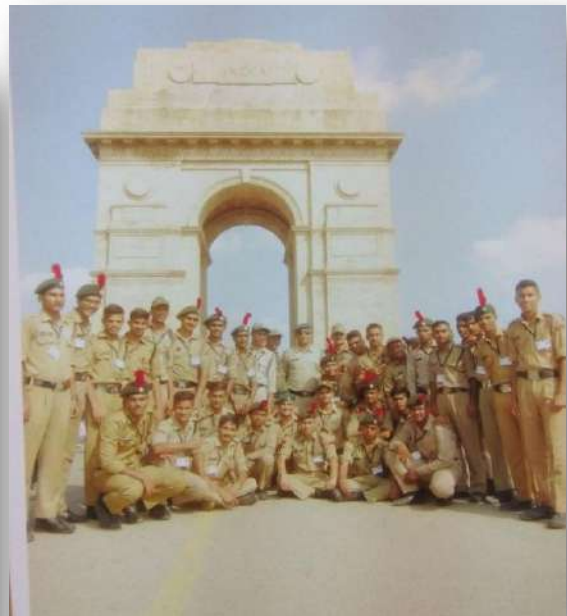
- **REPUBLIC DAY CAMP 01-28 Jan 2018 DG NCC, DELHI** - CDT AMIT (In Drill) & CPL KUNAL LAMBA(In Culture).
- **PM RALLY(TABLEAU) 16-28 Jan 2018** - DG NCC, CQMS SANTOSH RATHORE and 7 other cadets.
- **PM RALLY(PARA-SAILING) :16-28 Jan 2018** - DG NCC, DELHI - CDT VIVEK KHOKHAR.
- **PM RALLY(SLITHERING): 16-28 Jan 2018** - DG NCC, DELHI JUO VISHAL KUMAR Selected as Camp Senior, CDT DAVID and CDT MOHIT HOODA
- **PM RALLY(CULTURE): 16-28 Jan 2018** - DG NCC, DELHI CDT YASHPAL Selected as Camp Senior, CDT Rajesh, CDT Deepak Bishr and CDT Rishi Pathak
- **ADVANCED LEADERSHIP CAMP : 10-22 Jan, Gujarat** - JUO YOGESH
- **OFFICERS TRAINING ACADEMY- SCREENING COURSE: 22- 31 October, Kamptee** CQMS SANTOSH RATHORE.
- **OFFICERS TRAINING ACADEMY 30th SCREENING COURSE: 8th - 18th April** SUO MANISH GIRI
- **Mountaineering Expedition: 15 May - 12 July** CDT Shashwat Rajpurohit

- **ALL INDIA TREKKING CAMP : 29 May - 5 June Amarkantak** JUO Vishal Kumar and 5 others.
Achievements : Volleyball 1st position (JUO Vishal & CDT Nitesh Kumar)
- **CM RALLY : 15th August Chatrasal Stadium** CDT Avinash Kumar
- **AITSC :17-28 September** JUO Vishal Kumar (Delhi Directorate Senior) & JUO Yogesh.
- **ANNUAL TRAINING CAMP : 4 - 13 September 2019, Rohini Bhawan** SUO ISHAN RAJPUT (Delta Company Senior) & SUO MANISH GIRI (DELTA COMPANY 2IC)
Achievements:Volleyball- 1st Position (under Captainship of CDT Feroz Khan) , **Solo Dance- 1st Position** CDT YashpalSingh,**Tug of war - 1 position** (Under Captainship of JUO Saurabh), **Debate - 1st Position**-CQMS SantoshRathori& CDT David, **Solo Singing - 1st Position** CDT David, **Essay Writing- 1st Position** CDT Arpit Kumar Meena
- **EBSB- West Bengal : 1-12 October** - SUO ISHAN RAJPUT AND JUO SAURABH
Achievements:JUO Saurabh1st in TUG OF WAR , SUO ISHAN RAJPUT - **1st in Group Dance& NIAP 1st Position**

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- **AMP (BIHAR& JHARKHAND): 1-10 Dec 2018** - JUO BHOOMIT RANGA selected as Delhi Directorate Senior and 4 other cadets.
- **EBSB - DELHI : 9-20 Nov, Rohini Bhawan,** SGT Parshant Parmar(College Senior).
Achievements: **Debate 1st Position**- CDT RohitBhargava, **NIAP 1st Position** - SGT PARSHANT PARMAR, CDT YASHPAL CDT TARUN & SHAIJU SHARAF, **Solo Dance 1st Position**- CDT Yashpal
- **AMAR JAWAN JYOTI : 13-24 Nov, India Gate,** JUO Yogesh
- **COMBINED ANNUAL TRAINING CAMP: 26 Nov - 5 Dec** -CDT RISHI SIROHI (DUTY INCHARGE) and 5 others.

These camps not only take the cadets to various places in the country but also expose them to tough training, discipline and adventurous life in the camp and in the process they meet cadets from all over the country, which also promote National Integration and feeling of togetherness in Cadets. Our unit also hold various social activities, some of them are :

- Swachata Abhiyan, 20th May 2018
- Yoga Day camp, 19th - 21th June 2018
- Foot Policing & Awareness Campaign on Nation Unity - 30th June 2018
- Flag Hosting Independence Day, 15th August
- Blood Donation Camp - 16th August 2018
- Mass awareness Rally with Predesignated responsibility 16th September 2018
- Seminar on Swachh Bharat Abhiyan 3rd October 2018
- Run For Unity 31st October 2018
- NCC Day 25 November 2018
- Voter's Awareness Campaign 16th January 2019



- Republic Day Flag Hosting 25th January 2019

The NCC unit of Swami Shraddhanand College is going to organize 2nd NCC Fest "JAZBAA" on 28st Febuary 2019 to be inaugurated by well-known Defense Experts. BRIGADIER NARENDER DABAS - D.D.G.(NCC), Delhi Directorate. This will motivate and train our Undergraduate students, NCC cadets & NSS volunteers, for Nationalism & Patriotism.

This is followed by a 3rd"Workshop on Defence officers preparation skill " at SSNC old Campus during 01- 03 March 2019. The officers skill tips to be provided by India best assessor -BRIGADIER NARENDER

DABAS, D.D.G.(NCC), Delhi Directorate, COL GOPAL SINGH VSM(RETD), Bolester Academy, LT. COL. S.B.S. YADAV , Psychologist .

Also organized a National workshop on Youth Leadership : Skill and Challenges from 12-13th April 2019.





“ANNUAL REPORT”
NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAD COLLEGE
(UNIVERSITY OF DELHI)
(2019-2020)



ABOUT NATIONAL SERVICE SCHEME

The National Service Scheme (NSS) is an [Indian government](#)-sponsored [public service](#) program conducted by the Ministry of Youth Affairs^{LI} and Sports of the [Government of India](#). Popularly known as NSS, the scheme was launched in [Gandhiji's](#) Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community (esp. Villages)

HISTORY OF NSS

After independence the [University Grants Commission](#), headed by [S. Radhakrishnan](#), recommended the introduction of voluntary [national service](#) in academic institutions. This idea was again considered by the Central Advisory Board of Education (CABE) at its meeting in January, 1950; after examining the idea and the experiences of other countries in this field, the board recommended that students and teachers should devote time to voluntary manual work. In the draft [first Five-Year Plan](#) adopted by the government in 1952, the need for social and labour service by Indian students for one year was stressed. In 1958 [Jawaharlal Nehru](#), in a letter to the chief ministers, considered the idea of social service as a prerequisite for graduation. He directed the Ministry of Education to formulate a suitable scheme for the introduction of national service into academic institutions.

LAUNCH OF NSS

In May 1969, a conference of student representatives (of universities and institutions of higher education) convened by the Ministry of Education and the University Grants Commission also unanimously agreed that a national-service scheme could be an instrument for national integration. The details were soon worked out and orientation camp was organized at Rajghat. This camp was concluded on 7 June 1969. KKGupta from DU was declared first volunteer. The Planning Commission sanctioned an outlay of ₹5 crores for the NSS during the Fourth Five-Year Plan, stipulating that the NSS be a pilot project in selected institutions and universities. On 24 September 1969, the then Union Education Minister [V.K.R.V. Rao](#) launched the NSS at 37 universities all states. The scheme has been extended to all states and universities in the country, and also +2 level institutes in many states

SYMBOL OF NSS

The symbol for the NSS has been based on the giant Rath Wheel of the world-famous [Konark Sun Temple](#) (The Black Pagoda) situated in [Odisha](#), India. The wheel portrays the cycle of creation, preservation and release. It signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. The eight bars in the wheel represents 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind. It stands for continuity as well as change and implies the continuous striving of NSS.

MOTO OF NSS

“NOT ME BUT YOU”



| SR.NO | TITLE | PAGE NO. |
|--------------|--|-----------------|
| | OFFICE BEARERS | 3 |
| | ACTIVITIES DETAILS | 4 |
| 1. | Orientation Programme | 4-5 |
| 2. | Blood Donation Programme | 5 |
| 3. | Seven Days Special Camp on “Organic FOOD and Farming” | 5 |
| 4. | Awareness programme on “Organic food and farming” | 6 |
| 5. | SHRI.ARUN JAITELY memorial lecture by Hon. Vice President of India | 6 |
| 6. | RALLEY PROGRAMME on “WHEN WILL EVERY CHILD HAVE JUSTICE”By NOBLE PEACE LAUREATE SHRI. Kailash Satyarthi ji. | 6 |
| 7. | “POCSO” event by with “SAKSHI NGO” | 7 |
| 8. | “CONSTITUTION DAY PLEDGE | 7 |
| 9. | “THE ROLE OF YOUTH IN NATION BUILDING” SEMINAR | 7 |
| 10. | “SWACHTA PAKHWADA”EVENT in college campus and Alipur Village. | 8 |
| 11. | NSS Group Discussion programme | 8 |
| 12. | Voter Awareness Programme in college Campus | 8 |
| 13. | ROAD SAFETY PROGRAMME by ISRC | 9 |
| 14. | QUIZ competition Of NSS | 9 |
| 15. | “TALK AND MOVIE SCREENING” on climate change by NGO | 9 |
| 16. | VOLUNTEERING IN COLLEGE CULTURAL FEST | 10 |
| 17. | ONLINE PHOTOGRAPHY COMPETITION | 10 |
| 18. | POEM AND ESSAY WRITING COMPETITION | 10 |
| 19. | SHORT VIDEO AND COLLAGE COVID-19 AWARENESS | 11 |
| 20. | POSTER making competition on IDY | 11 |
| | | |

OFFICE BEARERS



PROGRAMME OFFICER

**DR. JOGINDER SINGH
ASSISTANT PROFESSOR
ECONOMICS**



**ABHINAV KASHYAP
PRESIDENT**



**VIVEK KUMAR
VICE PRESIDENT**



**SONU CHAUDHARY
SECRETARY**



**RAKESH
TREASURER cum JOINT SECRETARY**



**ABHINAV CHADAV
SR. EXECUTIVE MEMBER**



**RACHIT TIWARI
PR HEAD**



**VISHNU
MANAGEMENT HEAD**



**RAJAN
CREATIVE HEAD**

TOTAL VOLUNTEERS 81

1. ORIENTATION PROGRAMME

Orientation Programme was held on 23 september 2019 .More than 200 volunteers participated in it. College Principal DR.P.V KHATRI was chief guest of this programme.

DR.JOGINDER SINGH (NSS PROGRAMME OFFICER) told about the NSS moto,NSS history AND NSS contribution toward nation and society.ALL volunteers make it a interactive session by putting their thouDghts and questions.



2. BLOOD DONATION CAMP

BLOOD DONATION CAMP was held on 24 september 2019 in college old building campus.LIONS BLOOD DONATION BANK and MAA JAGRITI BLOOD DONATION BANK came to collect blood from volunteers .More than 300 unit blood was donated by NSS VOLUNTEERS in this camp.

DR.JOGINDER SINGH (NSS P.O),DR.PV KHATRI(SSNC PRINCIPAL),DR.ABHAY SINGH SANDHU (NEPHEW OF AZAD BHAGAT SINGH) WAS ALSO THERE and other staff of both blood banks associations were present there.

ALL volunteers got RED T-SHIRT as areward fron NSS unit after donating blood.



3. SEVEN DAY SPECIAL CAMP

Seven day special camp on “ORGANIC FOOD AND FARMING” was organised from 11-16 october 2019.its main moto was to train the volunteers about the organis farming and organic foods.total 50 volunteers participated in it .The innauguration of this camp was done by NSS-DU COORDINATER MAM PARMINDER SEGHAL MAM.YOGA activities was also performed by vounteers under the guidance of DELHI POLICE employe MR.PARVEEN.Field visit was also done in near by village wgere volunteers watch MORINGA and MUSHROOMS organic farming.IN ALIPUR village all volunteers s[read awareness and took survey of all villagers to aware them about the organic food and farmin benefits.



4.AWARENESS PROGRAMME ON ORGANIC FOOD AND FARMING

It was held on 22 october 2019 in college campus .ALL trained volunteers Of NSS UNIT give knowledge to college students.Different samples of organic foods were shown to all college students.

5.ARUN JAITLEY MEMORIAL LECTURE

More than 15 volunteers attended the memorial lecture of SHRI ARUN JAITLEY delivered by HONOURABLE VICE PRESIDENT OF INDIA SHRI M.VENKAIAH NAIDU. IT was held in the DU CONFERENCE HALL on 29 cotober 2019.

6.CHILD EDUCATION RALLY

CHILD EDUCATION RALLY was orgained on 31 october by the NOBLE PEACE LAURATE KAILASH SATYARTHI in the north campus of delhi university from Hansraj college to law faculty of DU.More than 80 volunteers of NSS-SSNC participated in it.total more than 700 volunteers of all colleges participated.



7. “POCSO” EVENT

It was organised in college campus with the collaboration of SAKSHI NGO ON 11 November 2019. More than 90 volunteers participated in it. Chief guest was DR.P.V KHATRI (college principal). Volunteers learn about the POCSO act and got certificate as award.

8. CONSTITUTION DAY PLEDGE EVENT

CONSTITUTION DAY PLEDGE EVENT was held on 26 NOVEMBER 2019. Both NSS and NCC took part in it. DR.P.V KHATRI (COLLEGE PRINCIPAL) was chief guest. ALL volunteers read PREAMBLE and take pledge to save environment and respect constitution of INDIA.

9. “The ROLE OF YOUTH IN NATION BUILDING” SEMINAR

It was organized on 16 January 2020 by the NSS-SSNC unit with collaboration of YIKTS. NIKHIL YADAV was the speaker and chief guest of this programme. NIKHIL YADAV sir gave motivational speech to all volunteers and enrolled students in various activities in paly ground. More than 90 volunteers participated in it.



10.SWACCHATA PAKHWADA

SWACCHATA PAKHWADA was orgained from 16 january -31 january. Volunteers learns a lot in this.they spread cleanliness awareness in college campus and ALIPUR vllage also.Seminars,Talks,and competition were held during this pakhwada.College principal DR.P.V KHATRI also works with NSS to clean the college premises.cleanliness campigan is held during this in whole college campus and Alipur village. HAIYAA NGO also came during this to give talk on water conservation awareness.Volunteers spread awarenessabout water conservation in ALIPUR village . Plantation drive is also conducted during this swachta pakhwada.



11.NSS GROUP DISCUSSION PROGRAMME

It was organized on 5 february 2020 in college seminar hall. DR.JOGINDER (P.O) gave motivational speech and discussed about the further competitions and planning of NSS working plans. ALL volunteers actively participated in it.

12.VOTER AWARENESS PROGRAMME

Voter awareness programme was organized on 7 february 2020 in college Campus .Volunteers recite slogans to aware the “VALUE OF EVERY VOTE” to everyone in college campus .DR.JPGINDER SINGH(P.O) give a brief talk about the vote importance in democracy. More than 80 volunteers participated in it.



13.ROAD SAFETY PROGRAMME

ROAD SAFETY programme was organized by NSS-UNIT SSNC with collaboration of IRSC on 13 february 2020.IRSC volunteers show movie related to the ROAD SAFETY.THEY aware all volunteers about the several acts and rules of ROAD SAFETY. They told lillte bit about the steps to taken if someone meet any accident or found some one injured on road.It was totally an interactive session.



14. QUIZ COMPETITION

QUIZ COMPETITION was organised on 17 FEBURARY 2020 in college old building seminar hall.All core team handled the quiz with the help of programme officer.It was based on the NSS aim,HISTORY,MOTO,SONG,and some current affairs topics .Its main objective was to check the knoledge of volunteers related to the NSS.Certificate was given to the winners .More than 20 teams participated in it.



15.TALK ON CLIMATE CHANGE

TALK ON CLIMATE CHANGE was organised on 24 february 2020 with the collabaration of NSS-UNIT with "YOUTH FOR CLIMATE CHANGE" NGO. This NGO is run by an core meber of NSS-SSNC unit itself.RACHIT TIWARI .This NGO screen movie related to save the climate change and effects of climate change.

16.VOLUNTEERING IN CULTURAL COLLEGE FEST

ALL volunteers do volunteering in COLLEGE CULTURAL FEST in different shifts. Volunteers spread the cleanliness awareness by pasting posters in different areas of college during FEST so that various people can get awared about the importance of cleanliness. IT was three day fest held from 4march -6 march .Volunteers perform NATIONAL SERVICE SCHEME LAKSHAY GEET ON STAGE to spread the moto of NSS to everyone.



17.ONLINE PHOTOGRAPHY COMPETITION

It was organized on 23 february 2020.Theme of this was “INCREDIBLE INDIA”. More than 20 enteries are submitted.Volunteers shows their photography skills.

18.POEM AND ESSAY WRITING COMPETITION

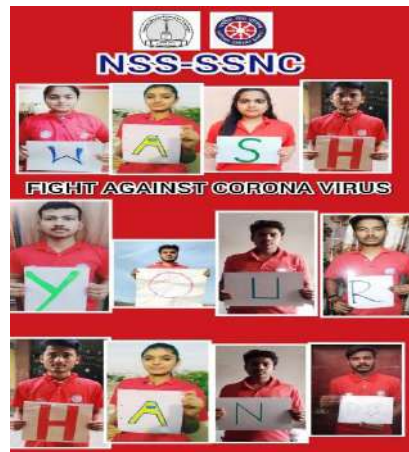
It was organized on 14 APRIL THE BIRTH ANNIVERSARY OF DR.BHIM RAO AMBEDKAR .More than 50 enteries were enrolled in this competition.The main moto of this competition was to enhance and check the knowledge of volunteers about the DR.B.R AMBEDKAR –THEIR LIFE AND MISSION.Volunteers wrote well well and detailed in essay and shows their talent in poem also.

Now they all are more aware about the mission and efforts and life of DR.B.R AMBEDKAR. Certificates were given to winners.



19.COVID-19 AWARENESS

ALL volunteers actively participated in COVID awareness programme.They all make collages and short videos to aware people on social sites- **INSTAGRAM,WHATSAPP,FACEBOOK,TWEETER** etc.**ALL** volunteers are well trained to spread awareness about the cornona virus.



20.POSTER MAKING COMPETITION ON IDY

POSTER MAKING COMPETITION was organized on 21 JUNE 2020 INTERNATIONAL YOGA DAY. It was a inter college poster making competition ,more than 5 colleges participated in it. YOGA is an art to live life. The main aim of this competition to spread awareness among the volunteers about the YOGA and its importance in life





NCC-6DBN AMRY UNIT OF SSNC ACTIVITIES

ANO-Lt.(Dr.)MUKESH RANA

Defining the motto of NCC that is **“UNITY & DISCIPLINE”**. 6 Delhi Battalion Army division of Swami Shraddhanad College stands high on this motto and withholds its reputation encouraging youths for the service of nation. It has 3 clear cut aims :

- Development of leadership , character , comradeship & spirit of sportsmanship
- To create a force of disciplined life
- Training for students to develop patriotism and leadership qualities among them.

NCC's training provides both physical and mental strengths. It also develops a feeling of social service and develops adventurous spirit among all its cadets. Our college provides obstacle course training for cadets for their physical development and is proud of being only college in Delhi University to have an obstacle course ground. Beside that a cadet is trained in military aspects making him learn weapon training and drill practice.

NCC cadets of Swami Shraddhanad College proudly participated in various camps and activities held by NCC at institution , state and national level and



excelled in all of them. Our cadets showed their potential at various levels and made college proud by their achievements. This year was tough and challenging for all the world but still our NCC performed its all tasks following all the protocol and taking NCC class to online level including study about map reading , weapon training and

many more. Our ANO – Lt.(Dr.)Mukesh Rana made this all possible with his all efforts and hard work. We also organised many webinars on many occasions

like vijaydiwas, fit india , vocal for local and many more. Our cadets also participated in various camps and did excellent in all of them.

Camps Attended :-

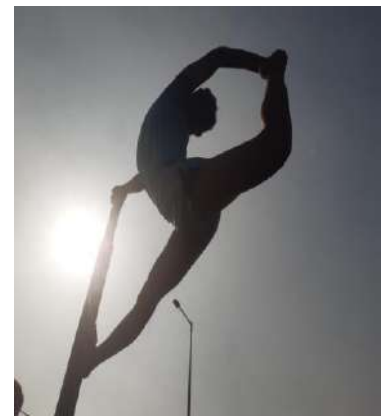
1. EBSB-I (SHILLONG)
2. EBSB-II(ANDHRA PRADESH & TELANGANA)
3. EBSB-III(BIHAR & JHARKHAND)
4. REPUBLIC DAY
5. PM RALLY



- JUO Kartikey Rana participated in Ek Bharat Shreshtha Bharat with north east directorate
- JUO Sagar Rathi participated in Ek Bharat Shreshtha Bharat with Andhra Pradesh and Telangana directorate
- JUO Tarun Khatri , JUO Aryan , CPL Nikhil Upadhyay , CPL Anshul , CDT Peeyush Tyagi and CDT Ritik participated in Ek Bharat Shreshtha Bharat with Bihar and Jharkhand Directorate

ANO -Lt.(Dr.)Mukesh Rana was incharge of this camp organised and managed all the camp

- CDT Abhay Tyagi participated in Republic Day camp and was part of delhi marching contingent and guard of honour.
- JUO Kartikey Rana , SGT Harsh , CPL Sunny , CPL Avnishdubey , CPL Anshul , CDT Ritik , CDT Harmeet participated in PM RALLY Cultural camp
- CQMS Aakash Gupta and CDT Sanjeet Poddar participated in tableau event at PM RALLY.



- Workshop on Leaderships at Sanker Hall, University of Delhi from 23-24 Nov, 2019



VARIOUS WEBINARS AND EVENTS

- Gave duty at time of COVID-19 Pandemic at various centres
- Sawach bharat abhiyaan
- FIT INDIA
- VIJAY DIWAS WEBINAR
- VOCAL FOR LOCAL WEBINAR





NATIONAL SERVICE SCHEME

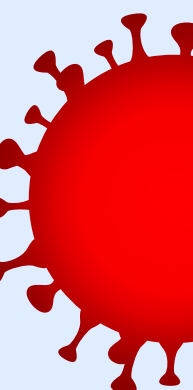
SWAMI SHRADDHANAND COLLEGE



(UNIVERSITY OF DELHI)

ANNUAL WORK REPORT

2020-2021





DR. JOGINDER SINGH
NSS-SSNC
PROGRAMME OFFICER
(2019-2021)

NATIONAL SERVICE SCHEME UNIT OF SWAMI SHRADDHANAND COLLEGE UNDER THE LEADERSHIP AND GUIDANCE OF OUR PROGRAMME OFFICER **DR. JOGINDER SINGH HAS TAKEN VARIOUS INITIATIVES.**

TO SPREAD **AWARENESS AMONGST ITS VOLUNTEERS AND THEIR FAMILIES AS WELL AS THE COMMUNITY IN REGARD TO THE ONGOING PANDEMIC AND SOME OTHER ISSUES.**

HERE ARE SOME OF THE EVENTS .

NSS-SSNC CORE TEAM VOLUNTEERS 2020-2021

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
PRESIDENT
(2020-2021)



AARTI DEVI

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
SR. EXECUTIVE MEMBER
(2020-2021)



RAKESH

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
VICE - PRESIDENT
(2020-2021)



DIPTI CHAUHAN

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
GENERAL SECRETARY
(2020-2021)



HIMANSHI PRIYA

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
JOINT SECRETARY
(2020-2021)



SITAL DAS

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
TECHNICAL HEAD
(2020-2021)



KULDEEP JHA

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
MANAGEMENT HEAD
(2020-2021)



RESHNA KUMARI

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
Outreach Team Member
(2020-2021)



ROHIT SINGH

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
EVENT HELPERS
(2020-2021)



PRIYANSHI GOEL



TEJASVI RANJAN

NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
Outreach Team Member
(2020-2021)



NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
Outreach Team Member
(2020-2021)



NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
TREASURER
(2020-2021)



NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)
Outreach Team Member
(2020-2021)



MAYANK MODI

NSS-SSNC VOLUNTEERS LIST (2020-2021)

| NSS ENROLLMENT NO | NAME | COURSE | YEAR | COLLEGE RC | BLOOD GROUP | | | | | |
|-------------------|---------------------|--------------------|---------------------------------------|------------|-------------|-----|--|--|--|--|
| 1 | DU2019-NSS-SSNC-194 | Rohit | B.A. (Prog.) | 3 | 410 | AB+ | | | | |
| 2 | DU2019-NSS-SSNC-196 | Aryaman Sharma | B.com(Prog.) | 2 | 2229 | B+ | | | | |
| 3 | DU2019-NSS-SSNC-197 | Kuldeep jha | B.a programme | 3 | 30 | B+ | | | | |
| 4 | DU2019-NSS-SSNC-198 | Aakash | BSc Physical Scien | 3 | 4246 | B+ | | | | |
| 5 | DU2019-NSS-SSNC-201 | Samar jeet yadav | B.A. program | 3 | 66 | A+ | | | | |
| 6 | DU2019-NSS-SSNC-206 | Aarti Devi | B. A Programme | 2 | 215 | B- | | | | |
| 7 | DU2019-NSS-SSNC-207 | Mayank Modi | B.Com programme | 2 | 2014 | B+ | | | | |
| 8 | DU2019-NSS-SSNC-208 | Himanshi Priya | B.A.prog | 2 | 205 | B+ | | | | |
| 9 | DU2019-NSS-SSNC-209 | Dipti Chauhan | B.a prog | 2 | 07 | AB+ | | | | |
| 10 | DU2019-NSS-SSNC-211 | Rahul Singh Rawat | B.Sc Physical Scier | 3 | 19/4085 | A+ | | | | |
| 11 | DU2019-NSS-SSNC-213 | Mohd Asif | B.A programme | 3 | 180815010 | A- | | | | |
| 12 | DU2019-NSS-SSNC-216 | Archit Yadav | B.A. Geo Hons | 2 | 1221 | O+ | | | | |
| 13 | DU2019-NSS-SSNC-217 | Harsh Mathwal | B.A Programme | 2 | 808 | AB+ | | | | |
| 14 | DU2019-NSS-SSNC-218 | Shrishti Singh | Bsc Life science | 3 | 3832 | O+ | | | | |
| 15 | DU2019-NSS-SSNC-219 | Govind | B.com program | 2 | 2020 | O+ | | | | |
| 16 | DU2019-NSS-SSNC-221 | Sumit Kumar Pande | B.A (Prog.) | 2 | 612 | O+ | | | | |
| 17 | DU2019-NSS-SSNC-222 | Shivam Kumar | B.Com(P) | 2 | 2013 | AB+ | | | | |
| 18 | DU2019-NSS-SSNC-223 | Abhishek Panthri | B.A. Geography hor | 2 | 1253 | B+ | | | | |
| 19 | DU2019-NSS-SSNC-225 | Sujit Kumar | Ba History (hons) | 2 | 1680 | B+ | | | | |
| 20 | DU2019-NSS-SSNC-226 | Abhishek Pandey | Bsc chemistry hons | 3 | 5627 | O+ | | | | |
| 21 | DU2019-NSS-SSNC-229 | Vishal Garg | Bcom(Prog) | 2 | 1913 | | | | | |
| 22 | DU2019-NSS-SSNC-230 | Dileep Kumar | B.A. (Hons) history | 2 | 1612 | B+ | | | | |
| 23 | DU2020-NSS-SSNC-231 | Rohit Singh | Bsc life sciences 2n | 2 | 3841 | O+ | | | | |
| 24 | DU2020-NSS-SSNC-232 | Harshal Suri | BA Programme | 1 | 20/856 | B+ | | | | |
| 25 | DU2020-NSS-SSNC-233 | Sakshi sharma | English honours | 1 | 1020 | O- | | | | |
| 26 | DU2020-NSS-SSNC-234 | Lakshay Samdhyan | Bsc. Life Science | 1 | 3612 | A+ | | | | |
| 27 | DU2020-NSS-SSNC-235 | Priyanshi | BA Hons (English) | 2 | 1115 | B+ | | | | |
| 28 | DU2020-NSS-SSNC-236 | Tejasvi Ranjan | BA(Prog.) Economii | 1 | 922 | AB+ | | | | |
| 29 | DU2020-NSS-SSNC-237 | Tarushi Tyagi | BA program (econoi | 1 | 20/839 | B+ | | | | |
| 30 | DU2020-NSS-SSNC-238 | Simran | BA English hons | 2 | 1003 | A+ | | | | |
| 31 | DU2020-NSS-SSNC-239 | Devyani Singh | BA program econon | 1 | 20/6105 | AB+ | | | | |
| 32 | DU2020-NSS-SSNC-240 | Km. Nidhi Bahukhan | B.A. hons.Geograph | 1 | 1202 | A+ | | | | |
| 33 | DU2020-NSS-SSNC-241 | Aman yadav | B.com (prog) | 2 | 2245 | AB+ | | | | |
| 34 | DU2020-NSS-SSNC-242 | Neha | B.Com Prog | 2 | 2262 | B+ | | | | |
| 35 | DU2020-NSS-SSNC-243 | Anushka Srivastava | B.sc(prog)Life Scier | 1 | 20/3629 | B+ | | | | |
| 36 | DU2020-NSS-SSNC-244 | Reshma Kumari | BSc. Zoology (Hon | 2 | 5054 | A+ | | | | |
| 37 | DU2020-NSS-SSNC-245 | Kanika | BSc (hons.) zoology | 2 | 5065 | A+ | | | | |
| 38 | DU2020-NSS-SSNC-246 | Baldev yadav | B.s.c botany (hons) | 2 | 4457 | B+ | | | | |
| 39 | DU2020-NSS-SSNC-247 | Sakshi | B.A. (HONS) ENGL | 2 | 1116 | O+ | | | | |
| 40 | DU2020-NSS-SSNC-248 | Laxmi Sharma | BSc Zoology hons. | 2 | 5052 | A+ | | | | |
| 41 | DU2020-NSS-SSNC-249 | Shivani | B.com(prog) | 2 | 2252 | B+ | | | | |
| 42 | DU2020-NSS-SSNC-250 | Garima | BA programme | 2 | 837 | AB+ | | | | |
| 43 | DU2020-NSS-SSNC-251 | NIRAJ KUMAR KHEB | B.Sc. (Hons.) Botan | 2 | 4419 | O+ | | | | |
| 44 | DU2020-NSS-SSNC-252 | Swati | B.A. Program | 2 | 443 | B+ | | | | |
| 45 | DU2020-NSS-SSNC-253 | Tannu Malik | B.A. English(hons.) | 2 | 190815110 | B+ | | | | |
| 46 | DU2020-NSS-SSNC-254 | Lalit Kumar | BA program | 1 | 27 | B+ | | | | |
| 47 | DU2020-NSS-SSNC-255 | Pinki | B.A (English hns) | 1 | 20/1003 | O+ | | | | |
| 48 | DU2020-NSS-SSNC-256 | Akshit chaudhary | B.A history honours | 2 | 1664 | B+ | | | | |
| 49 | DU2020-NSS-SSNC-257 | Sital Das | B.Sc hons. Microbiolo | 2 | 4630 | A+ | | | | |
| 50 | DU2020-NSS-SSNC-258 | Vishal | B.Com (P) | 2 | 2325 | O+ | | | | |
| 51 | DU2020-NSS-SSNC-259 | Riya Mishra | B.sc Life science | 1 | 3801 | A+ | | | | |
| 52 | DU2020-NSS-SSNC-260 | Himanshu | B.sc Life science | 1 | 20/3602 | O+ | | | | |

NSS-SSNC ORIENTATION EVENT 2020-2021 BATCH

**SONG
NSS LAKSHAY GEET**

लक्ष्य नीति : राष्ट्रिय सेवा योजना

उठें समाज के लिए उठें-उठें
जमें स्वराष्ट्र के लिए जमें-जमें
स्वयं सजें चतुर्वधरा संवार दें-२

हम उठें उठेगा जग हमारे रंग साधियों
हम बढ़ें तो सब बढ़ेंगे अपने आप साधियों
जमें ये असमान को उत्तार दें-२
स्वयं सजें चतुर्वधरा संवार दें-२

उद्योगों को दूर कर खुली को बाँटने चलें
सब और शहर को सुखों को पाटने चलें
जग को प्रचार दें प्रसार दें
विज्ञान को प्रचार दें प्रसार दें
स्वयं सजें चतुर्वधरा संवार दें-२

समर्थ जाल युद्ध और भारियों रहे सदा
हरे भरे खेतों की जाल ओढ़नी रहे धरा
सरसिक्तों की एक नई कलार दें-२
स्वयं सजें चतुर्वधरा संवार दें-२

ये जाति धर्म कोलियां जमें न जूल राह की
बढ़ाएँ जेल प्रेम की अखंडता की आह की
भावना से ये जगम निहार दें
सद्भावना से ये जगम निहार दें
स्वयं सजें चतुर्वधरा संवार दें-२

उठें समाज के लिए उठें-उठें
जमें स्वराष्ट्र के लिए जमें-जमें
स्वयं सजें चतुर्वधरा संवार दें-२

By- Himanshi Priya
(NSS VOLUNTEER)

Participants: Aarti 215, Rohit Singh 3..., Yogyata Prab..., Baldev yadav..., Joginder Singh, AARFEEN AA..., 4638 Rashika..., 5054, Reshm..., Rohit Singh 3..., himanshi priya..., Dipti Chauha..., Rohit Dodani..., Tanisha Khob..., 3605 Gayatri..., Govind 2020...

Satish Kumar is presenting

3037 Abhishek Pa... and 40 more

16:30

Aarti 215

Satish Kumar is presenting

Short Message By

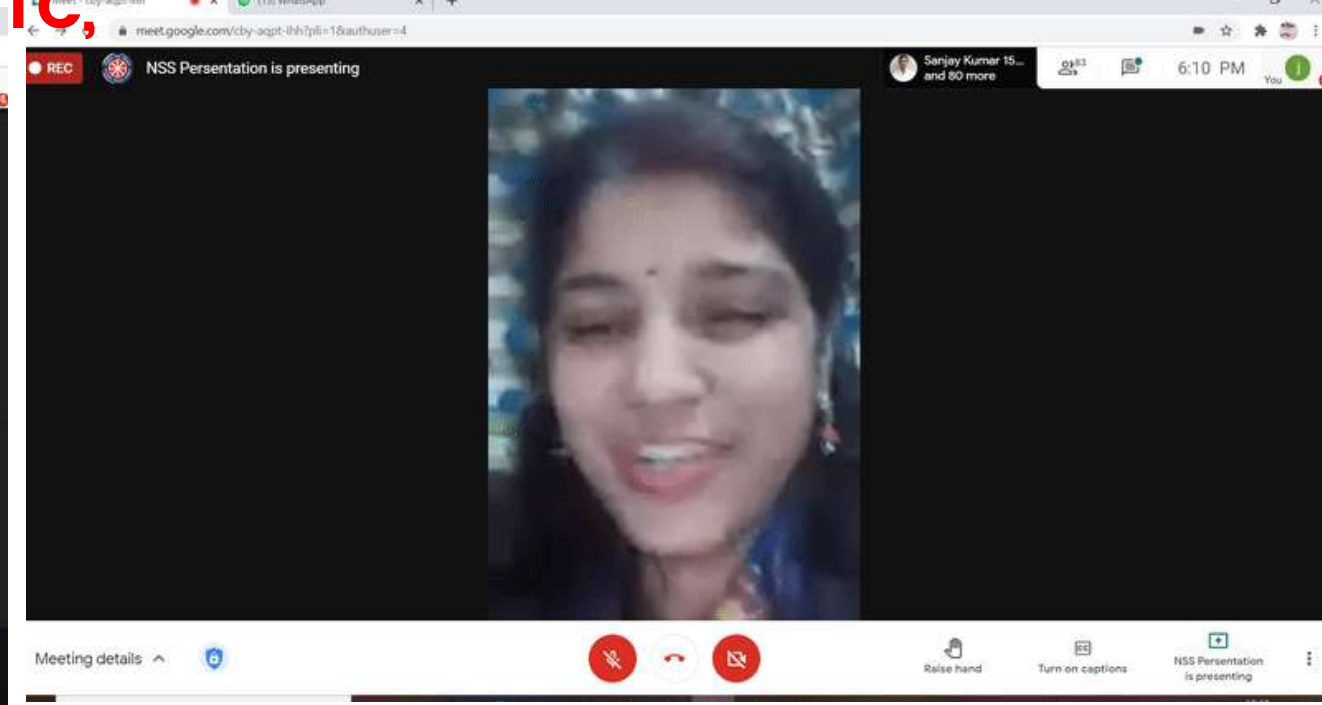
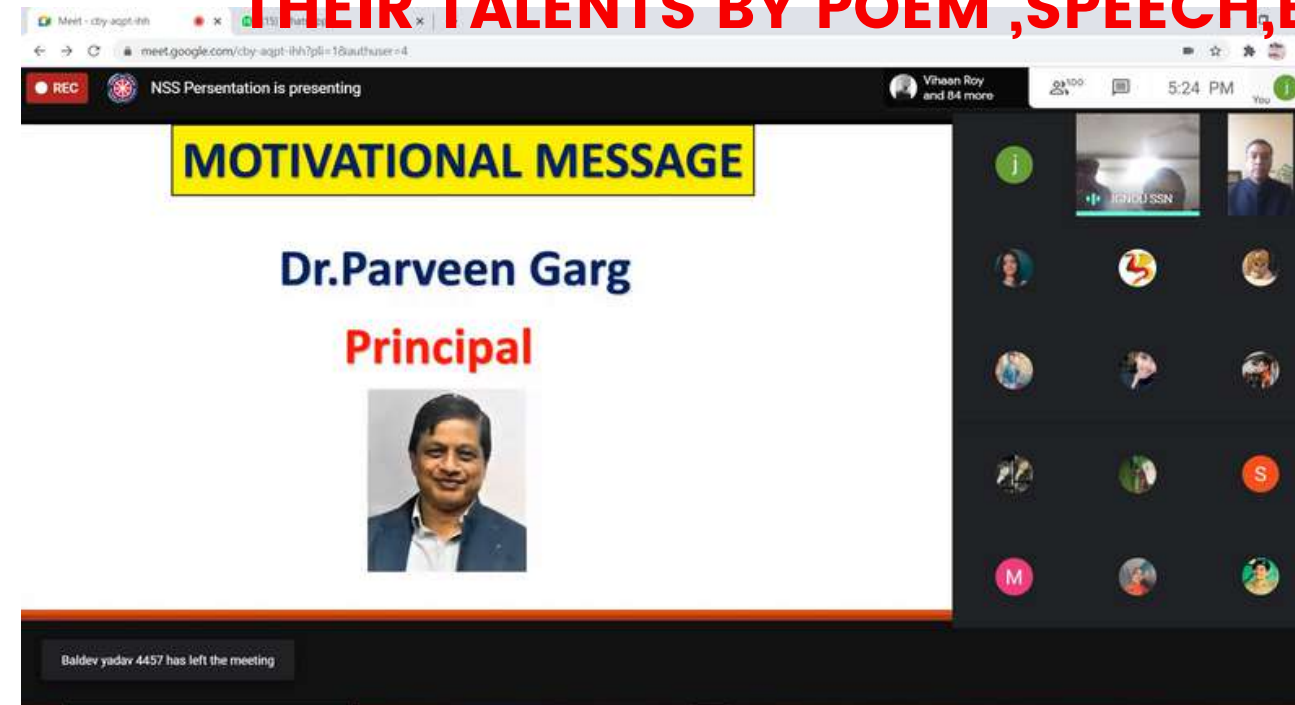
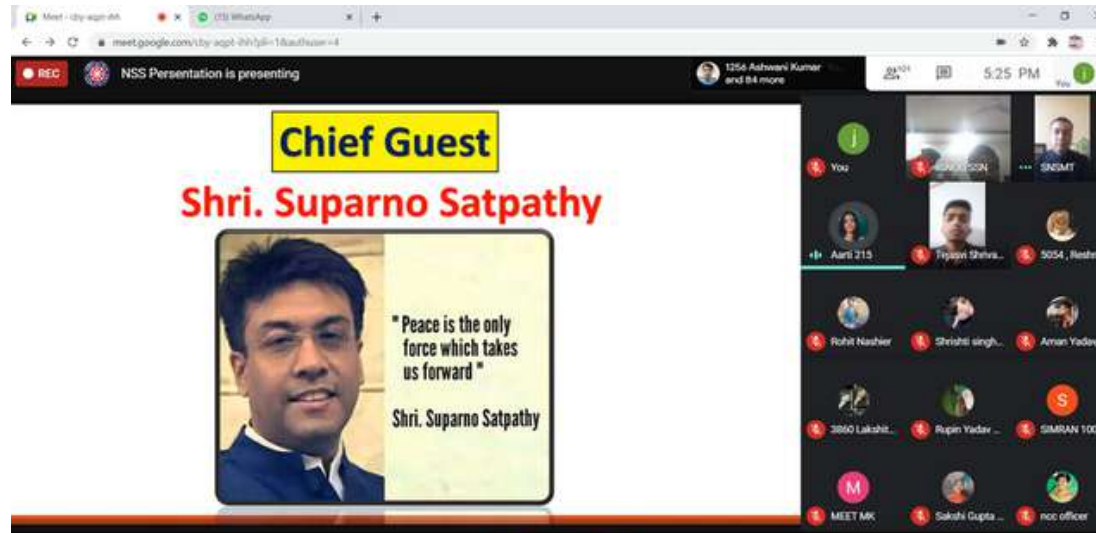
Dr. Joginder Singh
NSS PROGRAMME OFFICER

Participants: joginder singh

Participants: Aarti 215, Divyanshi Singh 2622, Vishal Gang 1972 Se..., SIDDHANT 1003, 3602 Himanshi LS A, Dr Bijn Kumar Agga..., Kishor jha 30..., 5067 Sakshi Jha, Zo..., Satish Kumar, Aakshi Kurebha/976, Abhishek Pandey 56..., Sakshi Gupta 1116, 3038 Anukesh, 4624 Bedadyuti Dash, 3605 Gayatri Devi, Himanshi Priya..., Harshal Suri, 5054, Reshma Kumari, Garna 837, Dipti Chauhan 07, Sakshi 1020, 1220 Yogyata prabha..., 4630 Sri/Da..., Prenchanda Rajpoot, 3037 Abhishek Pratri, Baldev yadav 447, 3629-Anushka Srivastava, 1474 Shival, Govind 2020...

125TH BIRTH ANNIVERSARY OF SUBHAS CHANDRA BOSE. EVENT

IN THIS EVENT CHIEF GUEST AND PRINCIPAL SIR ,COLLEGE STAFF ADDRESS AND MOTIVATE ALL THE VOLUNTEERS ABOUT THE NATION LOVE AND NETA JI SUBHASH CHANDRA BOSE . VOLUNTEER ALSO SHOW THEIR TALENTS BY POEM ,SPEECH,ETC,



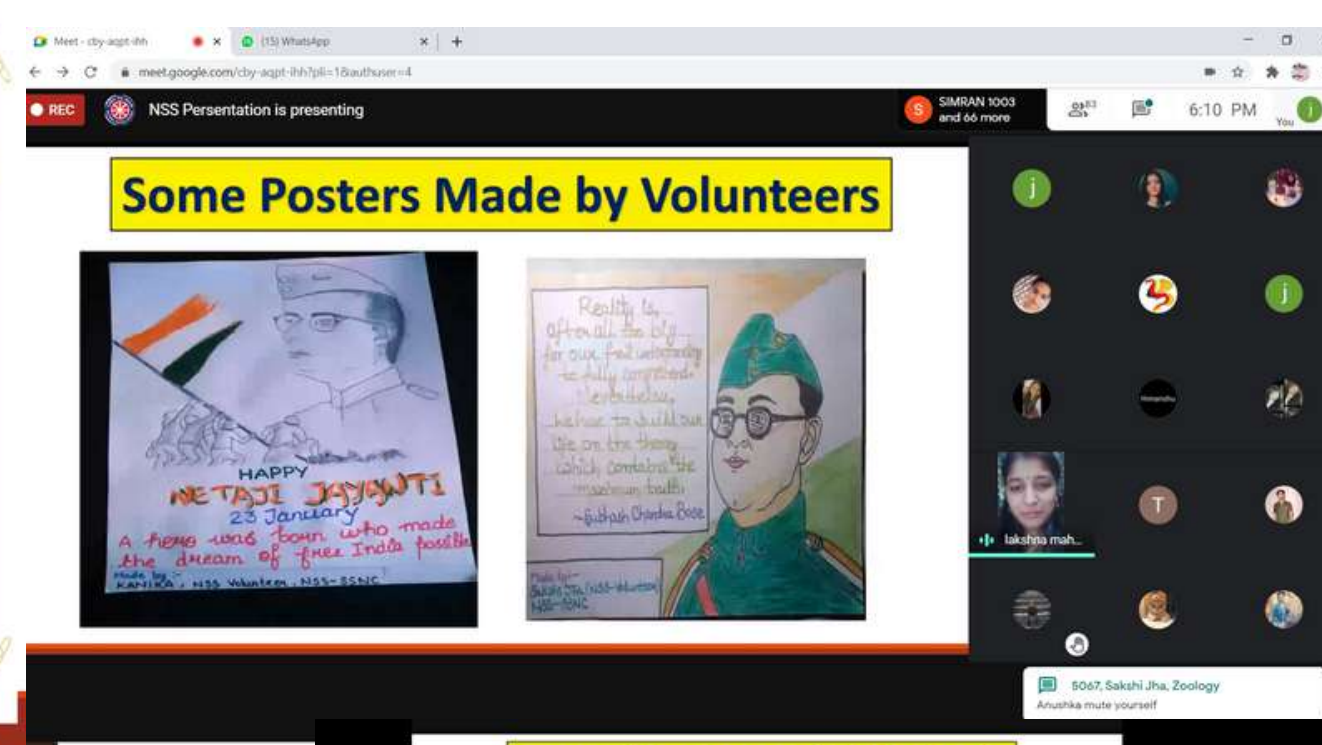
Chief Guest

Motivating Speech By

Retd. Major General Gagan Deep Bakshi SM, VSM



The poster is for the 125th Birth Anniversary of Netaji Subhas Chandra Bose. It is organized by Swami Shraddhanand College, National Service Scheme (University of Delhi). The event is on 23 January 2021 at 5 PM. The poster lists two Chief Guests: Retd. Major General G. D. Bakshi SM, VSM and Shri. Suparno Satpathy. It includes a QR code for joining the event and mentions the principal, Dr. Parveen Garg, and the NSS Programme Officer, Dr. Joginder Singh.



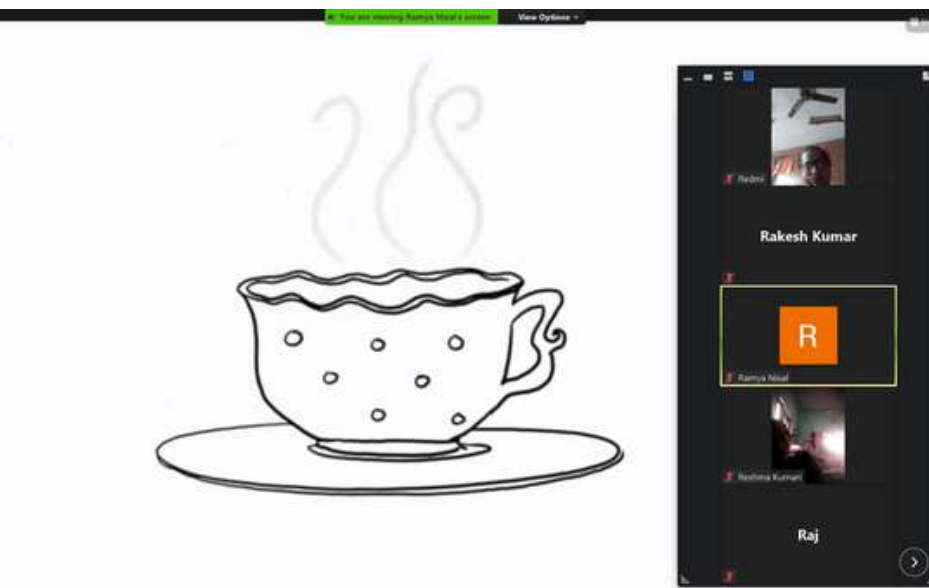
Poem-"Our Beautiful Nation"

By- Lakshita Malik (NSS Volunteer)



INTERNATIONAL WOMEN'S DAY ; SAKSHI NGO WEBINAR

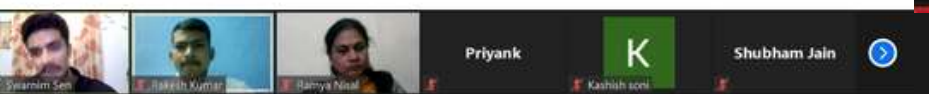
VOLUNTEERS WERE TRAINED BY THE EXPERTS OF SAKSHI NGO TO STOP CHILD SEXUAL ABUSE BY ONLINE MEETING CUM TRAINING SESSION.



TYPES OF "YES"

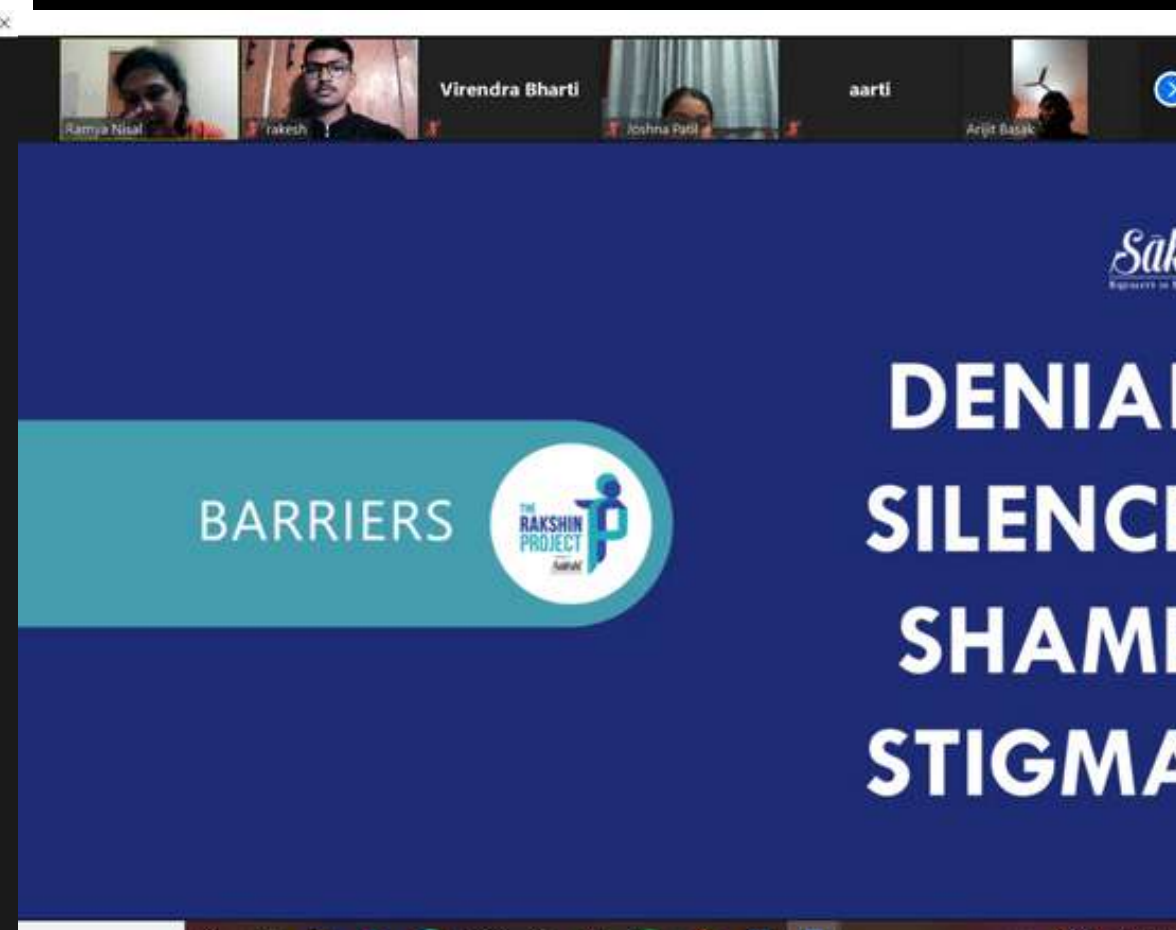
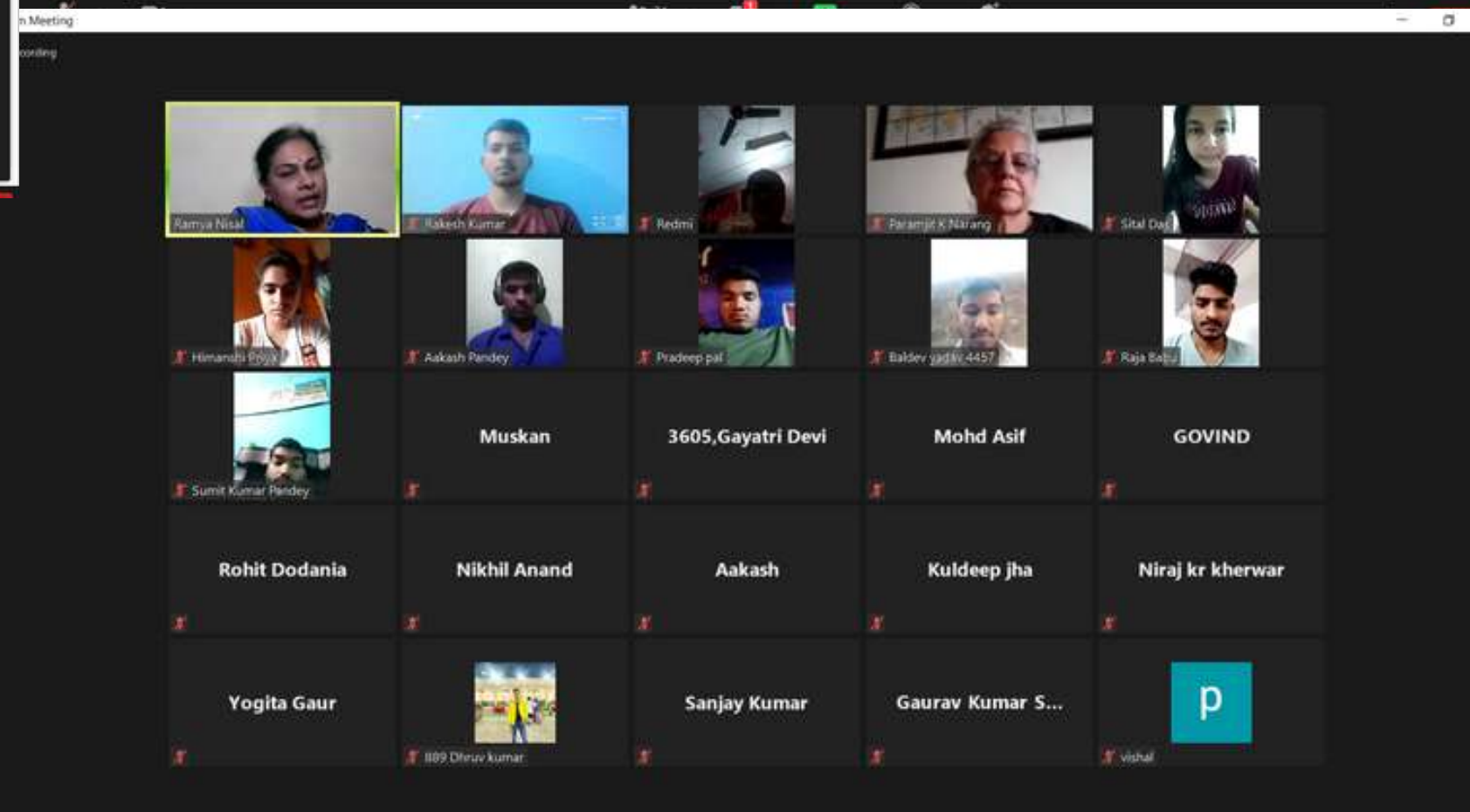
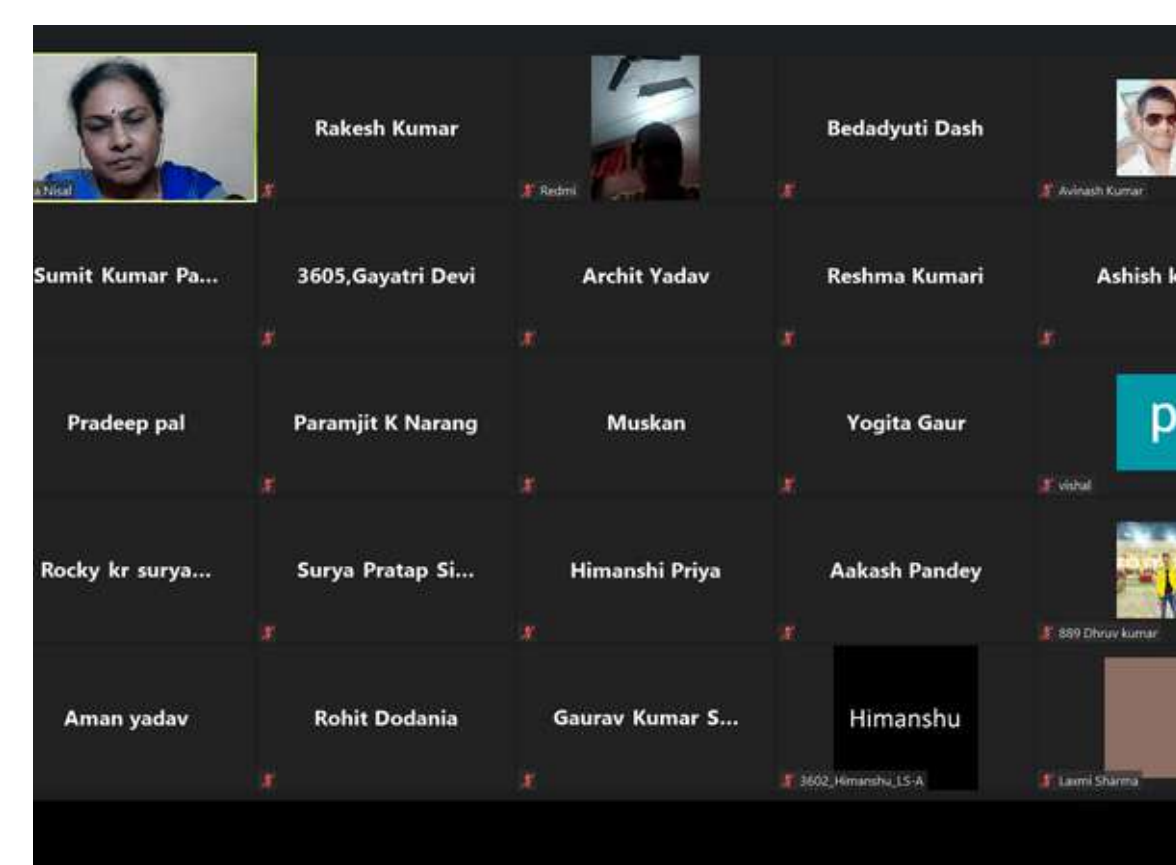
- YES • Assumed Yes
- NO
- MAYBE

CAN YES BECOME A NO?



THE ROLE OF A RAKSHIN

जागरूकता फैलाना : SAFE SPACE का निर्माण करना
PREVENT: भाषा और शब्दों के साथ जुड़ी शर्मिंदगी को दूर करना
ADDRESS: यौन शोषण से हो रहे बर्ताव में परिवर्तन को पहचानना



WORLD FOREST DAY EVENT

VOLUNTEERS AWARE PEOPLE AND PLANT TREES ON THIS GREAT OCCASION .



Sakshi sharma



Anushka Srivastava

NSS Volunteer



**HERE IN NEXT SLIDES YOU WILL SEE OUR NEW PROJECT
PHOTOGRAPS.**

THAT IS - "LET'S HEAL THE BODY AND EARTH"

**THIS PROJECT RUNS CONTINUOUSLY FROM
(22 MARCH - 22 APRIL)**

MEANS IT STARTS ON WATER DAY AND ENDS ON EARTH DAY



DAILY YOGA SESSIONS

TO KEEP VOLUNTEERS PHYSICALLY AND MENTALLY HEALTHY WE USED TO ORGANISE DAILY YOGA SESSION WHICH INCLUDE.



- **DAILY 1 HOUR YOGA PRACTISE**
- **YOGA IMPORTANCE AWARENESS**

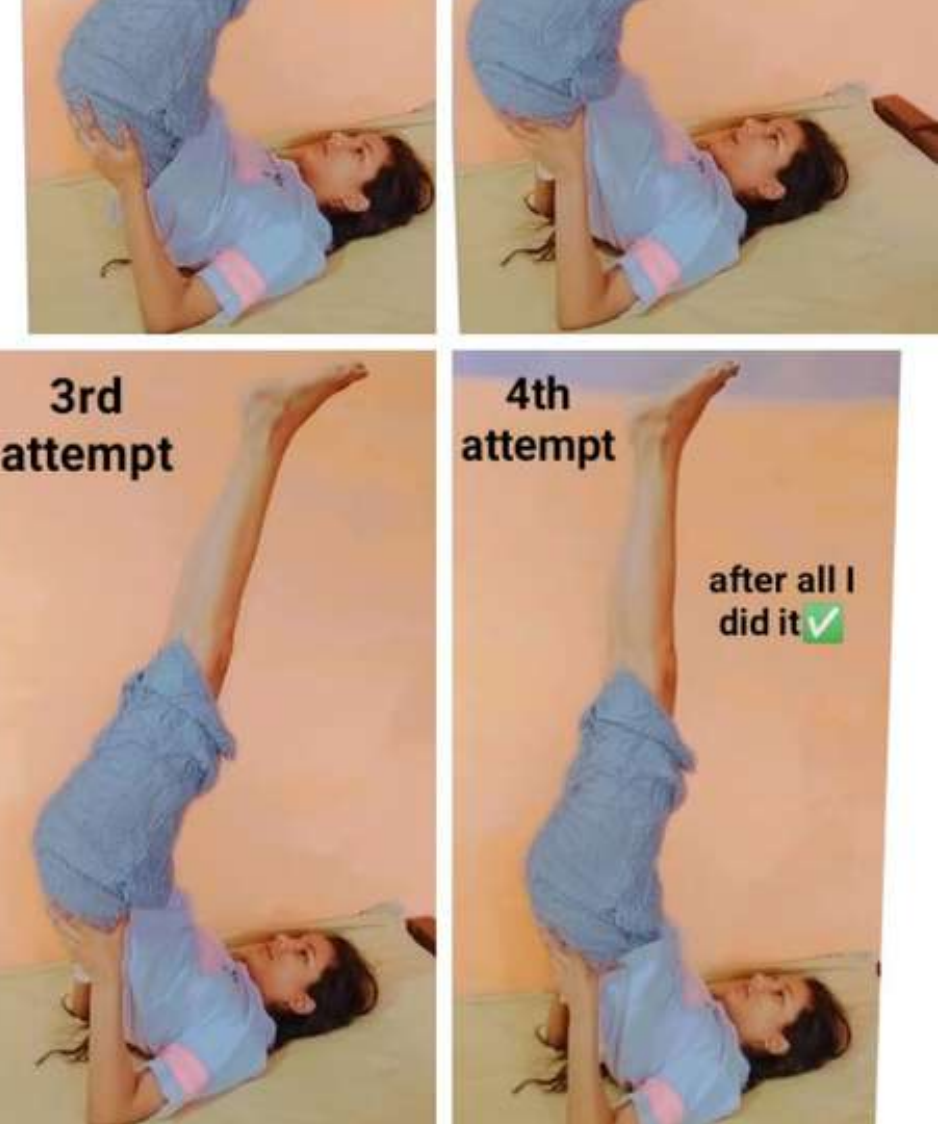




3. IMMUNITY BOOSTERS (30 DAYS YOGA SESSIONS) YOGA AWARENESS



OUR NSS UNIT OF SSNC ORGANIZED 30 DAYS SPECIAL YOGA SESSIONS FOR VOLUNTEERS TO MAKE THEIR BODY HEALTHY SO THAT WE CAN EASILY FIGHT COVID19 WITH GOOD IMMUNITY.





Tarushi Tyagi
NSS
volunteer
1st year
task- 1,3
Day-3





surya Pratap Singh



*Swami shraddhanand College
National service scheme*





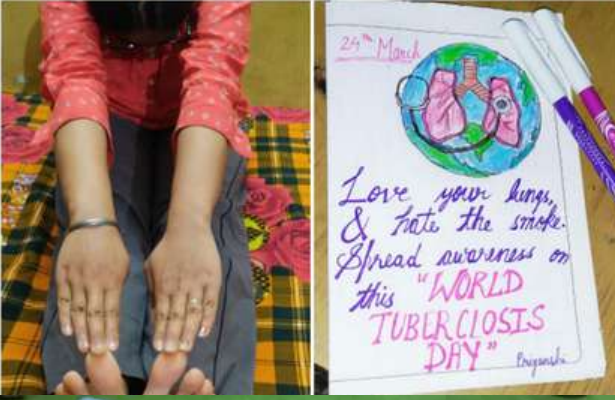
Let's heal the body and nature
Raja
NSS VOLUNTEERS

Day 7



Let's heal the body and the Earth
Day 3
Priyanshi
BA Hons English
2nd Year

LET'S HEAL THE BODY AND EARTH"
DAY 3 - Yoga and Exercises



24th March
Love your lungs & hate the smoke.
Spread awareness on this "WORLD TUBERCULOSIS DAY"
Priyanshi



Sakshi, B.A. (HONS)
ENGLISH, NSS
VOLUNTEER, SSNC



ABHISHEK PANDEY
NSS VOLUNTEER

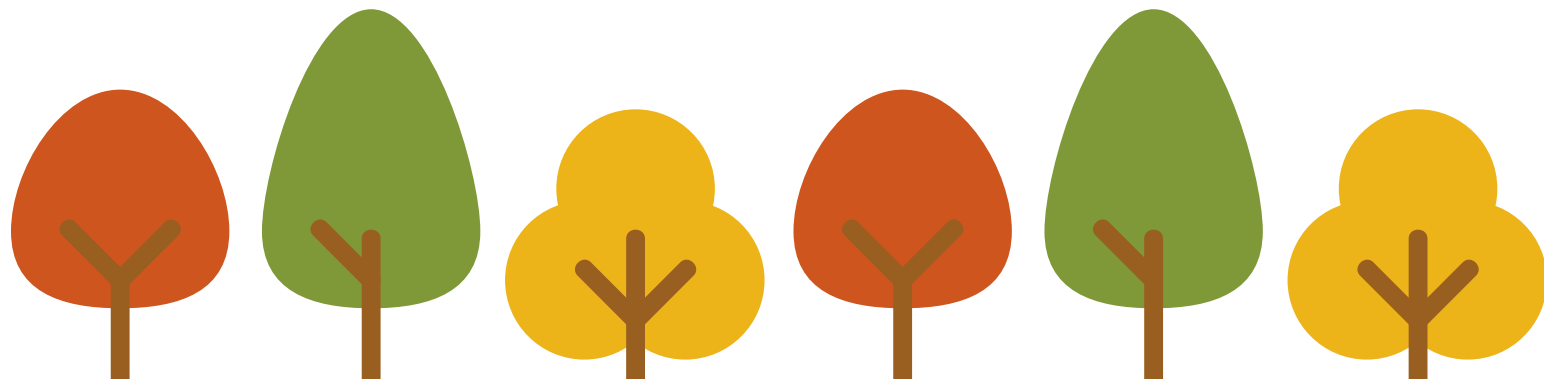


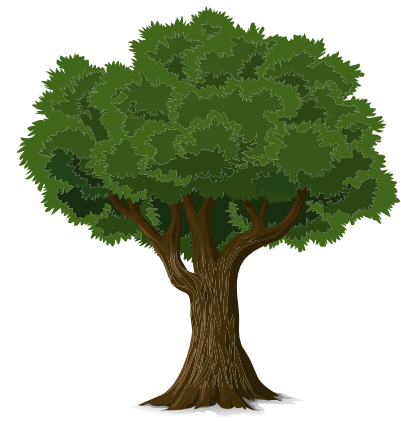
ustrasana

PLANTATION DRIVE EVENT INCLUDES

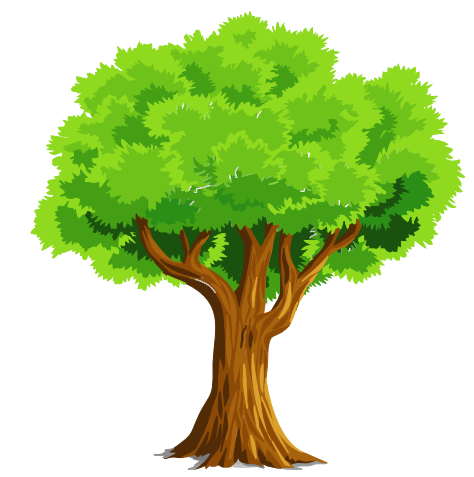
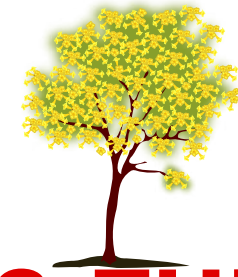


- **PLANTING TREES**
- **SPREADING AWARENESS ABOUT IMPORTANCE OF NATURE AND TREES WITH THE HELP OF POSTER/AUDIO/VIDEO AMONG SOCIETY.**
- **WATERING THE PLANTS**





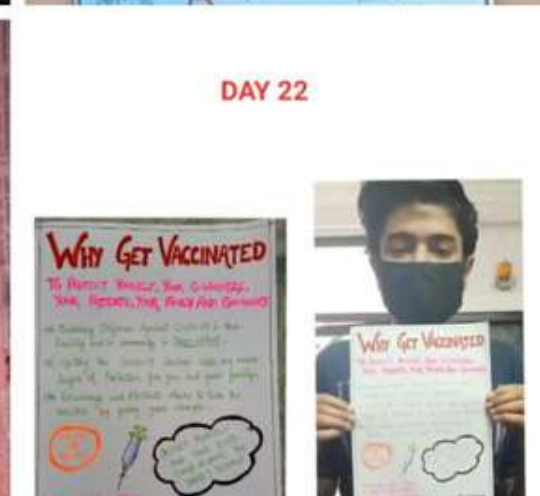
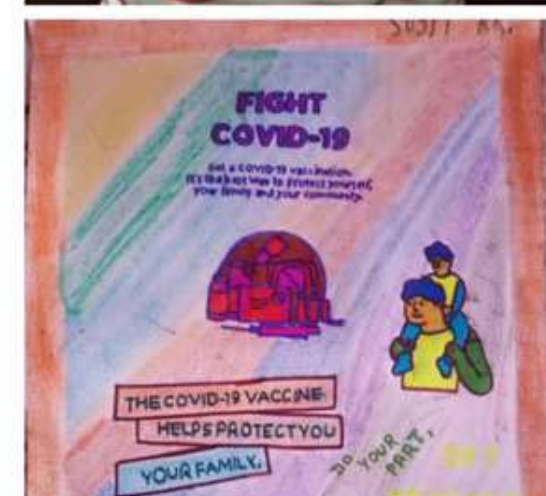
PLANTATION DRIVE



WE ALL KNOW THAT ENVIRONMENT IS THE KEY FACTOR DUE TO WHICH ALL LIVING BEINGS ARE PRESENT ON THIS EARTH. SO TO HEAL THE ENVIRONMENT VOLUNTEERS AWARE PEOPLE AND RUN A PLANTATION DRIVE IN THEIR HOMES AND NEARBY PREMISES.



ABHISHEK PANDEY







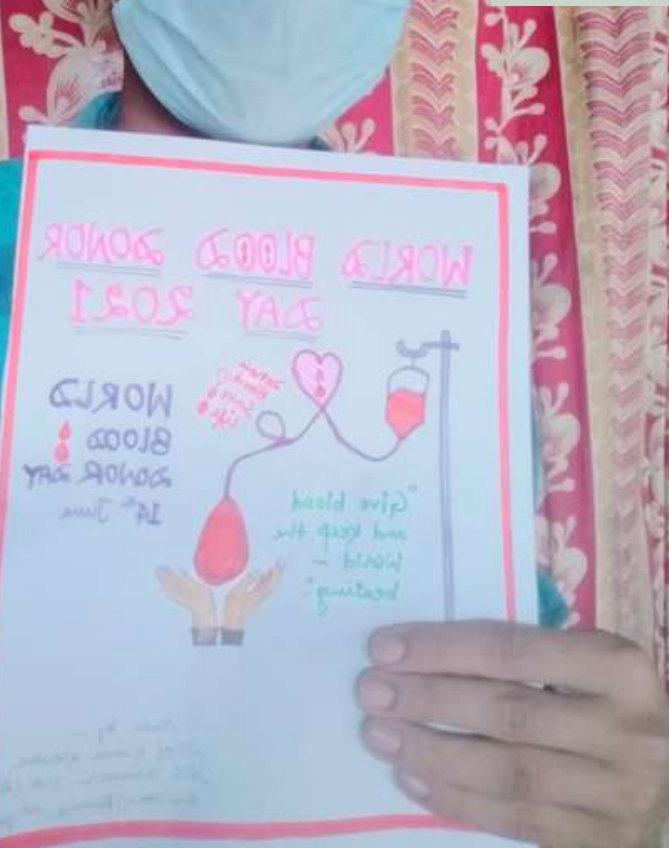
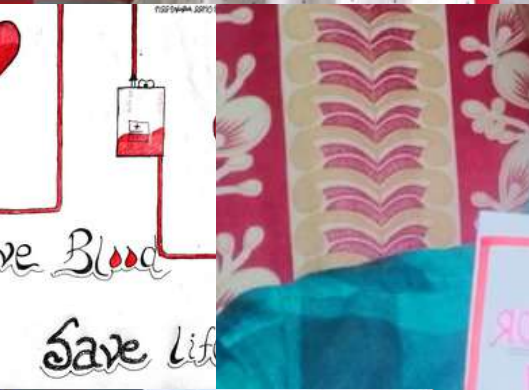
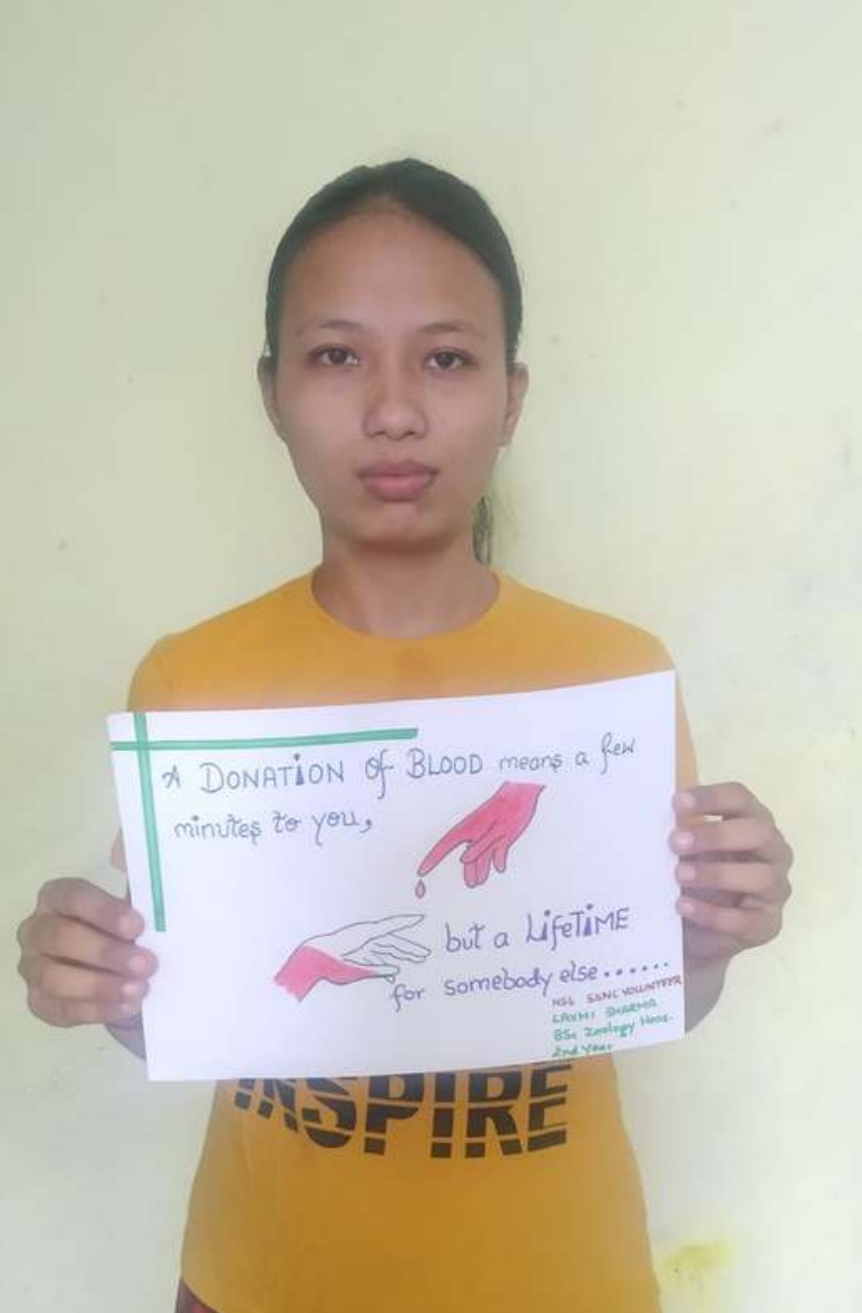
SEVERAL IMPORTANT AWARENESS PROGRAMMES

- **T.B AWARENESS**
- **PLAY SAFE HOLI AWARENESS**
- **CLEANLINESS AWARENESS**
- **POLLUTION AWARENESS**
- **AIDS AWARENESS**
- **MENTAL HEALTH AWARENESS**
- **TRADITIONAL THINGS AWARENESS**
- **ALCOHOL IS DANGEROUS -AWARENESS**
- **ANCIENT ART AWARENESS**
- **LIVER HEALTH AWARENESS**
- **BLOOD DONATION AWARENESS**
- **EMERGENCY HELPLINES AWARENESS**
- **NATURAL RESOURCES CONSERVATION AWARENESS.**
- **RECYCLE/REDUCE/REUSE AWARENESS**

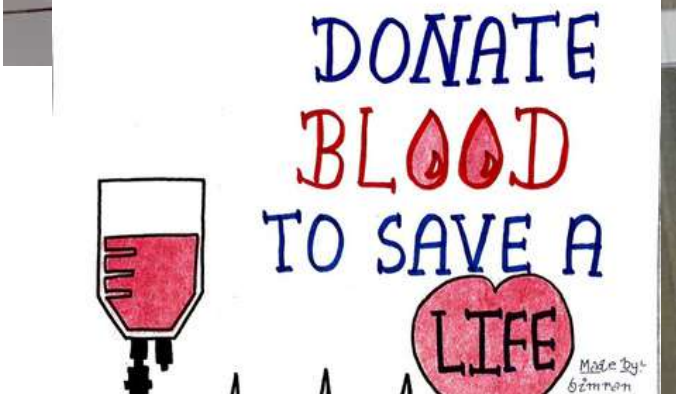




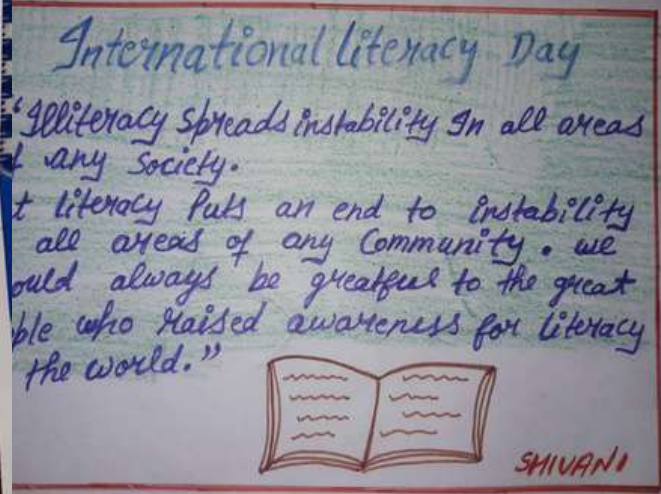
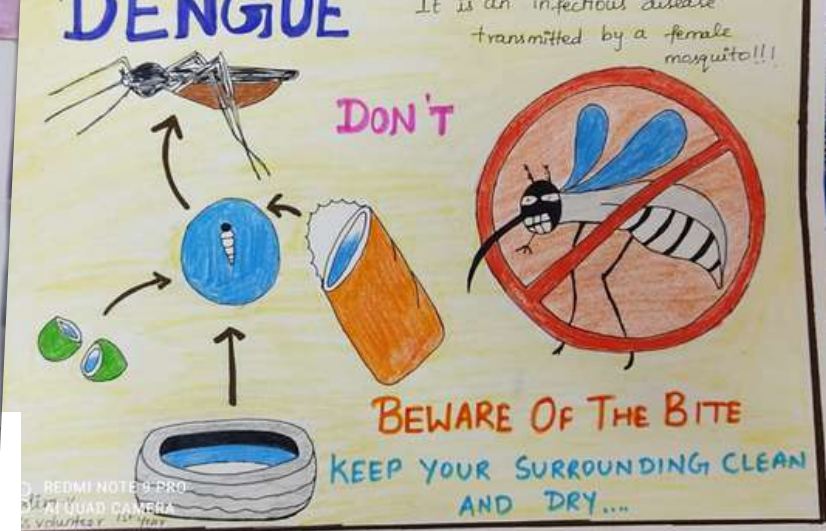
WORLD BLOOD DONOR DAY



- Benefits - Sukhasana
1) Find stillness and tranquility.
2) Stretch the external aspect of the knee.
3) Open the ankles.
4) Promote grounded-ness.
5) Unlock the hips.
6) Lengthen the back muscles and spine.







REDUCE
(Use less... buy less... avoid waste... turn off lights... take shorter showers... carpool!)

REUSE
(Use things more than once... use cloth shopping bags... compost!)

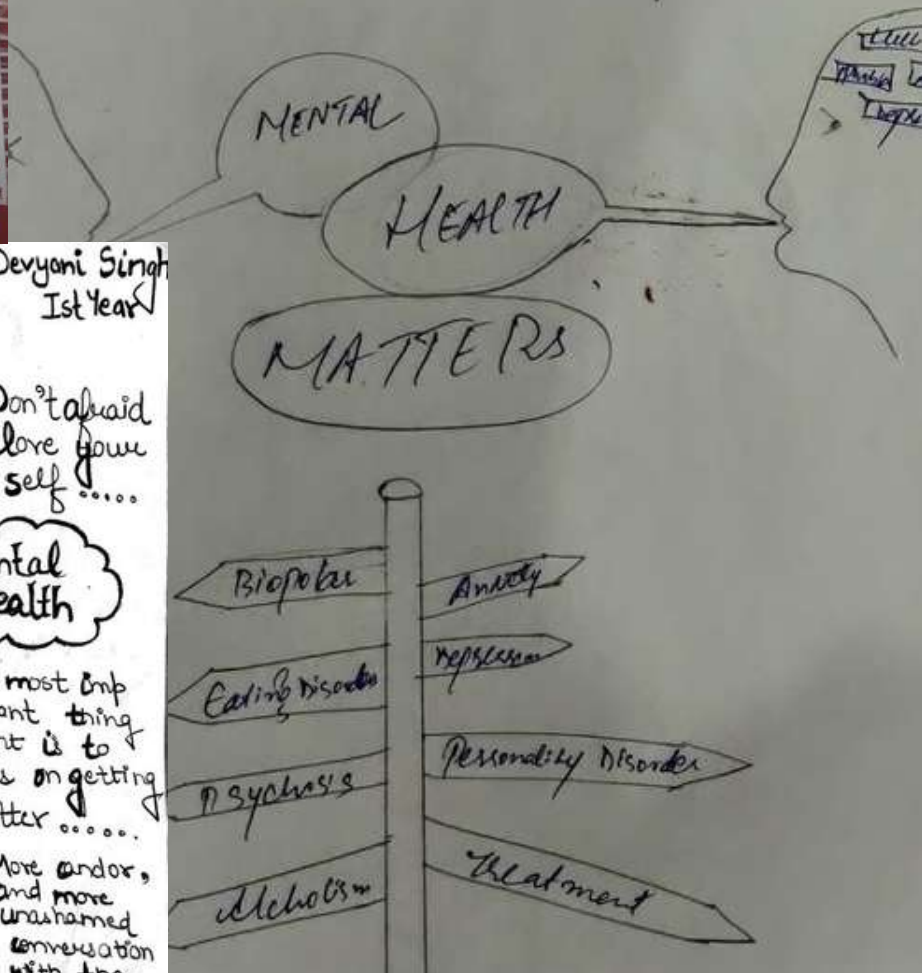
RECYCLE
(Separate waste materials so that the recyclable products can be transformed into something new)

REFUSE
(Do not buy unnecessary things)

Abhishek Panthri
Civics Honors, 1st Year

MENTAL HEALTH AWARENESS

Ghulam Mohammad
NSS Volunteer
1 year B.Com



You are amazing for facing this with so much courage and hope...
A hope you are surrounded by people who are good for your spirit

Devyani Singh
1st Year

Don't afraid love your self.....

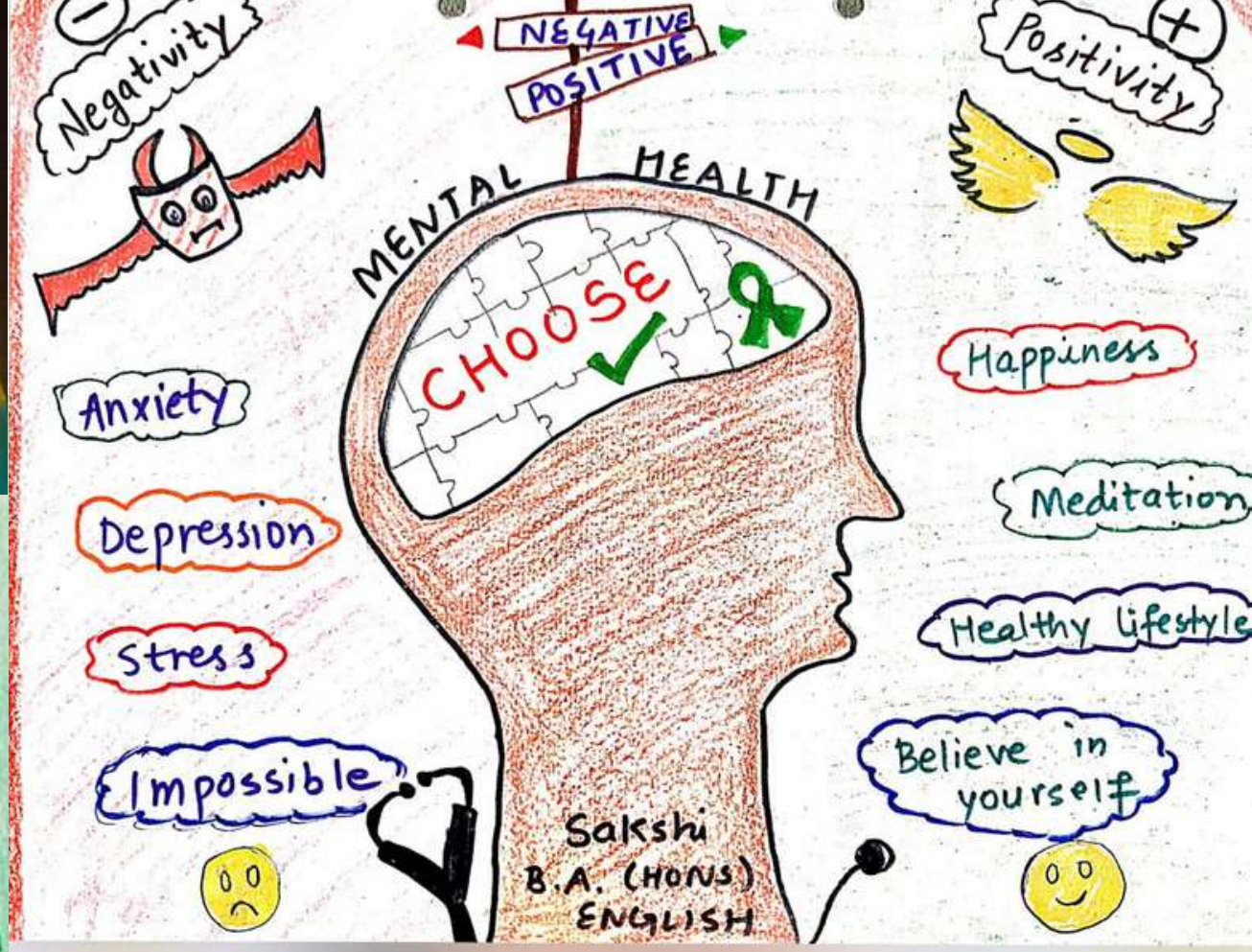
Mental Health

The most important thing right is to focus on getting better.....

Be good to yourself.....
The only journey is the journey within just needs is more sunlight.....

More and more unwashed conversation with the right person

NSS-SSNC VOLT



Your mental health is a priority
Your happiness is an essential
Your self-care is a necessity.

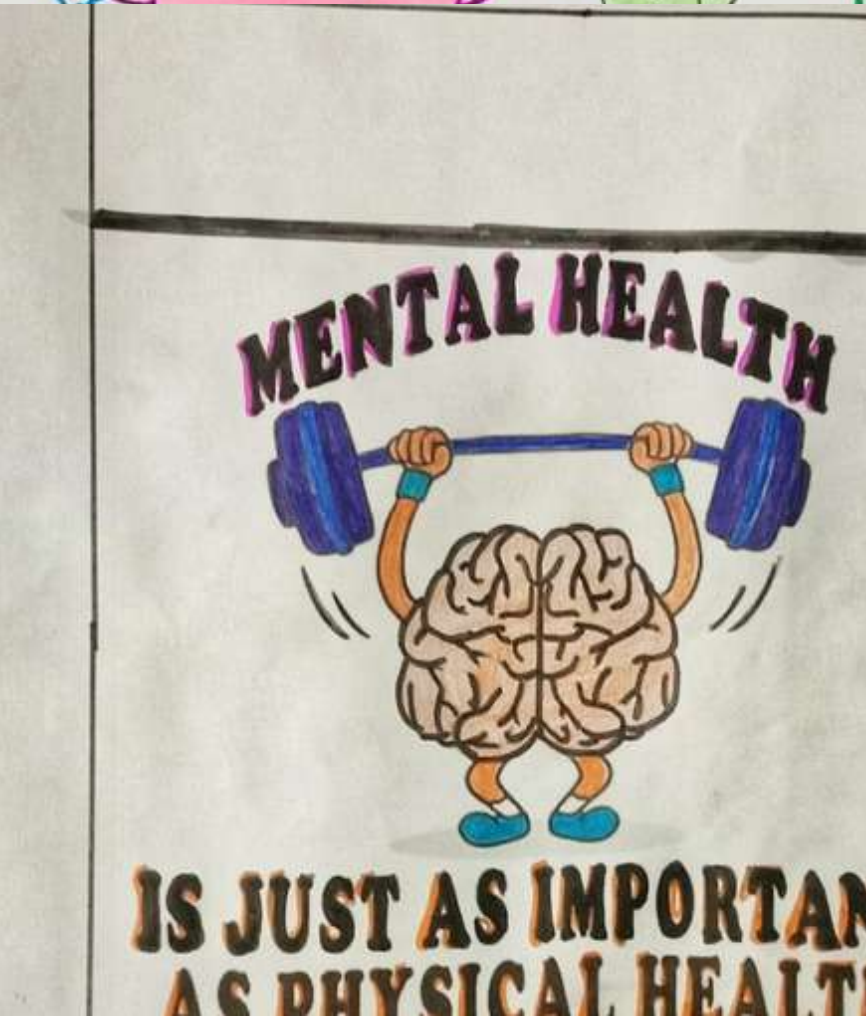
GOVINDA
B.A. (HONS)
1st year

Don't forget to..... (notes to self)

- FOCUS ON THE GOOD (It's there.)
- DO SOMETHING YOU LOVE (Like reading or drawing or playing or dreaming)
- GO OUTSIDE
- LOVE WHO YOU ARE NOW (The past is over let it go)
- KEEP BEING BRAVE (It might feel hard sometimes, but the night'll end & the clouds'll gone.)

EVERY DAY IS A FRESH START

Made by: Srinam
NSS Volunteer
1st year
B.A. English
1st year



Reduce Reuse Recycle

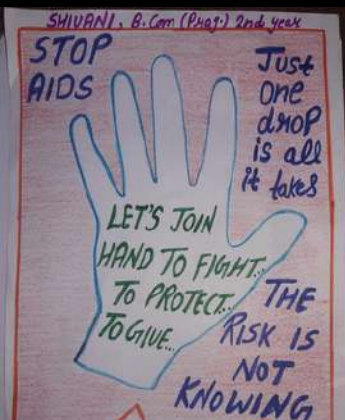
Have a dry Holi
It is better than having a dry Earth
Happy Holi

GOVINDA
1st year



A Heartfelt request whether you are animal or not please don't put colours on them. It might itch and they might lick chemicals.

HAVE A SAFE HOLI AND ENJOY RESPONSIBLY



along with it a time of happiness, joy, and love. Enjoy yourself to the fullest on the occasion of celebrating love.....

NSS-SSNC VOLT
Deyani Singh
1st Year

RESPECT THE RAINBOW
LOVE KNOWS NO GENDER
LOVE THE RAINBOW

YOU HAVE TO KNOW, GAY, LESBIAN, BISEXUAL, TRANSGENDER PEOPLE ARE PEOPLE

LOVE HAS NO GENDER
PRIDE

Sujit N

WORTHY ENOUGH BRAVE

SUPPORTING LGBTQ PROMOTE

SAFE SCHOOL CULTURE

LOVE

POCO HOLLA

STOP TB

Severe Symptom :-

- o Persistent cough
- o Chest Pain
- o Shortness in Breathing
- o Fatigue
- o Urine discoloration
- o Loss of appetite

Tubercle - Round
Cav - Cavity

Process of formation of TB :-

Stage 1 - Tubercle bacilli get inside macrophages and live in them.

Stage 2 - Alveolar wall damaged by cytokines.

Stage 3 - Tubercle formed with caseous center

Stage 4 - Tuberculosis granuloma form. The bacteria spread to other parts.

Name - Reshma Kumari
NSS SSNC (BSc. 200)

World TUBERCULOSIS Day 24 MARCH

Ancient Greek Art

you don't have to fight your own battle. STOP BEING SAD. Talk to your Near Ones.

Take Care of me.

Love Yourself

Get Out Yourself

Be Kind Yourself

Make Positive Friendship

YOUR MENTAL HEALTH IS AS IMPORTANT AS YOUR PHYSICAL HEALTH

WHY TAKE CARE OF YOUR MIND?

- o To help prevent mental illness.
- o To Build Confidence
- o To live a positive and healthy life.

Eat Healthy Food

SHIVAM KR DM (PROG) and Yr VOLUNTEER

HIV TESTING

'NEARLY 1 in 7 PEOPLE WITH HIV are unaware they have it.'

Archit Yadav

fever

Night Sweat

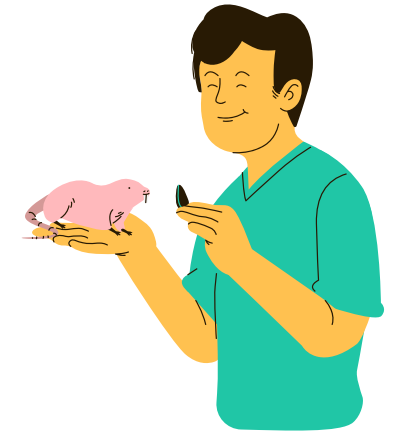
Persistent Cough

bloody phlegm

FEEDING ANIMAL/BIRDS/NEEDY PEOPLE EVENT INCLUDES



- **FEEDING ANIMALS**
- **FEEDING BIRDS**
- **FEEDING NEEDY PEOPLE**
- **PUTTING POT OF WATER FOR ANIMALS/BIRDS**
- **CLEANING SOME AREA FOR FEEDING BIRDS**
- **SPREADING AWARENESS AMONG SOCIETY ABOUT THE IMPORTANCE AND BENEFIT OF FEEDING BIRDS/ANIMALS**





5.ANIMAL/BIRD FEEDING DRIVE



OUR NSS -SSNC VOLUNTEERS AWARE PEOPLE TO FEED ANIMALS AND BIRDS IN THIS PANDEMIC. AND THEY ALSO FEED ANIMALS AND BIRDS AND INSTALL WATER POTS FOR BIRDS AND ANIMALS.



Aman yad
B.com(prc
NNS(1st yr
task-2





Neha
B.com prog
2nd year
1st yr NSS

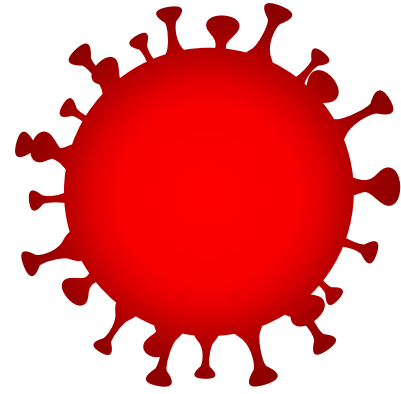
Day 9
Task 2



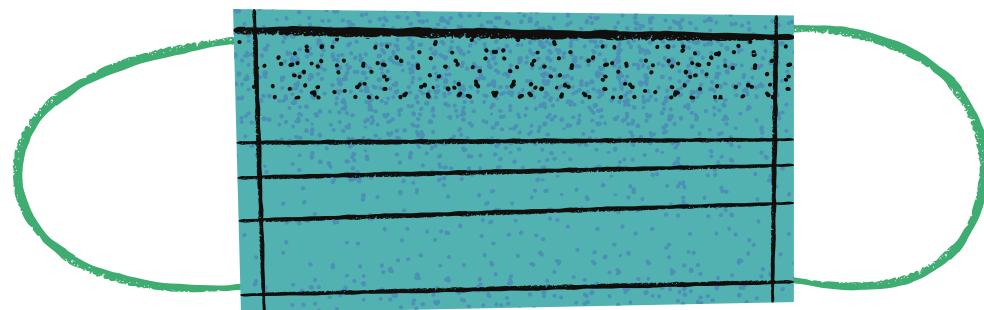
let's heal the body and the Ea

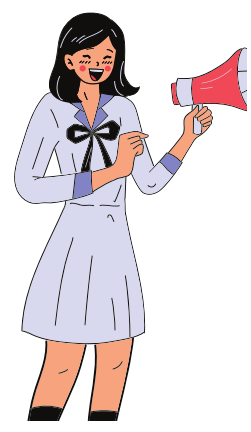
DILEEP KUMAR HISTORY HONS 2ND YE

VACCINATION AND COVID-19 RELATED WORKS INCLUDES-



- **DOOR TO DOOR AWARENESS**
- **DOOR TO DOOR SURVEY AND MYTH BUSTER EVENT.**
- **TAKING OLD PEOPLE TO VACCINATION CENTER**
- **AWARENESS WITH THE HELP OF POSTERS, VIDEOS ETC.**
- **GIVING KNOWLEDGE ABOUT AROGYA SETUAPP**





1. VACCINATION AWARENESS (DOOR TO DOOR)



OUR VOLUNTEERS FROM DIFFERENT AREAS WENT DOOR TO DOOR TO MAKE PEOPLE AWARE REGARDING VACCINATION, COVID-19 MYTHS . VOLUNTEERS WENT TO LOCAL AREAS SOME DISTRICT OF BIHAR, JHARKHAND , UP, DELHI NCR REGION AND CLEARED MYTHS REGARDING VACCINATION .

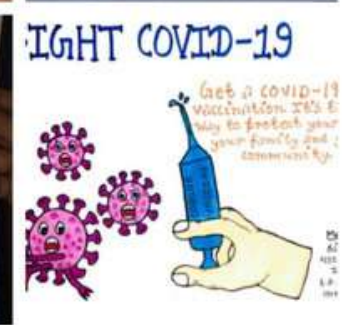
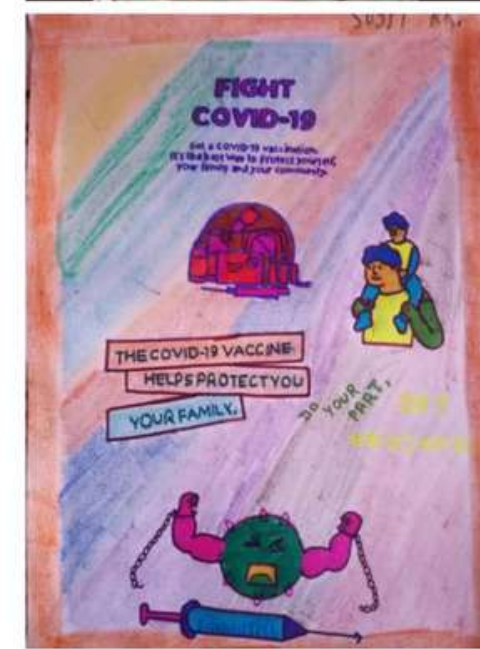
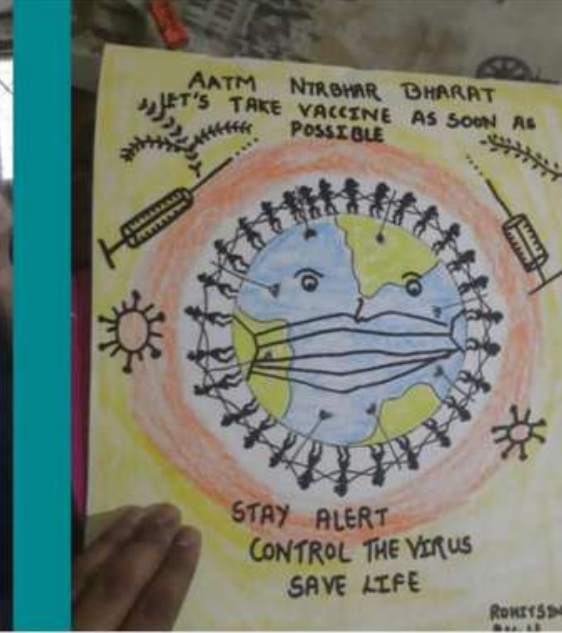




2. VACCINATION MYTH BUSTERS VIDEO MAKING , POSTERS ,



IN INDIA THERE ARE AUTHORIZED AND RECOMMENDED COVID-19 VACCINES. ACCURATE VACCINE INFORMATION IS CRITICAL AND CAN HELP STOP COMMON MYTHS AND RUMORS. VOLUNTEERS HAD MADE VIDEOS FOR SPREAD AWARENESS REGARDING VACCINATION AND COVID-19. THEY CLEARED MYTHS REGARDING VACCINATION AND TRIED TO REMOVE VACCINE HESITANCY .



#VACCINATE YOURSELF AS EARLY AS POSSIBLE


7 DAY YOGA WORKSHOP WITH YOGA GURU MR. PARVEEN SWADESHI JI AND PROF. SUBHASH CHANDRA GUPTA IN THIS VOLUNTEERS LEARN HIGH LEVEL ACTIVITIES LIKE-

- **MEDITATION**
- **YOGA**
- **JUMBA**
- **AYURVEDA BENEFITS**

Navasana

Benefits :-


- (1) Tones and strengthens your abdominal muscles.
- (2) Improves balance and digestion.
- (3) Stretches your hamstrings
- (4) Strengthens your spine and hip flexors
- (5) Aids in stress relief.
- (6) Improve Confidence.



Akshit Chaudhary B.A History Hons 2nd year NSS Volunteer.

CHAKRASANA

Steps of Chakrasana :-



The Wheel Pose

URDHVA DHANURASANA

1. Sharpens eyesight
2. It reduces the stress and tension in the body.
3. This yoga Pose is beneficial for asthma patients.
4. This asana helps in strengthening the back and increases the elasticity of the spine.

Benefits of the Wheel pose :-

1. It reduces the stress and tension in the body.
2. Sharpens eyesight.
3. The chest expands and the lungs get more oxygen - this makes the pose especially beneficial for asthma patients.
4. This asana helps to strengthen the back and increases the elasticity of the spine.

Made by:-
Nitin Kumar B.A
NSS Volunteer, SSU
Bec (Hons) Bikaner

**SWAMI SHRADDHANAND COLLEGE
NATIONAL SERVICE SCHEME
(DELHI UNIVERSITY)**



ORGANISES

"हर घर हो योग"

(AN EVENT UNDER PROGRAMME)
(YOGA FOR UNITY AND WELLBEING)

15 JUNE - 21 JUNE, 2021

**COME AND JOIN US FOR
7 DAYS FREE ONLINE YOGA SESSIONS**

AND

DAILY MOTIVATIONAL TALKS

WITH

TIME
4:30-5:30 PM



प्रो. (डॉ.) सुभाष चंद्र गुप्ता



योग गुरु श्री प्रवीण स्वदेशी जी

Yoga Poses for Health Store



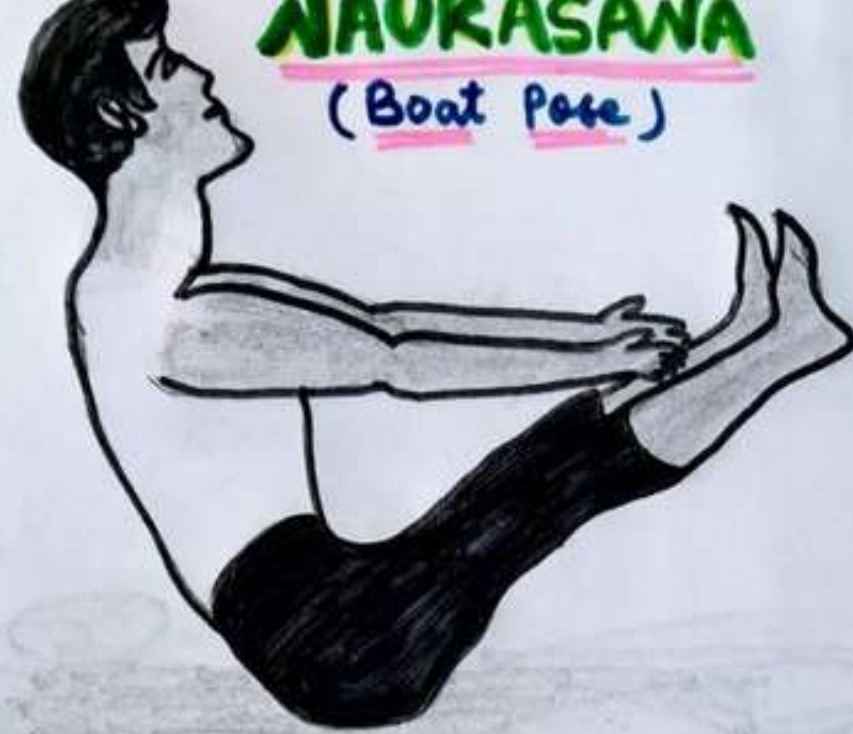
- * Reduces fat on thighs.
- * opens up the hips, stretching deep hip flexors.
- * stretches and strengthens the shoulders and back.
- * Expands the abdominal region, improving digestion and elimination.
- * improves posture.
- * opens the chest, improving respiration.
- * Relieve lower back pain.

Ustrasana

- * Naukasana strengthens the abdominal muscles.
- * It strengthens the muscle of the arms, thighs and shoulder.
- * It improves the health of all organs in the abdomen especially the liver, pancreas and kidney.
- * It helps in regulating blood flow at sugar level.



Naukasana



NAUKASANA (Boat Pose)

Pose :-

at pose Benefits :-

Strengthens abdominals,

USTRASANA

Ustrasana is an intermediate level back-bending yoga posture known to open Anahata (Heart chakra). This yoga posture adds the flexibility and strength to the body and also helps in improving digestion. It helps in improving our body's flow system, breathing system, muscles, bones, endocrine and digestive system. Whether you have diabetes, asthma, thyroid, parathyroid, spondylitis, or bronchitis, this asana works like therapy on every disease.

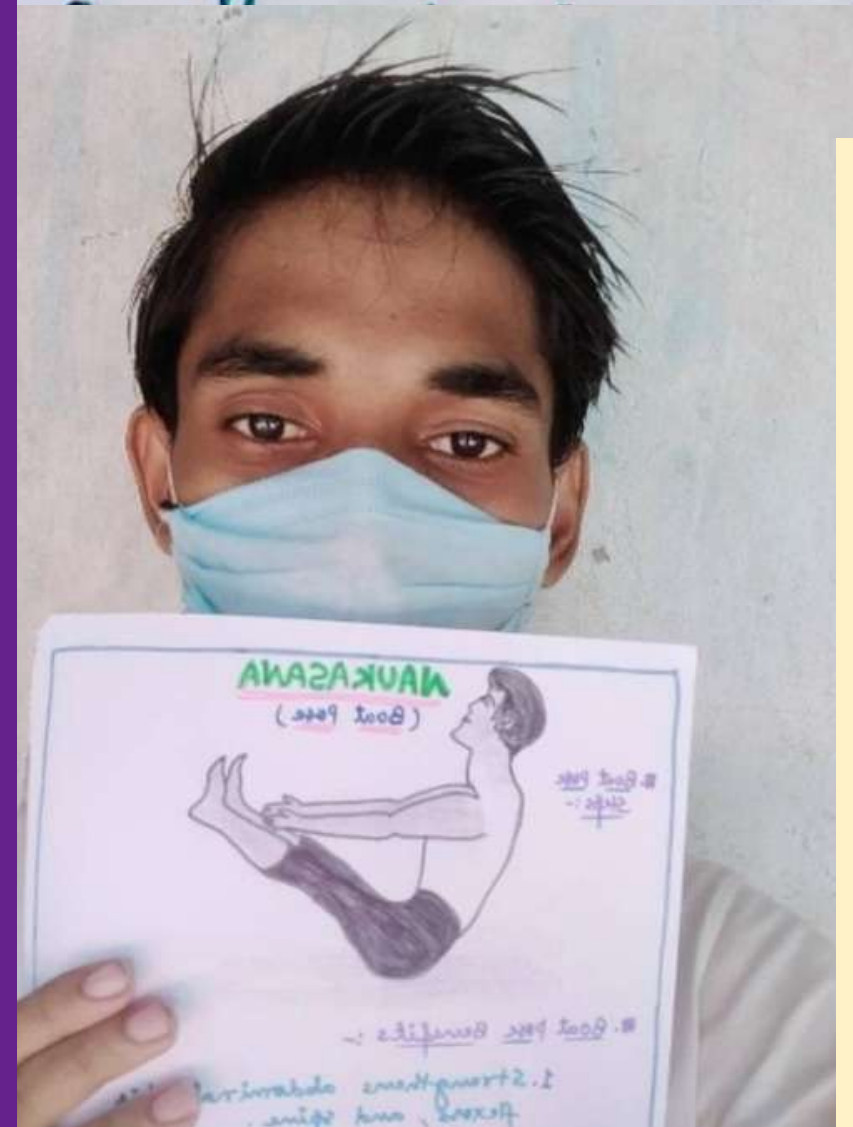


NSS-SSNC
VOLT
Devyani Singh
1st year



Dhanurasana

The bow pose, also known as dhanurasana (from the sanskrit word dhanu word for bow, and asana, for pose), is an intermediate yoga posture performed on the floor. In this position, the yogi lies on the stomach while performing a backbend, which allows them to grab their ankles, moulding their body into the shape of an archer's bow. While studies show that routine yoga practice has numerous health benefits like stimulates digestion, improves posture, strengthens spine and hamstring also upperback, improves hip flexors. It increases blood flow and oxygen to aid in elimination. Also shown to relieve menstrual discomfort, experts do not recommend performing bow pose while pregnant or if you have hypotension or hypertension, or extensive lower back pain.



NAUKASANA (Boat Pose)



Vajrasana

[Yoga pose for stomach health]

- Helps in curing digestive acidity and gas formation
- Aiding in digestion
- strengthening pelvic muscles
- helping to relieve knee pain
- Helps in reducing obesity



Yoga Poses To Empower Lungs

Lotus shoulder stand (Padm-a Sarvangasana)

The inverted lotus pose helps in the proper expansion of the chest and allows easier passage of the air to the lungs. Twisting the upper side of the body acts as a massage for the internal organs, which in turn helps in better expulsion of toxins from the body. It also helps improve balance and strengthens the reproductive and nervous systems.

Shoulder stand pose

This pose provides, the asana increases blood flow to the lungs. While in the pose, the respiratory movement of the lungs corresponding to the lifted arm is almost stopped, which causes the other lungs to work more rapidly and vigorously.



Devyani Singh
1st year
BA prog

BHARAMARI PRANAYAM

It is the best cure for stress. It nurtures peace in your being, which in turn, results in self-healing.

It soothes the nerves.

The Practice of Bhramari pranayam helps dissipate anger.

It prevents heart blockages.

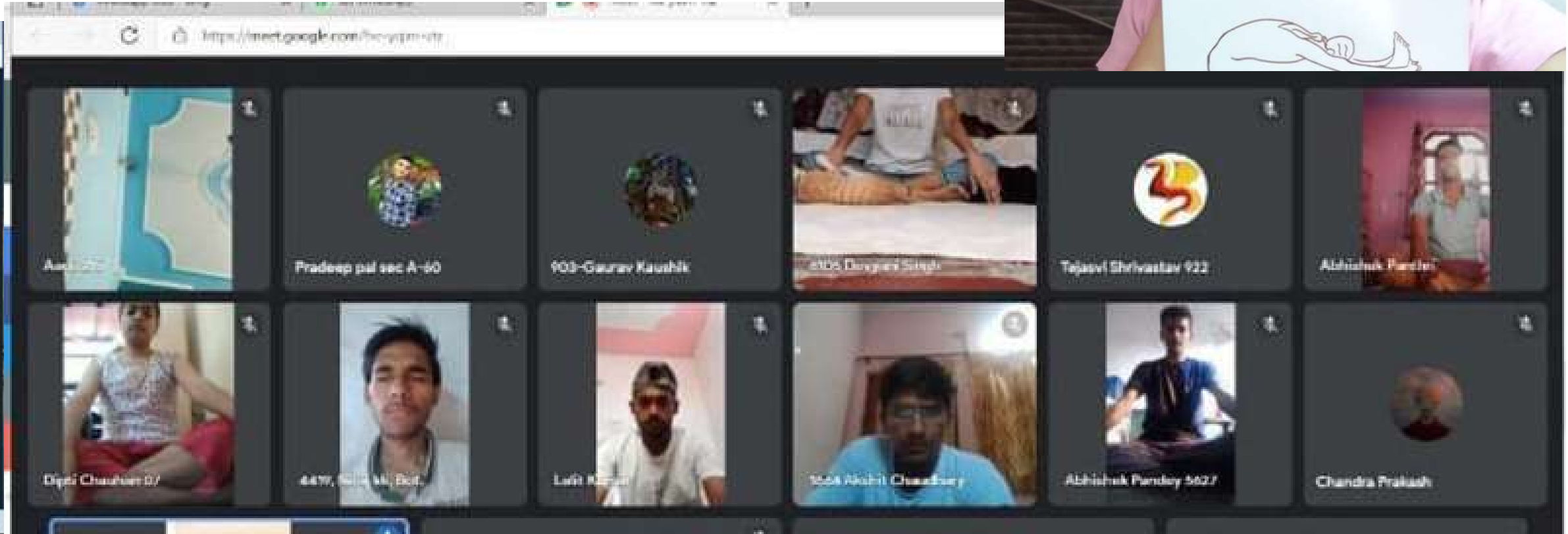
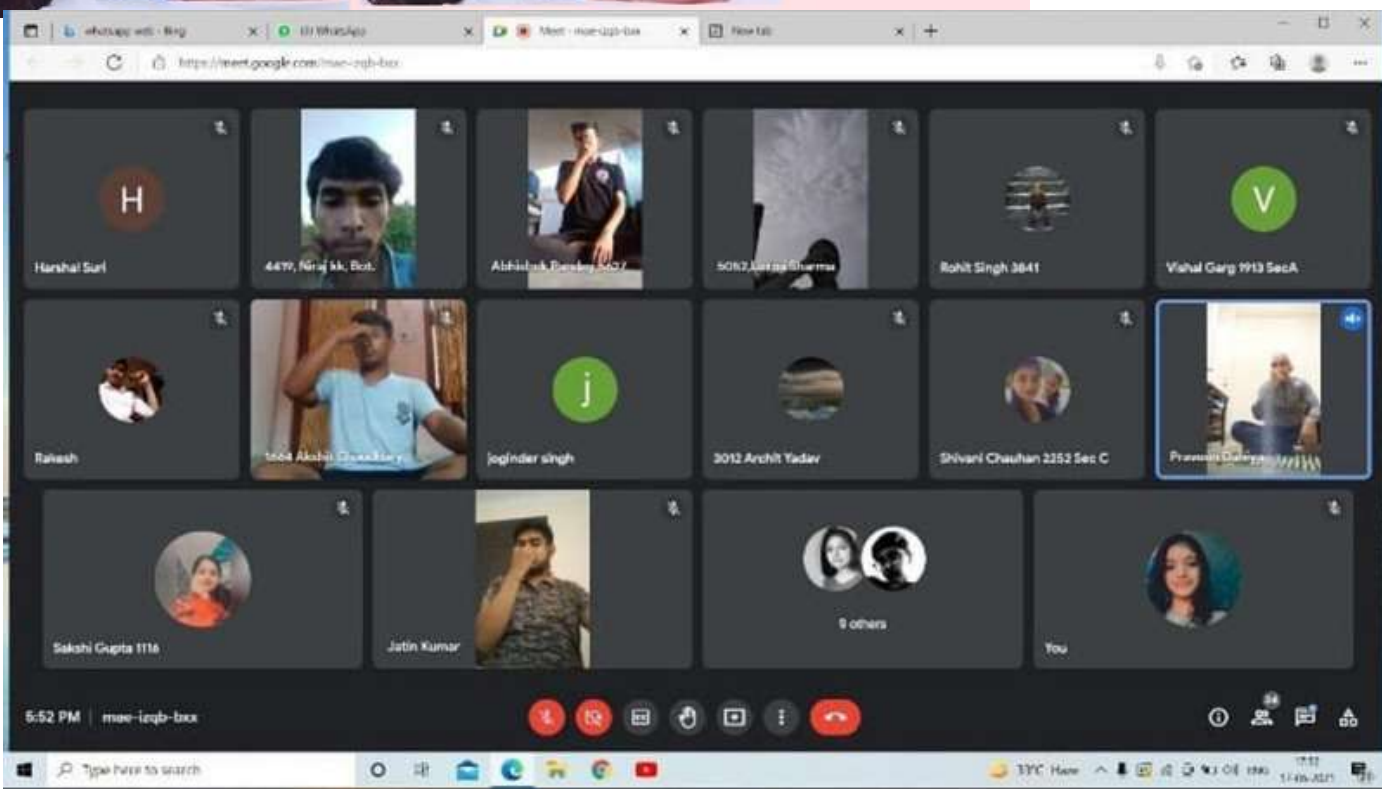
It helps with inducing deep sleep.



SWATI
B.A. Program

BOAT POSE

Boat pose is quite good from the point of view of health as it not only stretches your abdominal muscles but also tones the vital organs present in your abdomen. It is quite helpful in treating liver, pancreas, kidney and gastric juices-related health issues and problems. It is good for hormones. It strengthens the entire body systems like digestive, muscular, circulatory, hormonal and nervous systems. It also helps in treating diabetes.



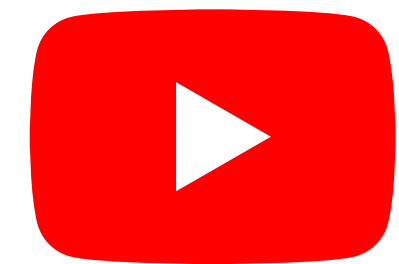
FEW UNLISTED ACTIVITIES

PLANTATION IN COLLEGE CAMPUS



THANK YOU

HERE ARE SOME LINKS TO VISIT OUR SOCIAL
MEDIA PAGES



[HTTPS://YOUTUBE.COM/CHANNEL/UCTUXOOL4T_NZIMJO-WEILUQ](https://youtube.com/channel/UCTUXOOL4T_NZIMJO-WEILUQ)



[HTTPS://TWITTER.COM/DUSSNC](https://twitter.com/DUSSNC)



[HTTPS://WWW.INSTAGRAM.COM/INVITES/CONTACT/?I=VUKNA59X5J9Z&UTM_CONTENT=AH7EXZ8](https://www.instagram.com/invites/contact/?I=VUKNA59X5J9Z&utm_content=AH7EXZ8)



सत्यमेव जयते

भारतीय सुदूर संवेदन संस्थान/ INDIAN INSTITUTE OF REMOTE SENSING

भारतीय अंतरिक्ष अनुसंधान संगठन/ INDIAN SPACE RESEARCH ORGANISATION

अंतरिक्ष विभाग, भारत सरकार/ DEPARTMENT OF SPACE, GOVERNMENT OF INDIA



बहिःपरिष्कार संपर्क/विस्तार कार्यक्रम प्रमाण पत्र
OFF - CAMPUS OUTREACH CERTIFICATE PROGRAMME

COR101467802021

समन्वय का प्रमाणपत्र
CERTIFICATE OF COORDINATION

यह प्रमाणित किया जाता है कि स्वामी श्रद्धानंद कॉलेज कार्यरत डॉ॰ दलजीत सिंह ने भू-अवलोकन आधारित, भूस्खलन का मानचित्रण, मॉडलिंग और निगरानी : प्रारंभिक चेतावनी के समर्थन में आधुनिक गतिविधियाँ विषय पर इस संस्थान द्वारा दिनांक 21 अप्रैल, 2021 को आयोजित एक दिवसीय ऑनलाइन कार्यशाला को समन्वित किया।

This is to certify that **DR. DALJIT SINGH**, working with **Swami Shraddhanand College**, has coordinated one day online workshop on **Earth Observation based Mapping, Monitoring and Modelling of Landslide: Recent trends and support to early warning system** conducted by this institute on April 21, 2021

दिनांक/ Date: 12-07-2021
देहरादून/ Dehradun

प्रमुख,
जियोवेब सर्विसेस, सूचना प्रौद्योगिकी एवं दूरस्थ अधिगम विभाग
Head, Geoweb Services, IT & Distance Learning Department, IIRS

समूह प्रमुख,
भू-स्थानिक प्रौद्योगिकी एवं आउटरीच कार्यक्रम समूह
Group Head, Geospatial Technologies & Outreach Programme Group, IIRS



भारतीय सुदूर संवेदन संस्थान/ INDIAN INSTITUTE OF REMOTE SENSING
भारतीय अंतरिक्ष अनुसंधान संगठन/ INDIAN SPACE RESEARCH ORGANISATION
अंतरिक्ष विभाग, भारत सरकार/ DEPARTMENT OF SPACE, GOVERNMENT OF INDIA



ऑनलाइन दूरस्थ अधिगम कार्यक्रम
ONLINE DISTANCE LEARNING PROGRAMME

COR8067802021

समन्वय का प्रमाणपत्र
CERTIFICATE OF COORDINATION

यह प्रमाणित किया जाता है कि **स्वामी श्रद्धानंद कॉलेज** कार्यरत **डॉ॰ दलजीत सिंह**, ने **भू-प्रेक्षण द्वारा कार्बन चक्र का अध्ययन** विषय पर इस संस्थान द्वारा दिनांक 21 जून, 2021 से 25 जून, 2021 तक संचालित ऑनलाइन प्रशिक्षण पाठ्यक्रम को समन्वित किया।

This is to certify that **DR. DALJIT SINGH**, working with **Swami Shradhdhanand College**, has coordinated the online training course on **Earth Observation for Carbon Cycle Studies** conducted by this institute during June 21, 2021 to June 25, 2021

दिनांक/ Date: 02-07-2021
देहरादून/ Dehradun

प्रमुख,
जियोवेब सर्विसेस, सूचना प्रौद्योगिकी एवं दूरस्थ अधिगम विभाग
Head, Geoweb Services, IT & Distance Learning Department, IIRS

समूह प्रमुख,
भू-स्थानिक प्रौद्योगिकी एवं आउटरीच कार्यक्रम समूह
Group Head, Geospatial Technologies & Outreach Programme Group, IIRS



NCC-6DBN ARMY UNIT of SSNC 2020-21

ANO-Lt. MUKESH RANA

Defining the motto of NCC that is “**UNITY & DISCIPLINE**”. 6 Delhi Battalion Army division of Swami Shraddhanad College stands high on this motto and withholds its reputation encouraging youths for the service of nation. It has 3 clear cut aims :

- Development of leadership , character , comradeship & spirit of sportsmanship
- To create a force of disciplined life
- Training for students to develop patriotism and leadership qualities among them.

NCC’s training provides both physical and mental strengths. It also develops a feeling of social service and develops an adventures spirit among all its cadets. Our college provides obstacle course training for cadets for their physical development and is proud of being only college in Delhi University to have an obstacle course ground. NCC COY Of Swami Shraddhanad College is run under ANO LT. MUKESH KR RANA and student coordinators for this year 2020-2021 are SUO – **Himanshu Mann & 2IC – Kartikey Rana , JUO – Tarun Khatri , Sagar Rathi , Sourav and Aryan.**

NCC cadets of Swami Shraddhanad College proudly participated in various camps and activities held by NCC at institution , state and national level and excelled in all of them. Our cadets showed their potential at various levels and made college proud by their achievements. One of the biggest achievement was **PM HOUSE VISIT by JUO KARITKEY RANA , SGT. HARSH , CPL SUNNY , CPL AVNISH DUBEY , CPL ANSHUL , CDT RITIK , CDT HARMEET AND CDT ABHAY TYAGI AND INTERACTED WITH PM.**



Few other important camp attended are :

- **REPUBLIC DAY**
CDT Abhay Tyagi participated in Republic Day camp and was part of Delhi marching contingent and guard of honour.



- **PM RALLY(CULTURAL)**



JUO Kartikey Rana , SGT Harsh , CPL Sunny , CPL Avnishdubey , CPL Anshul , CDT Ritik , CDT Harmeet participated in PM RALLY Cultural camp.

CQMS Aakash Gupta and CDT Sanjeet Poddar participated in tableau event at PM RALLY

- **SPECIAL ACHIEVEMENT** :- JUO Kartikey Rana was Camp senior for this CAMP.

- **EK BHARAT SHRESHTHA BHARAT CAMP**

EBSB-I(SHILLONG):JUO Kartikey Rana participated with North East directorate.

EBSB-II(ANDHRA PRADESH & TELANGANA) : JUO Sagar Rathi participated

EBSB-III(BIHAR & JHARKHAND) : JUO Tarun Khatri , JUO Aryan , CPL Nikhil Upadhyay , CPL Anshul , CDT Peeyush Tyagi and CDT Ritik participated.

ANO -Lt.(Dr.)Mukesh Rana was incharge of EBSB-III.

- **SOCIAL DUTY AT TIME OF COVID-19 PANDEMIC AT VARIOUS CENTRES**

This year was tough and challenging for all the world but still our NCC performed its all tasks following all the covid protocol and taking NCC class to online level including study about map reading , weapon training and many more.

Various social activities and webinars were also performed by NCC COY :

- Republic Day Celebration



- VOCAL FOR LOCAL WEBINAR
- Sawach Bharat Abhiyaan

- FIT INDIA



- VIJAY DIWAS WEBINAR



- COVID ENLIGHTMENT
- VIGILANCE AWARENESS WEEK
- AATMA NIRBHAR BHARAT
- FIT FREEDOM RUN



Jai Hind



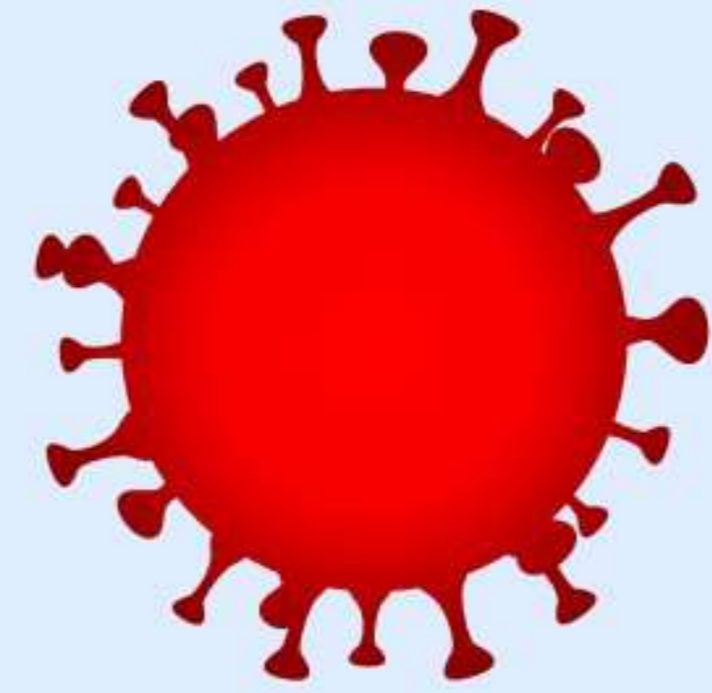
NATIONAL SERVICE SCHEME

SWAMI SHRADDHANAND COLLEGE

(UNIVERSITY OF DELHI)



COVID-19(2ND WAVE) AND OTHER AWARENESS DRIVE WORK REPORT 2021





1. VACCINATION AWARENESS (DOOR TO DOOR)



OUR VOLUNTEERS FROM DIFFERENT AREAS WENT DOOR TO DOOR TO MAKE PEOPLE AWARE REGARDING VACCINATION, COVID-19 MYTHS . VOLUNTEERS WENT TO LOCAL AREAS SOME DISTRICT OF BIHAR, JHARKHAND , UP, DELHI NCR REGION AND CLEARED MYTHS REGARDING VACCINATION .

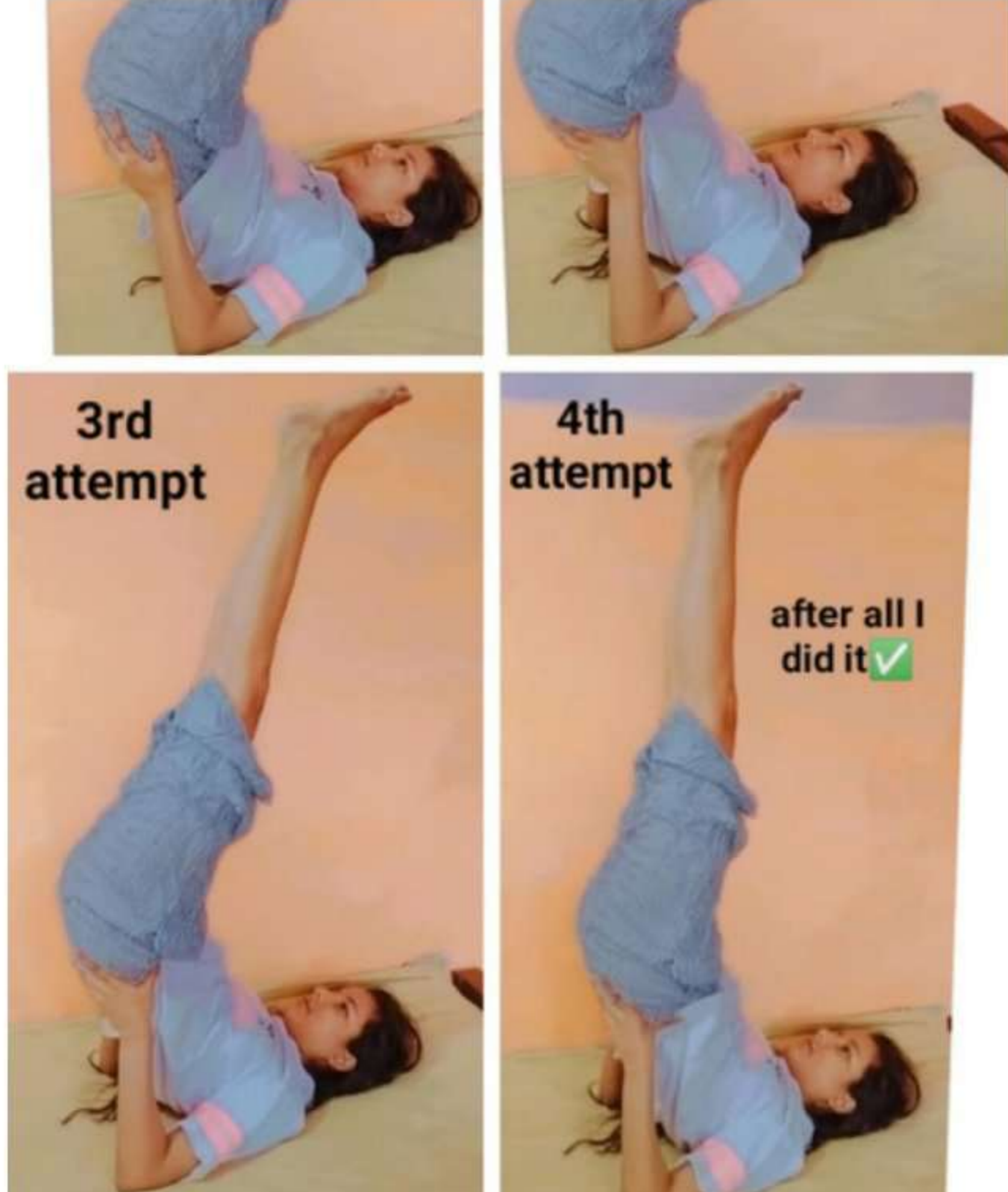




3. IMMUNITY BOOSTERS (30 DYAS YOGA SESSIONS) YOGA AWARENESS



OUR NSS UNIT OF SSNC ORGANIZED 30 DAYS SPECIAL YOGA SESSIONS FOR VOLUNTEERS TO MAKE THEIR BODY HEALTHY SO THAT WE CAN EASILY FIGHT COVID19 WITH GOOD IMMUNITY.





Tarushi Tyagi
NSS
volunteer
1st year
task- 1,3
Day-3





surya Pratap Singh



*Swami shraddhanand College
National service scheme*





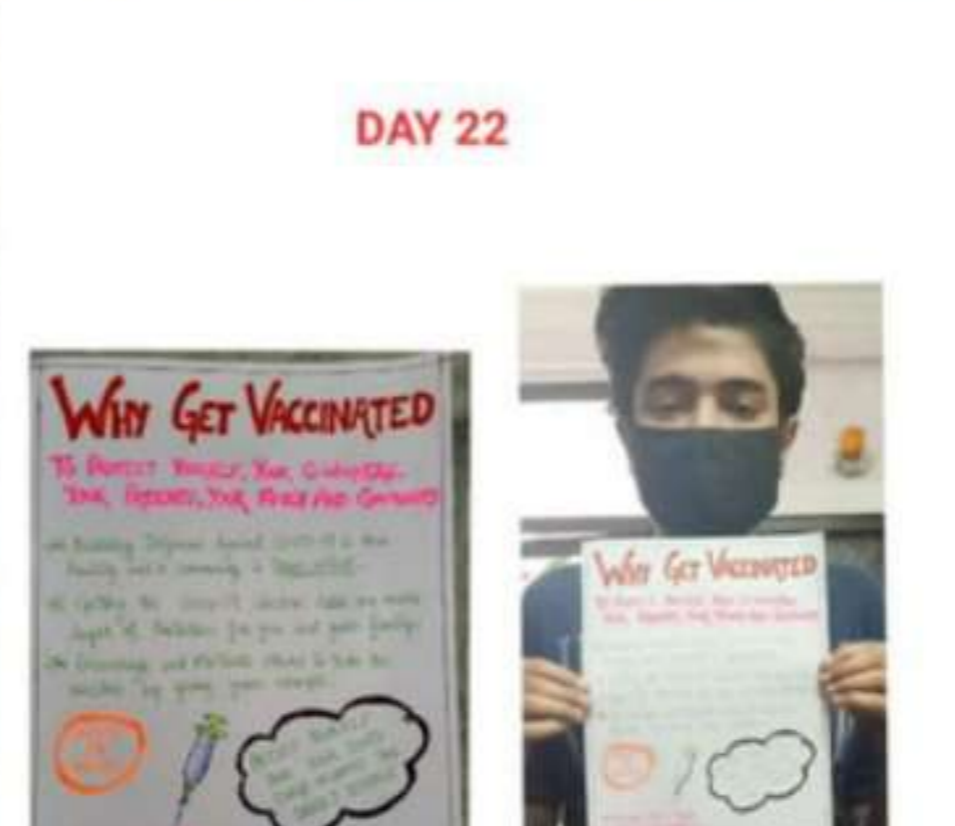
4. PLANTATION DRIVE



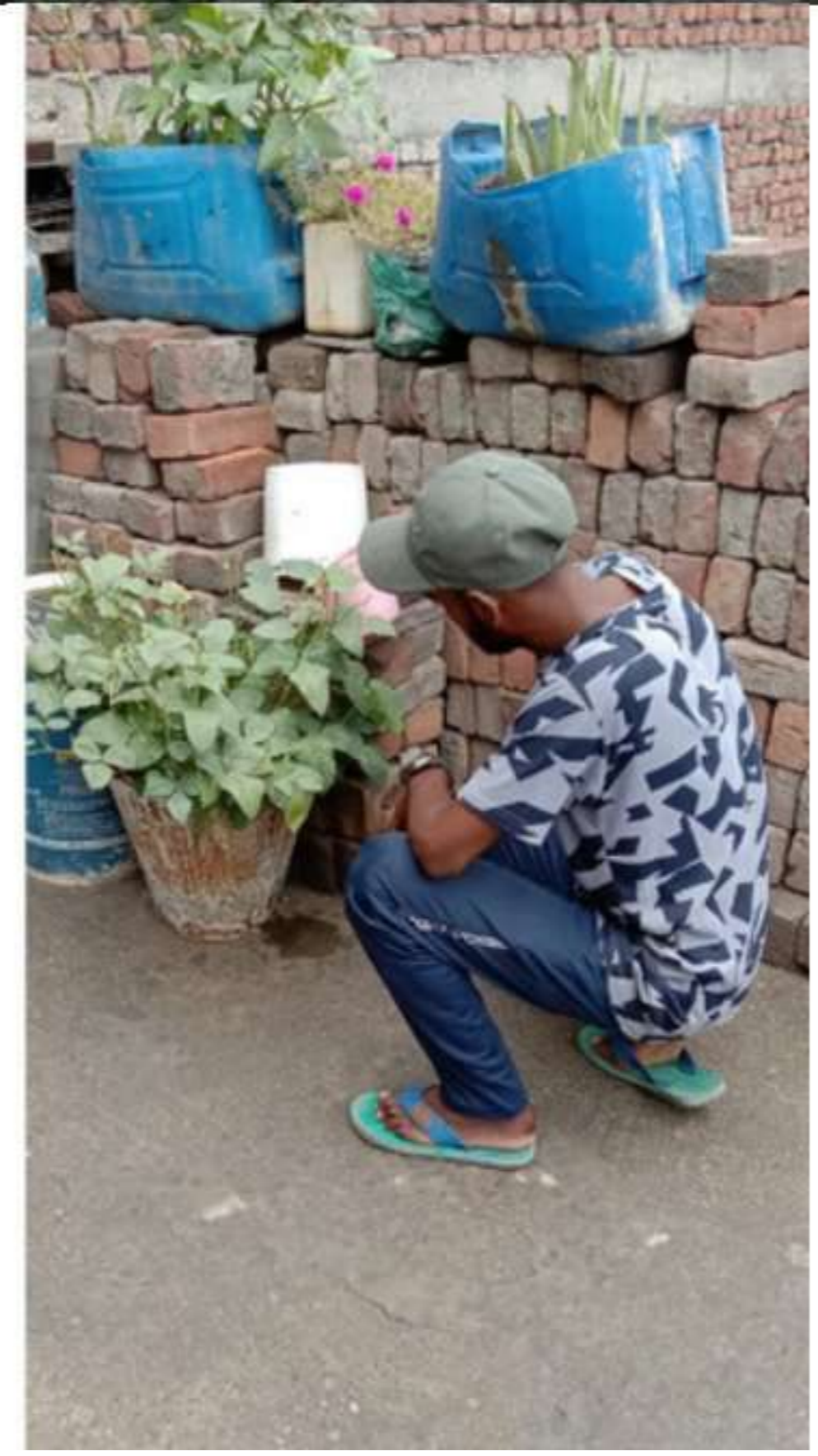
WE ALL KNOW THAT ENVIRONMENT IS THE KEY FACTOR DUE TO WHICH ALL LIVING BEINGS ARE PRESENT ON THIS EARTH. SO TO HEAL THE ENVIRONMENT VOLUNTEERS AWARE PEOPLE AND RUN A PLANTATION DRIVE IN THEIR HOMES AND NEARBY PREMISES.



ABHISHEK PANDEY









5.ANIMAL/BIRD FEEDING DRIVE



OUR NSS -SSNC VOLUNTEERS AWARE PEOPLE TO FEED ANIMALS AND BIRDS IN THIS PANDEMIC. AND THEY ALSO FFEP ANIMALS AND BIRDS AND INSTALL WATER POTS FOR BIRDS AND ANIMALS.



Aman yad
B.com(prc
NNS(1st yr
task-2



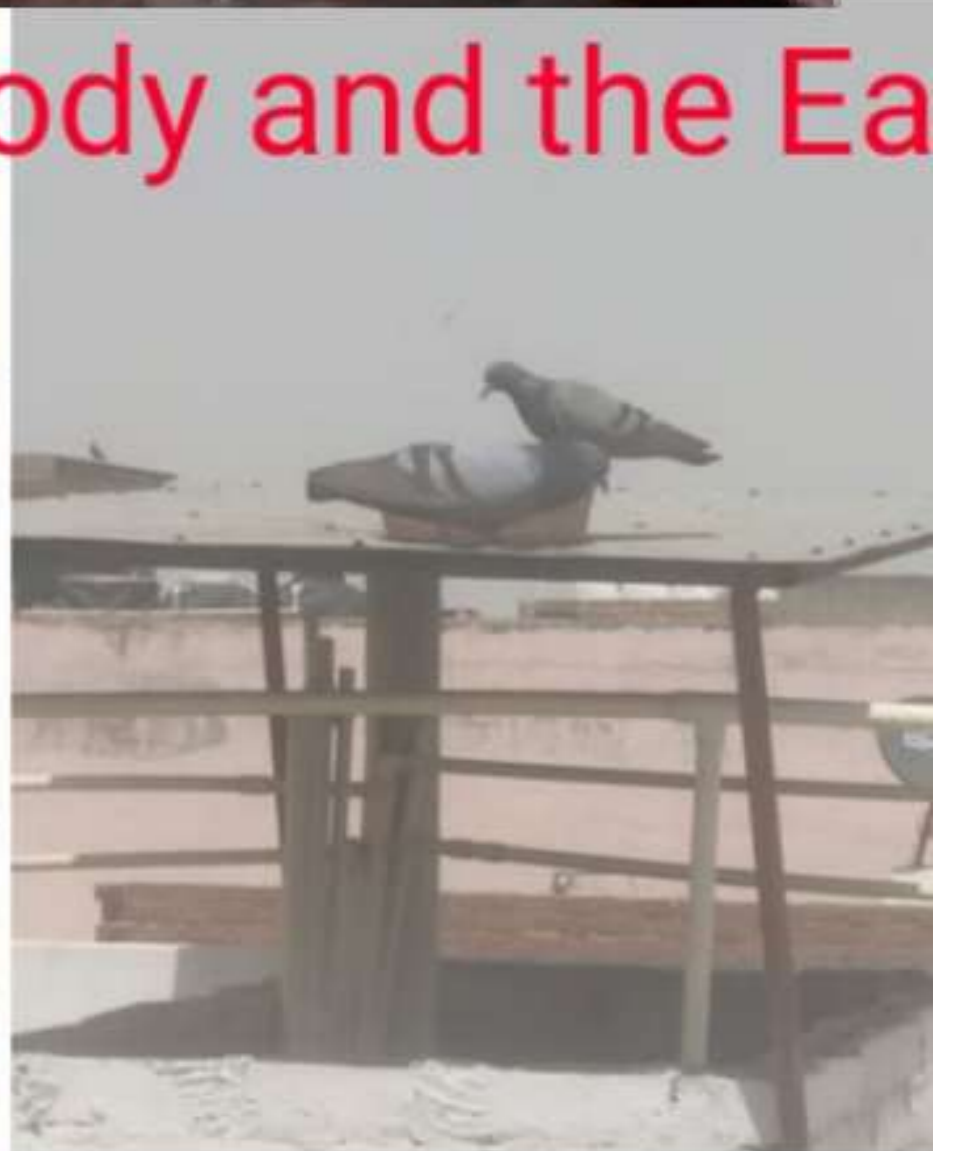


Neha
B.com prog
2nd year
1st yr NSS

Day 9
Task 2



let's heal the body and the Ea



DILEEP KUMAR HISTORY HONS 2ND YE

THANK YOU

HERE ARE SOME YOUTUBE VIDEOS
OF OUR NSS-SSNC UNIT WORK



[HTTPS://YOUTU.BE/LLU1UVUV5JA](https://youtu.be/LLU1UVUV5JA)

[HTTPS://YOUTU.BE/9BUVSNPQRF4](https://youtu.be/9BUVSNPQRF4)

[HTTPS://YOUTU.BE/ASXRHGJA4YE](https://youtu.be/ASXRHGJA4YE)



[HTTPS://WWW.INSTAGRAM.COM/INVITES/CONTACT/?
I=VUKNA59X5J9Z&UTM_CONTENT=AH7EXZ8](https://www.instagram.com/invites/contact/?i=vukna59x5j9z&utm_content=ah7exz8)



सत्यमेव जयते

भारतीय सुदूर संवेदन संस्थान/ INDIAN INSTITUTE OF REMOTE SENSING

भारतीय अंतरिक्ष अनुसंधान संगठन/ INDIAN SPACE RESEARCH ORGANISATION
अंतरिक्ष विभाग, भारत सरकार/ DEPARTMENT OF SPACE, GOVERNMENT OF INDIA



ऑनलाइन दूरस्थ अधिगम कार्यक्रम
ONLINE DISTANCE LEARNING PROGRAMME

COR20221036780

समन्वय का प्रमाणपत्र
CERTIFICATE OF COORDINATION

यह प्रमाणित किया जाता है कि स्वामी श्रद्धानंद कॉलेज कार्यरत डॉ॰ दलजीत सिंह, ने रिमोट सेंसिंग, भौगोलिक सूचना प्रणाली और ग्लोबल नेविगेशन सैटेलाइट सिस्टम के मूलभूत सिद्धांत विषय पर इस संस्थान द्वारा दिनांक 22 अगस्त, 2022 से 25 नवंबर, 2022 तक संचालित ऑनलाइन प्रशिक्षण पाठ्यक्रम को समन्वित किया।

This is to certify that **DR. DALJIT SINGH**, working with **Swami Shraddhanand College**, has coordinated the online training course on **Basics of "Remote Sensing, Geographical Information System and Global Navigation Satellite System** conducted by this institute during August 22, 2022 to November 25, 2022

दिनांक/ Date: 23-12-2022
देहरादून/ Dehradun


प्रमुख,
जियोवेब सर्विसेस, सूचना प्रौद्योगिकी एवं दूरस्थ अधिगम विभाग
Head, Geoweb Services, IT & Distance Learning Department, IIRS


समूह प्रमुख,
भू-स्थानिक प्रौद्योगिकी एवं आउटरीच कार्यक्रम समूह
Group Head, Geospatial Technologies & Outreach Programme Group, IIRS



NCC-6DBN SSNC ARMY 2021-22

ANO –Lt. MUKESH RANA

The 6 Delhi Battalion Army Division of Swami Shraddhanand College firmly stands on the Motto of NCC that's **“UNITY and DISCIPLINE”**. It inculcates the feeling of patriotism among youth of India by giving special training to it's cadets in college campus. Activities like: - Obstacle Course, Drill, Sports etc. develops qualities like team spirit, Confidence, Endurance and many more. Our college provides obstacle course training for cadets for their physical development and is proud of being only college in Delhi University to have an obstacle course ground. 6 Delhi Battalion Boys Army NCC COY of Swami Shraddhanand College runs under the leadership of **LT. MUKESH RANA** and student coordinator for this year are **SUO KARTIKEY RANA , 2I/C ABHAY TYAGI , JUO HARSH KUMAR , JUO NIKHIL UPADHYAY , JUO SAJJAN , JUO MAYANK MALIK and CQMS AAKASH GUPTA.**

NCC cadets of Swami Shraddhanand College proudly participated in various camps and activities held by NCC at institution, state and national level and excelled in all of them. Our cadets showed their potential at various levels and made college proud by their achievements. This year was tough and challenging for the entire world but still our NCC performed it's all tasks following all the protocol and taking NCC class to online level including study about map reading, weapon training and many more. Our team made it possible with their efforts and hard work.



ACHIEVEMENT 2021-2022 :

- 1. INTER DIRECTORATE SHOOTING COMPETITION :-** SGT ISHANT and SGT ARSH KASHYAP got selected in DELHI TEAM of INTER DIRECTORATE SHOOTING COMPETITION HELD IN BHOPAL



**SPECIAL ACHIEVEMENT : SGT. ISHANT 2nd in 50M 3P JR. MEN
SGT. ISHANT QUALIFIED FOR GV MAVLANKAR, 64th National Shooting Games
AND QUALIFIED FOR INDIAN TEAM TRAILS**

2. **REPUBLIC DAY CAMP** :- SUO KARTIKEY RANA , CQMS AAKASH GUPTA , SGT. ISHANT and CDT. NAVNEET BHANDARI PARTICIPATED IN ANNUAL REPUBLIC DAY CAMP HELD IN DG NCC , DELHI CANTT.



SPECIAL ACHIEVEMENT :-

DELHI SECURED 2ND POSITION AFTER 36 YEARS.

SUO KARTIKEY RANA , SGT. ARSH KASHYAP AND CDT NAVNEET SECURED 2ND POSITION IN CULTURAL COMPETITION

3. **PM RALLY CULTURAL** :

4.

CDT PRINCE SINGH , CDT RAKESH PATHAK , CDT ANKIT , CDT ROHIT , CDT YASH , CPL AMAN TOMAR , CDT AMBIKESH PANDEY , CDT SURAJ KUMAR , CDT PRATHAM CHIKKARA , CDT LAKSHAY MANN , CDT SOURAV PAL SUCESSFULLY PARTICIPATED IN PRIME MINISTER'S RALLY HELD IN CARIAPPA PARADE GROUND.



5. **SPECIAL NATIONAL INTEGRATION CAMP** :- CPL AMAN TOMAR AND CDT SOURAV PAL SUCESSFULLY PARTICIPATED IN SNIC HELD AT NCC BHAWAN , ROHINI.
6. **KALAGARH TREKKING** :- CDT SHRIKRISHAN , CDT HARIOM KR. JHA AND CDT NIKHIL WENT FOR TREKKING CAMP AT KALAGARH , UP.
7. **SHIVAJI TREKKING**:- JUO SAJJAN AND CDT RAKESH PATHAK WENT TO KOLAHPUR , MAHARASTRA FOR TREKKING.
8. **PATRATU TREKKING** :- JUO HARSH KUMAR , CDT RITIK , CDT BHUPENDER AND CDT NEYAZ WENT FOR PATRATU TREKKING , JHARKHAND.



SPECIAL NATIONAL INTERGRATION CAMP



KALAGARH TREKKING CAMP



SHIVAJI TREKKING CAMP



PATRATU TREKKING CAMP

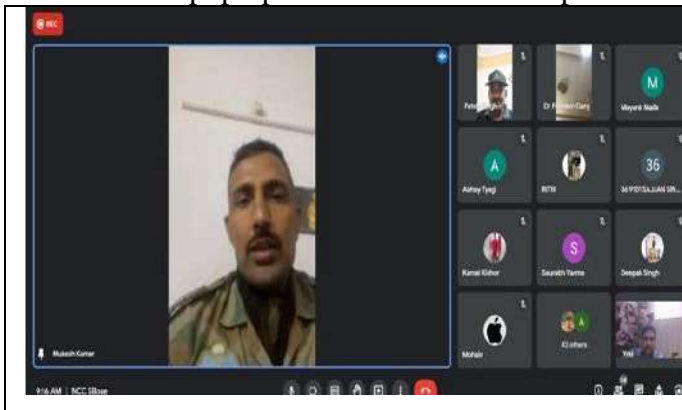
In addition to this various social activities and webinars were also performed by NCC COY of Swami Shradhanand College. Few of them are:

- **HELPDESK FOR COVID PATIENTS :**
 Plasma donation - 80 People
 Oxygen Availability - 52
 Hospital Beds / ventilator help – 35
 Food Distribution,
 Medicine availability,
 Vaccination registration - 72 etc

- SAWACHTA PAKHWADA,
- EK DIYA SHAHEED KE NAAM in remembrance of CDS General Bipin Rawat



- RUN FOR UNITY,
- VIJAY DIWAS etc.
- Leadership preparation Skill Workshop





This year we missed our good cadet ANMOL in a road accident and pray for his almighty.

Associate NCC Officer Lt. Mukesh Rana is also coordinated **EK BHARAT SHRESHTHA BHARAT CAMP**, designed online NCC A certificate examination portal.



Lt. Mukesh Rana is also successfully completed **NCC REFRESHER COURSE WITH A GRADE**, organized by Officer Training Academy, Kamptee.

Jai Hind



NSS REPORT

Swami Shradhdhanand College

University Of Delhi



2021-2022



What is NSS?

THE NATIONAL SERVICE SCHEME (NSS) IS A CENTRAL SECTOR SCHEME OF GOVERNMENT OF INDIA, MINISTRY OF YOUTH AFFAIRS & SPORTS. IT PROVIDES OPPORTUNITY TO THE STUDENT YOUTH OF 11TH & 12TH CLASS OF SCHOOLS AT +2 BOARD LEVEL AND STUDENT YOUTH OF TECHNICAL INSTITUTION, GRADUATE & POST GRADUATE AT COLLEGES AND UNIVERSITY LEVEL OF INDIA TO TAKE PART IN VARIOUS GOVERNMENT LED COMMUNITY SERVICE ACTIVITIES & PROGRAMMES. THE SOLE AIM OF THE NSS IS TO PROVIDE HANDS ON EXPERIENCE TO YOUNG STUDENTS IN DELIVERING COMMUNITY SERVICE. SINCE INCEPTION OF THE NSS IN THE YEAR 1969, THE NUMBER OF STUDENTS STRENGTH INCREASED FROM 40,000 TO OVER 3.8 MILLION STUDENTS IN VARIOUS UNIVERSITIES, COLLEGES AND INSTITUTIONS OF HIGHER LEARNING HAVE VOLUNTEERED TO TAKE PART IN VARIOUS COMMUNITY SERVICE PROGRAMMES. NSS ATTEMPTS TO ESTABLISH MEANINGFUL LINKAGES BETWEEN 'CAMPUS AND COMMUNITY', 'COLLEGE AND VILLAGE' and 'KNOWLEDGE AND ACTION'.

Exposure to NSS volunteers

A NSS VOLUNTEER WHO TAKES PART IN THE COMMUNITY SERVICE PROGRAMME WOULD EITHER BE A COLLEGE LEVEL OR A SENIOR SECONDARY LEVEL STUDENT. BEING AN ACTIVE MEMBER THESE STUDENT VOLUNTEERS WOULD HAVE THE EXPOSURE AND EXPERIENCE TO BE THE FOLLOWING:

- AN ACCOMPLISHED SOCIAL LEADER
- AN EFFICIENT ADMINISTRATOR
- A PERSON WHO UNDERSTANDS HUMAN NATURE

MAJOR ACTIVITIES AT NATIONAL LEVEL

- NATIONAL INTEGRATION CAMP (NIC)
- ADVENTURE PROGRAM
- NSS REPUBLIC DAY PARADE CAMP
- NATIONAL YOUTH FESTIVALS
- NATIONAL SERVICE SCHEME AWARD

MAJOR ACTIVITIES AT COLLEGE LEVEL

- BLOOD DONATION
- 7 DAY SPECIAL CAMP
- SEVERAL AWARENESS EVENTS
- NSS DAY CELEBRATION
- EDUCATIONAL EVENTS

PROGRAMME OFFICER



NSS Unit of Swami Sharaddhanand College, under the Leadership of our dynamic and dedicated Programme officer. Dr Jeetendra Kumar pandey has conducted many events for the welfare of society.



SENIOR CORE MEMBER



Aarti Devi
(Sr. Executive Member)



Sital Das
(President)



Priyanshi Goel
(Vice-President)

CORE MEMBER



Reshma Kumari
(General Secretary)



Rohit Singh
(Joint Secretary)



Tejasvi Ranjan
(Management Head)



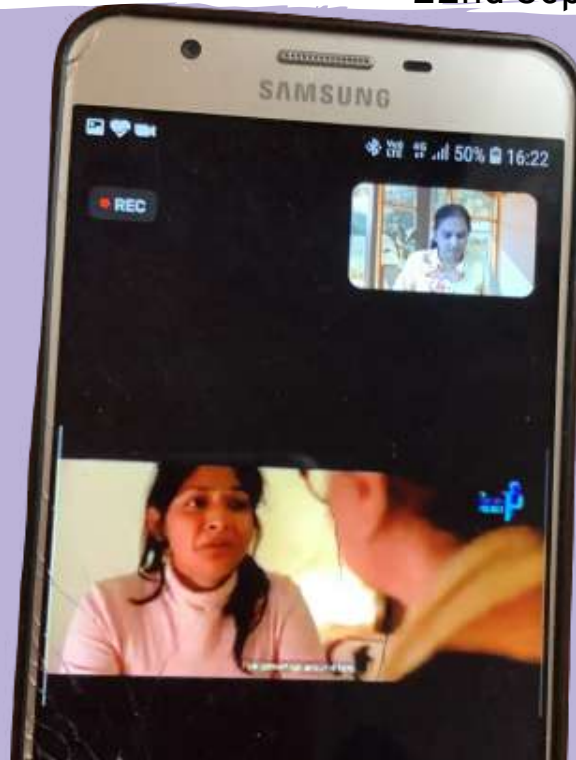
Lalit Kumar
(Outreach Head)



Devyani Singh
(Outreach Co-Head)

WEBINAR WITH SAKSHI NGO

22nd September 2021



The webinar with sakshi NGO on 22 september 2021 focused on an initiative called The rakshin project ,It aimed at spreading awareness about child abuse .volunteers of NSS unit of Swami shraddhanand college actively participated in the webinar they talked about prevention of The abuse with reference to POSCO act and dealt on identification of the abuse and counseling of the abused children. There were power point presentations and videos by the ngo to make the topic understandable The question answers asked in between in the chat box helped the volunteers to learn about it in a better way. Overall the webinar was a great success.

NSS ORIENTATION

24th September 2021



Orientation Programme for sept2021:

The Core members of the unit conducted a Google meet for introducing National service scheme to the newly joined volunteers. They were told about its significance in society, the colours of NSS badge red and blue, Lakshay Geet and the wheel which is taken from the sun temple. The Orientation session helped volunteers to know more about NSS. They were also told about the adopted village and the functioning of NSS. Volunteers were also told about the skills they hold and about their goal toward the society.

FIT INDIA FREEDOM RUN 2.0

1st October 2021



Fit India Freedom Run 2021:

INDIA FREEDOM RUN 2.0 was organised by NSS Unit of Swami shradhdhanand college to commemorate the 75th Independence Day - "Azadi Ka Amrit Mahotsav". Nationwide campaign was on the concept of "Physical/Virtual Run" to encourage fitness and help Volunteers get freedom from obesity, laziness, stress, anxiety, diseases etc.

CLEANLINESS DRIVE

7th October 2021

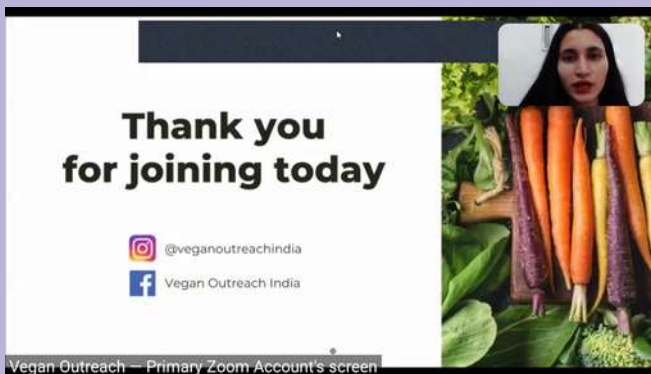


Cleanliness Drive:

On 7th October NSS joined hands with NYKS and conducted a cleanliness drive to clean Mini stadium of Alipur, Delhi. This was all done to commemorate 75th year Independent India under Azadi ka amrit mohotsav and Clean India

WEBINAR WITH VEGAN OUTREACH

17th October 2021



Webinar with Began outreach:

The webniar spread awareness about the animal cruelty behind the animal based products used in our day to day life. Volunteers actively participated and asked questions from time to time.

Vegan lifestyle doesn't mean compromising with protein or our needs. There are substitutes for the same. For example cow milk can be replaced by soya milk.

CLEAN INDIA DRIVE

22nd October 2021



Clean India Drive:

Clean India Drive conducted on 22nd October received active participation of volunteers. The roads were cleaned and all the plastic waste was picked up. Civil defence also joined hands to help in the drive. An awareness rally was also conducted inside Alipur village. At the end, volunteers also cleaned GBSSS School situated in Alipur, Delhi.

CLEANLINESS DRIVE

26th October 2021



Volunteers did a nukad natak on 26 October 2021 to spread awareness regarding clean India at 'Sahidi Samarak Hall'. Respected District Magistrate graced the occasion as chief guest and motivated volunteers by this speech. The efforts of volunteers were applauded.

WEBINAR ON NEP

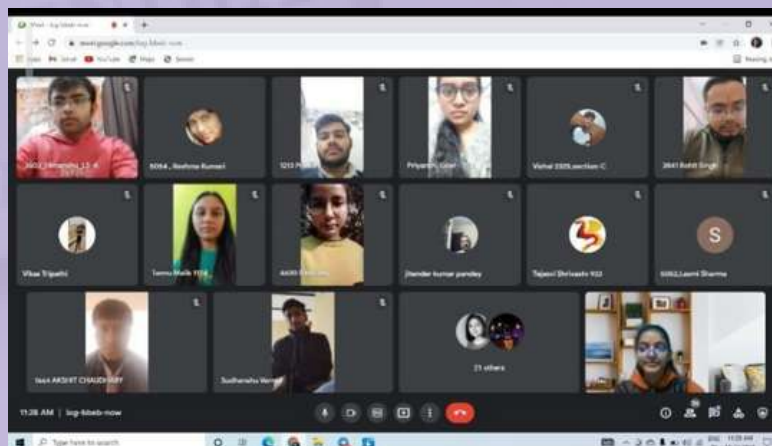
18th November 2021



National webinar on use of scientific terminology in New education policy was conducted by ministry of education. Vounteers joined the online meet and learned about the methods by which technical knowledge can be translated and used in regional languages. A familiar language boost up the learning and the things become easier the understand. Realising the dependency of technology on English, Volunteers found the addition of technical terminology on regional languages the need of the hour.

CONSTITUTION DAY

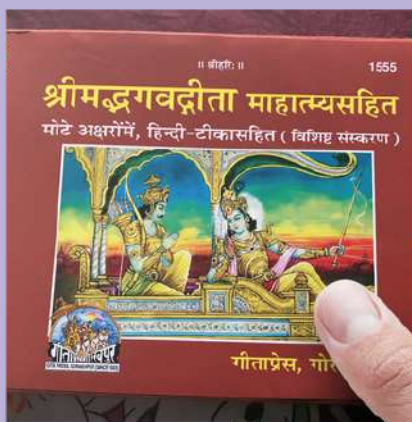
26th November 2021



Constitution Day was celebrated with great enthusiasm. An online meet was organised where the importance of Indian Constitution was told and the constitution was read in Hindi and English both. History of the founding days of the constitution was recalled. The meeting ended with National Anthem.

GEETA MAHOTSAV

14th December 2021



Geeta Mohotsav was celebrated at Dayal singh college in collaboration of NSS,NCC,IIT and IIM. Students gathered in huge numbers. The importance of Geeta in our life was talked upon. Every participant received a geeta at the end of the session

ORIENTATION PROGRAMME

3rd January 2022



The core members of the unit conducted an online orientation programme on 3rd of January for the new NSS volunteers. The orientation started off by the lakshya geet and then the volunteers were given a brief idea about what actually NSS is, what all services they need to provide, how to work as a team and contribute to the nation, what all events will be held, different types of camps, how many hours need to be completed, how to achieve the certificate etc. Later on, the core team shared their experiences and presented their 'Nainital Trip' clippings which were quite interesting and amazing and the fact that they provided their service in Nainital as well was quite amusing. The volunteers were rejuvenated after the orientation-they were full of energy and enthusiasm as they were now about to have a fresh start and a part of a hardworking unit.



ESSAY AND SPEECH SUBMISSION

(NATIONAL YOUTH FESTIVAL) 8th January 2022

On an auspicious occasion of National Youth Festival, the volunteers were given a task on 8th of January to write an essay on 'India of My Dream-Vision@2047' as well as a speech on the topic- '120 years of Swami Vivekananda'. The volunteers actively participated for the same and presented their talent and skill through their essays and speech.

ESSAY WRITING ON WORLD HINDI DAY

10th January 2022



NSS Roll No. = 37/12 (First Year)

‘हिंदी हमारी मातृभाषा या मात्र एक भाषा?’

किसी भी देश की भाषा उसकी उन्नति का माग होती है और भारत में हिंदी ने सबसे उच्च भूमिका निभाई है। हिंदी भाषा दुनिया की सबसे प्राचीन भाषा है। दुनिया में सर्व प्रथम संस्कृत भाषा का निर्माण हुआ उसके बाद जय देवनागरी लिपि जो आज हिंदी के नाम से जानी जाती है, उसका अस्तित्व आया। हिंदी शब्द का जन्म संस्कृत भाषा के सिंधु शब्द में हुआ है।

“जन जन को जो मिलाती है,
वह भाषा हिंदी कहलाती है।”

हमारे देश में हिंदी को राष्ट्रीय भाषा का दर्जा मिला है, यद्यपि उसको आधिकारिक काम में कोई उच्च महत्त्व नहीं है। आधिकारिक काम में अंग्रेजी को ही महत्त्व दिया जाता है। इसी से यह सवाल खड़ा होता है कि हिंदी हमारी मातृभाषा है या मात्र एक भाषा?

मेरा नाम [व्यक्तिगत नाम] है।
N.S.S. रोल नं. - 14/22
- स्वामी श्रद्धानंद कॉलेज

विषय -> हिंदी हमारी मातृभाषा है या मात्र भाषा

दूर वर्षों से हमारी हिंदी में हिन्दी दिवस मनाया जाता है। यह दिन हमें हमारे मातृभाषा का सम्मान करने का एक दिन है। हमें यह दिवस का सम्मान करने का एक दिन है। हमें यह दिवस का सम्मान करने का एक दिन है।

सात - 1985
(मंगल आरंभ)

दूरभाषा का शब्दिक अर्थ होता है किसी राष्ट्र या किसी देश की बोलने की भाषा। किसी भी व्यक्ति अपनी भावनाओं अपनी ही मातृभाषा में आसानी से व्यक्त कर सकता है। भाषा एक विशाल देश है। इसमें एक भाषाएँ प्रयोग की जाती हैं। भारत में बोलने वाले लोग अनेक भाषाओं में से पत्र-पुस्तक भाषाओं को राष्ट्रीय स्तर पर मान्यता दी गयी है।

मातृभाषा यदि किसी की भाषाओं का ज्ञान प्राप्त करने में सक्षम है तो मानसिक सन्तोष के रूप में अपनी भाषा बोलने से ही मिलता है। हिंदी भाषा का ऐतिहासिक विकास एक तरह से हुआ है। हिंदी विश्व की प्राचीन, समृद्ध और सरल भाषा होने के साथ-साथ हमारे राष्ट्रीय भाषा भी है।

यदि विश्व में सबसे अधिक भाषा बोलने वाली क्षमता है। हिंदी भाषा यदि स्वतंत्र पर है। हिंदी भाषा को भारतीय विचार और संस्कृति का वाक्य मानना है। हिंदी भारत की पहचान है।

The NSS Unit organized an essay writing on the occasion of World Hindi Diwas on 10th of January. The volunteers did an amazing job by showcasing their writing skill and glorified the Hindi language-the history, the importance, the script etc. through their essays.

WEBINAR WITH NSS HINDU COLLEGE

12th January 2022



NSS unit of swami shradhdhanand college participated in an event organised by NSS Hindu on the occasion of National Youth Day. The program was meant to motivate youth to make efforts for country's development. The occasion was graced by Dr kiran bedi and capt. Dr sunaina Singh. The speech given by these eminent women personalities motivated youth to not only become Good citizens but also to contribute their best for the country

NYF DAY WITH PM

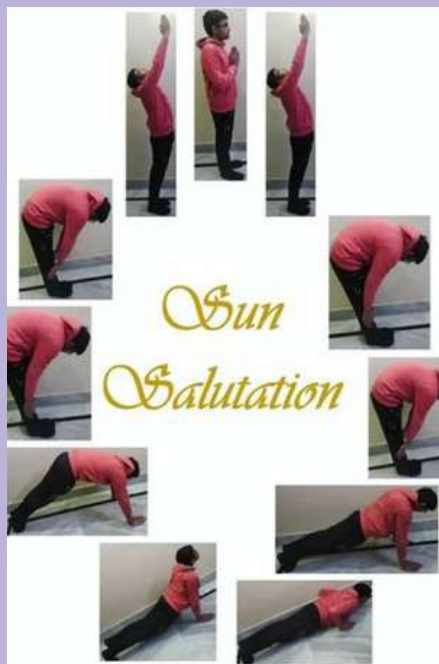
13th January 2022



The NSS Unit of SSNC celebrated national youth festival to commemorate the birth anniversary of youth icon Swami Vivekananda, organized by the Ministry of Youth Affairs and Sports, Government of India in collaboration with one of the State Government on 13th of January and the theme for National Youth Day 2022 was “It’s all in the mind,” a key teaching of Swami Vivekananda. The Prime Minister stressed that today, if the youth of India has the charm of technology, then there is also the consciousness of democracy. Today, if the youth of India has the ability for hard work, then there is also clarity about the future. PM remarked that today’s youth has a ‘Can Do’ spirit which is a source of inspiration for every generation. Since covid cases were at a peak, many of us couldn’t join the PM in Puducherry so an online platform was made available for the youth where our volunteers registered themselves and many educational information and content was passed onto the volunteers through this platform. It was an amazing session despite it being in online mode.

SUN SALUTATION

14th January 2022



The NSS Unit organized Sun Salutation on the occasion of Makar Sankranti on 14th of January. The volunteers actively participated in the task and gave salutations to the Sun. Volunteers were quite acquainted with Surya Namaskar—the knowledge and the purpose behind the salutations and how to do the asanas properly. Many volunteers gave their salutations to the Sun and made it a joyous event.

ROAD SAFETY WEEK

17th January 2022



The NSS Unit of SSNC organized Poster Making on the occasion of 'Road Safety Week' on 17th of January. The volunteers made beautiful and informative posters conveying what all safety precautions we need to follow while we are on the road, what all rules we need to follow, DOs and DONTs that need to be followed etc.

FIT INDIA MOVEMENT

22nd - 31st January 2022



The NSS Unit of SSNC organized a 10 Day Program of NSS activities on the occasion of 'Fit India Movement' from 22nd of January to 31st of January.

The activities included:

The volunteers were also asked to do an early morning yoga session with their family members or friends daily for these 10 days and in the evening they were asked to do any exercise of their choice along with their family members or friends daily in order to stay fit and healthy as we know "HEALTH IS WEALTH". The volunteers showed their full enthusiasm for all the activities, yoga and exercise sessions and made it a success.



WETLANDS DAY

2nd February 2022

The NSS Unit of SSNC organized Video Making Activity on the occasion of ‘Wetlands Day’ on 2nd of February. The volunteers were asked to make an informative video on the wetlands of India and they showcased their technical skills and talent and made wonderful and informative videos presenting the beauty of the wetlands- their origin, their importance, their beauty etc.

WEBINAR ON CANCER DAY

4th February 2022



The NSS Unit of SSNC organized a Webinar on 'Cancer' on the occasion of 'World Cancer Day' on 4th of February. The volunteers were introduced with the knowledge on how cancer cells are formed, how it impacts the life of cancer patients and the family members, its diagnosis and how to prevent it as we know prevention is better than cure. The webinar was quite informative and at the end we also had a quiz session where the volunteers were tested on how much of the concept they acquired from the webinar. The participation from the volunteers was immense and most of them got the correct answers implying that the concepts were very well grasped.

WELCOMING SESSION

7th February 2022



NATIONAL SERVICE SCHEME
SWAMI SHRADDHANAND COLLEGE
(UNIVERSITY OF DELHI)

WATCH OUR BRAVE VOLUNTEER'S R.D.C PERFORMANCE
LIVE AT D.D NATIONAL NEWS ON-
(26 JANUARY 2022)

"काफिला भी तेरे पीछे होगा,
तू अकेले चलना शुरू कर तो सही।"
- शीतल दास

SITAL DAS

Ms. Sital Das was selected as a sole girl student NSS volunteer from the state of Delhi for Republic Day parade. NSS unit of swami shraddhanand college whole heartedly welcomed her after her return from the RD camp. Walking at rajpath is a dream of many and she, being the first volunteer from our college to do so, deserved an applause. A welcoming session was organised to welcome her in presence of programme officer Mr. Jetender Kumar pandey and principal. Prof. Parveen garg.

PLANTATION DRIVE

12th February 2022



The Plantation drive was held at palla village near Yamuna River with collaboration of an NGO. The main goal was to not only keep rivers clean but also to make revive them with greenery. Volunteers actively participated and learnt a lot of things regarding Plantation.

GD WITH VOLUNTEERS

2nd March 2022



The group discussion regarding the mass awareness of benefits of blood donating was organised where volunteers were divided into teams and each team was allotted an area in alipur. Complete planing was done for the event planned in advance. Volunteers made posters and gathered information to execute their plan of mass awareness in order to motivate people to donate blood.

BLOOD DONATION AWARENESS RALLIES

3rd March 2022



The next day came with a bigger challenge volunteers had to execute everything that they has planned each team has a leader who mobilized the team and they went in alipur village ,at their allotted area.They knocked on every house spreading awareness and noting down names of people who were willing to donate blood

BLOOD DONATION CAMP

7th March 2022



The final day volunteers got the fruit of their hardworking more than 150 units of blood was collected in the blood donation camp set up by the unit. Team of doctors came from AIIMS delhi. They were welcomed by the unit and after this achievement everyone was happy that more lives can be saved. Doctors applauded the work of volunteers. Volunteers thanked the team from AIIMS. One unit of blood can save three lives and 150+ units were going to save more lives, this made the volunteers even more happy

CAREER COINSELLING SEMINAR WITH NYKS — 4th March 2022



NYKS organised a career counseling session in collaboration with NSS. The manager of PNB Bank was also invited to spread awareness on various schemes like mudra yojna, MSME etc by which new startups can fund themselves. Volunteers were also given knowledge on how to start a business, prepare for competitive exams and focus on their goal for future to add into India's progress

PLANTATION DRIVE

12th March 2022



Plantation drive was conducted by NSS unit of swami shraddhanand where 30 saplings were bought from Alipur city forest. there were teams divided, each team planted five saplings. After some days each volunteer adopted a plant to nurture and take care of, they tied their name slip to the new planted as well as existing plants which required care.

SURVEY TP WITH NLSF NGO

27th March 2022



NSS Unit of Swami Sharaddhanand College in collaboration with New life shelter foundation, conducted a survey in khidki Village, Panchsheel vihar, sheikh Sarai, New Delhi. It aimed at finding the number of children who don't have access to education and handing over that data to the NGO so that they can arrange for resources for these children to get education. There were student volunteers along with NSS volunteers. Our unit had two teams that went for the survey. The event was a great success. Volunteers also received certificates at the end.

STONE LAYING CEREMONY

2nd April 2022



The Foundation stone lying ceremony of new academic block was done on Saturday, 2nd april 2022. NSS volunteers contributed their part to help the smooth functioning of events. Prof. Mamidala Jagadesh kumar, chairman , University grants commission was the chief guest with Sh Sharad Kumar Chauhan as Guest of honor. Prof. Payal Magk, principal SRCAS for women, du, director of Camps Of Open Learning along with ShmAnkit Pandey Chairman of governing body of college, Principal Prof. Praveeb garg and Administrative Officer , Dr D.V. Bhardwaj also graced the occasion with their eminent presence

YOGA SESSION

8th April 2022



On 8th April 2022, Yoga session was organised to make volunteers aware of the benefits of a healthy body and mind and introducing them to a better way of fitness Resource person prof. Asutosh kumar Jha helped the volunteers to start with process of yoga and the session began with sukhsam(easy), proceeding with yoga poses. Overall it was an enriching session

NATIONAL WORKSHOP ON ADDB

15th April 2022



Anadata devo bhava is a Nation Wide calling for farmers across India to start with organic farming and milk based products. NSS Unit of SSNC participated in this seminar and learned how the organic farming holds the key to a healthy body and they also learned about Cow based products like organic soaps, Ghee, incense sticks etc. They were made aware about different breeds of cows that can increase milk production benefiting the farmers. The questions were taken up and the methodology and process of organic farming was explained. At the end, they decided to help the farmers in nearby villages.

SEMINAR ON CYBERCRIME

20th April 2022



Cyber crime in today's generation and world is not uncommon for people to fall pray with. Having this concern the Delhi Police SHO of Alipur district conducted a Seminar in the seminar hall of college and awarded the youth volunteers of NSS Unit and other students of the Swami Shradhdhanand College regarding cyber crime and the ways to tackle them in the modern world.

With regards, IPS officer was invited as a chief guest and gave an inspirational speech to the youths regarding the work force of Delhi Police and cybercrime.

At last, the students were encouraged to join 112 INDIA App and were given a huge opportunity to become cyber volunteers for the Delhi Police.

The seminar was concluded by the promises made by the students regarding justice being served to the people who suffered from cyber crime and they made sure to aware everyone regarding the same.

3 DAY PROJECT ON EARTH DAY

22nd - 24th April 2022



NSS unit of Swami shradhdhanand college organised a three day project on earth day where every morning started with yoga

Day 1

Students were divided into teams and there was a thirty minute discussion about the materials that can be used to keep home cool using traditional methods. after thirty minutes Representatives from each team presented the report on the stage and handed over their written report to the program officer

In evening there was a plant adoption event where each volunteer adopted a plant to take care of

3 DAY PROJECT ON EARTH DAY

22nd - 24th April 2022



Day 2

A video was shown to the volunteers on the degradation of environment. Volunteers were divided into teams they had to identify the cause of environmental degradation from the video and chose one cause for discussion and report making. Every team chose topics like oil spills, air pollution, water contamination etc. After a discussion of thirty minutes, representatives from each team presented the topic on stage and handed over the written report to the program officer.

A seminar on cyber crime was organised.

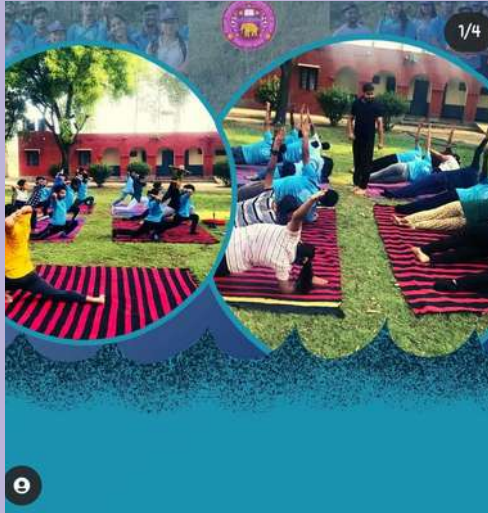
Day 3

A drive to identify the flowers, plants, insects scientifically by clicking their photos was organised with the help of Professor Jivan. He guided volunteers about species of plants in the campus and the volunteers who were divided into teams searched for them in allotted areas in the campus.

The three-day project each was concluded by cultural performances that infused the patriotism among volunteers.

15 DAYS YOGA TRAINING SESSION

19th May - 4th June 2022



A series of Yoga sessions were organised under a special fifteen days yoga mentoring under azadi ka amrit mohotsav starting in the month of June. This was a part of fit India movement . Mr. Ashutosh kumar Jha was the resource person and showered the volunteers with knowledge of yoga along with it's benefits .Asanas like charasana,bajrasana,vikshasana,sukhasana etc were taught and sukhsham exercises and suryanamskars were conducted.All 15 days of these sessions were conducted in the morning to evoke zeal to learn more.Vounteers gained a lot of knowledge and realized the importance of being fit.

15 DAYS YOGA TRAINING SESSION

19th May - 4th June 2022



WORLD ENVIRONMENT DAY

5th June 2022



WORLD ENVIRONMENT DAY is celebrated every year on 5th June to make sure that the natural resources on the planet Earth are still safe and everyone tries to maintain the greenery of their nearby places.

Keeping this in mind, on collaboration with the NCC Cadets, the NSS Unit of Swami Shradddhanand College took an initiative to plant trees and water the allocated plants of the grounds of the college and maintain the green environment throughout the campus. The program officer also guided the volunteers regarding the same and actively participated with them.

SEMINAR ON INTERNATIONAL YOGA

DAY

16th June 2022



The NSS Unit of Swami Shradhdhanand College organised an informative seminar on account of International Yoga day which is celebrated on 21st June every year on the topic of Patanjali yoga.

The volunteers were accompanied by the chief guest Prof. K.P Singh, the director of Gandhi Bhawan, DU and our Principal Prof. Praveen Garg who delivered very motivational speeches each and encouraged the volunteers about the importance of Yoga.

At last, the informative seminar was concluded by the Indian National Anthem.

44TH CHESS OLYMPIAD

CEREMONY

19th June 2022



Chess. The game between the smartest people they say. And Indians being the smartest are ruling over the game.

Getting inspired by the great success over the game, India organised its first ever Torch Relay for the 44th CHESS OLYMPIAD CEREMONY 2022 which was held at Indira Gandhi Stadium, New Delhi on 19th June 2022 with the delightful presence of Mr. Anurag Thakur (Union Minister of Youth Affairs and Sports) and the Prime Minister of India, Mr. Narendra Modi.

The Torch Rally was followed by beautiful folk dance performances from all parts of India and an amazingly encouraging speech by the Prime Minister. The event was concluded by the distribution of awards given to the achievers of the Chess game from the Prime Minister himself.

CYP ACTIVITIES TO CREATE AWARENESS ABOUT YOGA

20th June 2022



On account of INTERNATIONAL YOGA DAY celebrated every year on 21st June, an event was organised at the Major Dhyan Chand National Stadium in which an advanced Yoga session was also a part of it.

The NSS Volunteers of Swami Shradhdhanand College also took part in the activity and total of 5 brave Volunteers were selected and had an opportunity to represent the unit and participate in the session. The event was concluded by distributing Certificates and Tshirts and refreshments for the volunteers.

YOGA SESSION WITH NYKS

21st June 2022



The Nehru Yuva Kendriya Sangathan (NYKS) organised a Yoga Session on 21st June on account of Yoga Day.

The volunteers of NSS Unit of Swami Shradhdhanand College extended their active participation and expressed a great session with them.

The event lasted for an hour and was concluded by distribution of refreshments and certificates to the participants.

INTERNATIONAL YOGA DAY

21st June 2022



On account of **INTERNATIONAL YOGA DAY** celebrated on 21st June every year since 2014, a Yoga session was conducted in the college in which the NSS Unit of Swami Shradhdhanand College took immense pleasure to attend the event and actively participated in it organised by the Ministry of Ayush.

POSTER MAKING COMPETITION ON

IDY 2022

21st June 2022



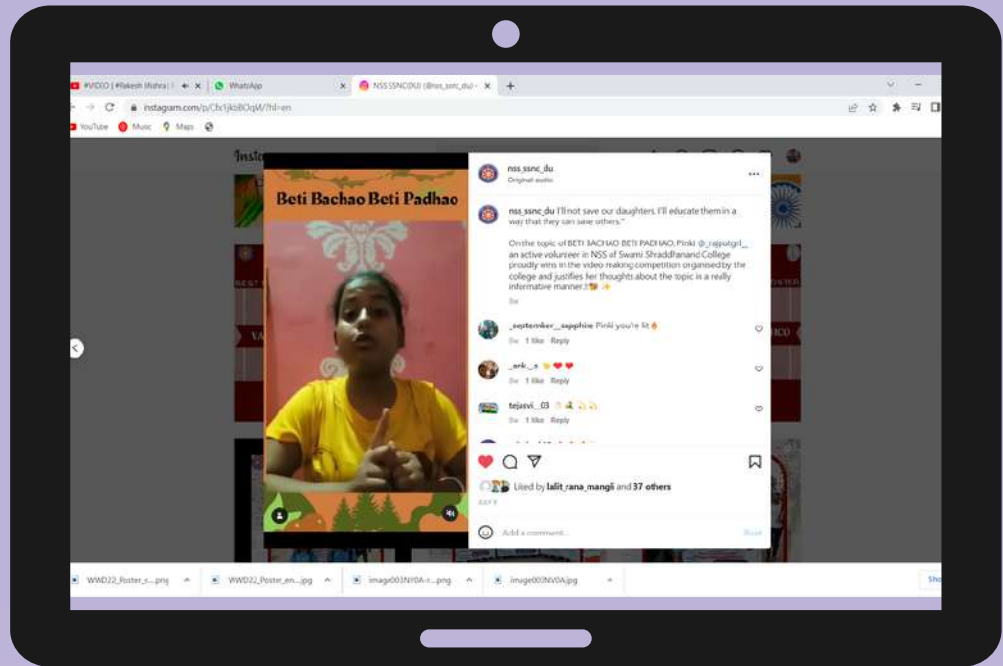
A poster making competition was organized for the volunteers of the NSS Unit of Swami Shradhdhanand College on the topic of "INTERNATIONAL YOGA DAY".

The posters were meant to be informative and had to carry the creative aspect as well.

The competition saw an active participation from the Volunteers as they drew their creativity on a poster. The best poster was promised a shoutout from the program officer and a special mention in the official Instagram handle of the college.

BBBP ONLINE EVENT

25th June 2022



A video making competition was organized by the NSS Unit of Swami Shradhdhanand College on the topic "Beti Bachao, Beti Padhao". which was an open for all for Every student of Swami shraddhanand college

The videos were creating and thought provoking The competition saw an active participation from the the college.

The best video was promised a shoutout from the program officer and a special mention in the official Instagram handle of the college.

CELEBRATING YOGA WEEK WITH DU

26th June 2022



“ University of Delhi ” celebrating YOGA WEEK (21st-27th June 2022) on occasion of INTERNATIONAL DAY OF YOGA. In which Yogarishi " Swami Ramdev " was present as a chief guest. Our unit got opportunity to do yoga with "Swami Ramdev".

#YogaForHumanity

KALP TARUH PLANTATION

02nd August 2022



Swami Shradhdhanand College organised a Tree plantation drive program in collaboration with Kalp Taruh. The NSS Unit of the college made sure that the event is a success by helping the college making arrangements such as Rangoli and seating arrangements for the guests of honor. The event started with the inspirational speech by the Principal followed by the guest of honor. The students were really motivated and understood the whole concept of planting trees. The event came to an end after NSS unit volunteered in planting more than 50 trees in the college campus.

FLAG HOISTING EVENT

13th August 2022



On the account of 76th Independence Day of our country, Swami Shradhdhanand College of Delhi University conducted a cultural event in the college campus on 13th August. The NSS Unit of the college along with fellow professors hoisted the Tricolor which was followed by the plantation drive. The NCC Unit marched with the same Valor as the little soldiers of the country. The day got to an end with the cultural events like singing and dancing which showed the utmost patriotism of the youths concluded by the National Anthem.

VOLUNTEER OF THE YEAR



Congratulations to Laxmi Sharma on being selected volunteer of session 2021-22. One volunteer has been selected from a total of 100. As you proceed to the next phase of your life, Good Luck to you. You will unquestionably keep experiencing success in every aspect of your life!!

FELICITATION CEREMONY



Our unit has conducted a NSS felicitation ceremony. We would like to express our sincere thanks to Rakesh Bhaiya, Aarti, and Sital Didi for their contributions towards the NSS unit of the SSNC. Sital Dii is the only girl from Delhi who has been chosen for the Republic Day Parade in 2022.



Thank You

SCAN THE QR CODE BELOW TO
VISIT OUR SOCIAL MEDIA PAGES.



@nss_ssnc_du



NCC-6DBN ARMY SSNC 2022-23

ANO-Lt. MUKESH RANA Ex-ANO YK Sharma

AN NCC cadet always be available for the service of the nation. Through NCC youth learn leadership, develop character and discipline. The 6 Delhi Battalion Army division of Swami Shraddhanand College stands high on NCC moto and withholds its reputation from both physical and mental strengths to defence service participations.

NCC COY Of Swami Shraddhanand College is run under ANO LT MUKESH RANA and student coordinators for this year 2022-2023 are: SUo Aman Singh Tomar, 2IC Arsh kashyap, CQMS : Harsh JUO : Navneet bhandari, Rohit, Nikhil and Rishi . This year our work has been appreciated by NCC Directorate and





LT. MUKESH RANA got ADG Commendation for best ANO

2IC ARSH KASHYAP and JUO NAVNEET got CADET ADG Commendation



Few cadets have made college proud by their achievements .

| | |
|--|---|
|  <p>Ex SUO Himanshu Mann Selected for INDIAN COAST GUARD ASSISTANT COMMANDANT</p> |  <p>ANUJ KUMAR Selected for INDIAN ARMY OFFICER Officer Training Academy</p> |
|--|---|

This year college proudly participated in various camps and activities held by NCC at institution , state and national level and excelled in all of them. Few of them are :

- **RD prade and PM Rally:** 18 cadets of NCC of SSN College, including SGT Vinit Rana, SGT Haider Ali, , Lcpl Akash, participated. Their program was appreciated by honorable Prime Minister of India Sh. Narendra Modi.
- **ALC :** Advance Learning Camp, AGRA form 14- 23 Dec 2022



- **Thal Sainik Camp :** After several cadre, our 3 cadets CQMS HARSH, CDT ROHIT JOSHI and CDT PRIYANSHU have successfully done AITSC from 14-25 Sept.2022.



- **SCUBA DIVING :** SUO AMAN TOMAR has successfully done the adventurous camp SCUBA DIVING held at CBNS residential club from 28-30 Dec.2022



- **Para Basic Course :** Cadet YASH has successfully done PARA BASIC COURSE held in the month August 2022 in Agra. Where he learnt the procedures to Exit, Flying technique and Landing.

Rock Climbing : Cadet Chandan enthusiastically participated in the adventurous Camp Rock climbing in the month of August 2022.

- **TREKKING CAMP:** Another adventurous camp where four cadets of each team of the NCC SSN participated enthusiastically in the Narmada trekking camp. It was held in Gujarat from 27 Nov to 4 Dec 2022. The participants was CDT ANURAG, CDT SIDDHARTH, CDT PRAMOD YADAV ,CDT HARSH KUMAR.



Nasha Mukti Speech

JUO Rohit got selected to give a speech on Nasha Mukti the gives speech very formal style in front of many cadets and the chief guest was Raj Nath Singh our effort was very great and very admirable.



SOME OTHER ACTIVITIES

- Participated in anti tobacco day awareness program.
- Celebrated International Yoga Day (6 Days program 16-21 June 2022)
- Participated in Saksham Indraprath Blood Donation camp (7 July 2022)
- Participated in PLANKATHON JLN Stadium with chief guest ex captain on Indian cricket team Kapil Dev (7 Aug. 2022)
- Participated in Tree plantation on the occasion of AZADI KA AMRIT MAHOTSAV (13-15AUG.2022)
- Celebrated Independence Day (15Aug 2022)
- Participated in Nasha Mukti Bharat Abhiyan with Chief guest Defence minister Shree Rajnath Singh (12 Sept. 2022)
- Participated in Talkatora stadium event (17OCT.2022)
- Participated in Run for Unity on the birth day of Ironman Sardar Vallabhbbhai Patel(29Oct.2022)
- Puneet Sagar Abhiyan
- Participated in Delhi University Centenary Run (18Nov. 2022) Other Activities
- JAZBAA -3 : SSNC NCC college Fest on 13 April,2023.





lakshna mahajan <lakshnamahajan@ss.du.ac.in>

Fw: SEMINAR ON GLOBAL WARMING (4TH ACTIVITIES OF MISSION LIFE PROJECT)

1 message

Jeetendra Pandey <pandeyjeet@yahoo.com>
Reply-To: Jeetendra Pandey <pandeyjeet@yahoo.com>
To: "lakshnamahajan@ss.du.ac.in" <lakshnamahajan@ss.du.ac.in>

Tue, Jun 27, 2023 at 4:44 PM

Sent from Yahoo Mail on Android

----- Forwarded message -----

From: "Jeetendra Pandey" <pandeyjeet@yahoo.com>
To: "NSS Centre Admin" <nsscentre@admin.du.ac.in>
Cc:
Sent: Thu, 23 Feb 2023 at 20:22
Subject: Fw: SEMINAR ON GLOBAL WARMING (4TH ACTIVITIES OF MISSION LIFE PROJECT)

Sent from Yahoo Mail on Android

----- Forwarded message -----

From: "NSS SSNC - DU" <nssssncofficial@gmail.com>
To: "jkpandey@ss.du.ac.in" <jkpandey@ss.du.ac.in>, "pandeyjeet@yahoo.com" <pandeyjeet@yahoo.com>
Cc:
Sent: Tue, 21 Feb 2023 at 14:21
Subject: SEMINAR ON GLOBAL WARMING (4TH ACTIVITIES OF MISSION LIFE PROJECT)

Dear Sir,

The NSS Unit of Swami Shraddhanand College, University of Delhi conducted **Seminar on GLOBAL WARMING**, to increase the awareness among the youth in view of the continuously increasing temperature in the world. Our resource person Mr. Sunil Jaiswal(Asst. Professor, Dept. of Geography), Mr. Nishith Kumar and Miss. Preeti Verma, who explained about it. Photos are attached herewith.

Regards
NSS SSNC-DU

8 attachments



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186K



1676960585817.jpg
212K



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Ialiti Rana mangli













SWAMI SHRADDHANAND COLLEGE
(University Of Delhi)



NATIONAL SERVICE SCHEME

'Not Me But You'

WORLD BICYCLE DAY

- On the occasion of World Bicycle Day on 3rd June 2023, our National Service Scheme (NSS) unit of Swami Shraddhanand College has organised a poster-making event in which volunteers actively participated and created a series of wonderful posters to commemorate the day. The objective of this initiative was to raise awareness about the **Significance of Bicycles**.
- Following the poster-making activity, the volunteers took part in a rally in the adopted village of Alipur. The primary purpose of the rally was to spread awareness and deliver a strong message to the local community regarding the numerous benefits associated with using bicycles as a mode of transportation.





- By organizing this rally, our NSS unit aimed to highlight the importance of bicycles in promoting **sustainable and eco-friendly transportation options**, improving physical and mental health and fostering a sense of community. The event served as a platform to encourage individuals to embrace cycling as a viable means of commuting and to adopt a healthier and greenery lifestyle.
- Following the rally, the volunteers actively participated in a fun-filled activity known as "**Slow Cycling**" on the occasion of World Bicycle Day. The concept of Slow Cycling involves cycling at a leisurely pace, emphasizing balance, control, and relaxation rather than speed. By engaging in this activity, the volunteers not only had a great time but also further highlighted the joy and versatility of cycling as a mode of transportation.
- This engaging activity served as an enjoyable way to conclude the event.





lakshna mahajan <lakshnamahajan@ss.du.ac.in>

Fw: Reports of World Environment Day (05/06/2022)

1 message

Jeetendra Pandey <pandeyjeet@yahoo.com>
Reply-To: Jeetendra Pandey <pandeyjeet@yahoo.com>
To: "lakshnamahajan@ss.du.ac.in" <lakshnamahajan@ss.du.ac.in>

Tue, Jun 27, 2023 at 4:40 PM

Sent from Yahoo Mail on Android

----- Forwarded message -----

From: "nss ssnc" <nssssncofficial@gmail.com>**To:** "pandeyjeet@yahoo.com" <pandeyjeet@yahoo.com>**Cc:****Sent:** Mon, 27 Jun 2022 at 10:41**Subject:** Reports of World Environment Day (05/06/2022)

"World Environment Day" is celebrated every year on 5th June to make sure that the natural resources on the planet Earth are still safe and everyone tries to maintain the greenery of their nearby places.

Keeping this in mind, on collaboration with the NCC Cadets, the NSS Unit of Swami Shraddhanand College took an initiative to plant trees and water the allocated plants of the grounds of the college and maintain the green environment throughout the campus.

Prof. Parveen Garg (Principal), Mr. J.K Pandey (P.O. of NSS), Mr. Mukesh Rana (ANO of NCC), Dr. Manish Kumar & other staff also guided the volunteers regarding the same and actively participated with them.

Here  is some glimpses of activities conducted on Environment Day (05/06/2022).

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Regards
NSS UNIT



Three days project work



- Theme- **Project work on Disaster Management**
- Type- **Case Study**
- Date- **14/06/2023 to 16/03/2023**
- Venue -**Swami Shraddhanand college (University of Delhi)**

➤ ***The NATIONAL SERVICE SCHEME (NSS) UNIT of SWAMI SHRADDHANAND COLLEGE (UNIVERSITY OF DELHI) organised THREE DAYS PROJECT WORK under the THEME of DISASTER MANAGEMENT.***

❖ ***The objective of organising this 3 days project work was to make awareness amongst the volunteers and students of Swami Shraddhanand college for disaster management. The volunteers worked hard for the project work and did detailed case studies of various disasters along with the ways for their management. All the volunteers came up with various forms of Disasters and their management through Power Point Presentations (PPT) . Survey in Alipur village along with a workshop on First Aid and CPR were conducted in this project work following the case studies and their presentations.***

DAY-1 (Medical Workshop)



Swami Shradddhanand College
(University of Delhi)

National Service Scheme
Organises

FIRST AID AND CPR



WORKSHOP



in Collaboration with **CPR**

BLK MAX HOSPITAL

Date: 14/06/2023

Time: 10 A.M. onwards

**Venue: Seminar Hall, New
Building, SSNC**

❖ ***The NSS unit of SSNC in collaboration with BLK MAX HOSPITAL organised a FIRST AID AND CPR WORKSHOP.***

❖ ***We had a team of doctors from BLK MAX Hospital ,who provided the basic details and process regarding the First Aid and CPR to the students of our college .***



- ❖ *The doctors team not only provided theoretical knowledge but also showed demonstration on how to perform them while somebody is in immediate medication need.*
- ❖ *All the students who attended the workshop were not only grateful for attending this workshop but indeed were happy that they knew some basic techniques which they can apply and help people's lives.*



DAY-2 (case study & presentation)

- ***The day -2 began with some light yoga and exercises to keep students mind and body healthy and fit .***







- ***After the yoga volunteers were all set for their presentations on various case studies .***
- ***All the volunteers beautifully presented their views on various case studies of disaster management.***
- ***Case studies on cyclones, earthquakes, heat waves, landslides, atomic explosions ,flood, building collapse, forest fires, Gas***

leakage,train accidents were some common points of attraction for students to present their work on .

- ***All the volunteers not only explained in detailed through presentations about the disaster but also they got the exposure to know about various man-made and natural disasters and the ways to overcome it .***



Natural Disasters:

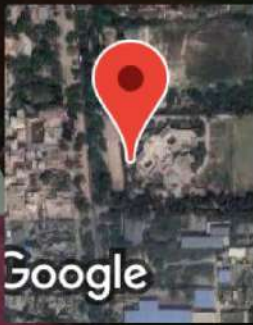
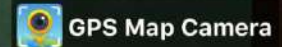
A Natural disaster is a disaster with links to natural hazards. A natural disaster can cause loss of life or damage property and typically leaves economic damage.

- Earthquake
- Flood
- Heat Wave
- Volcanic Eruption
- Draught etc

Bhopal Gas Tragedy

Introduction:

The Bhopal disaster or Bhopal gas tragedy was a chemical accident on the night of 2-3 December 1984 at the Union Carbide India Limited (UCIL) pesticide plant in Bhopal, Madhya Pradesh, India. Considered the world's worst industrial disaster, over 500,000 people in the small towns around the plant were exposed to the highly toxic gas methyl isocyanate (MIC).



Delhi, Delhi, India

Q4VR+M7M, Alipur Village, Delhi, 110036, India

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➤ ***We had a superb guidance from our teachers of department of Geography to guide students clarify their concepts regarding the Disasters much more .***



DAY-03 (SURVEY)

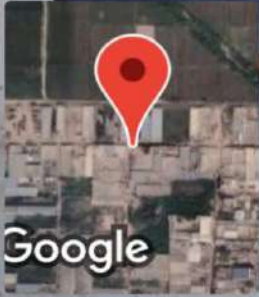


- ***Day 3 / final day of project work started with some light yoga and exercise for the maintenance of our body .***

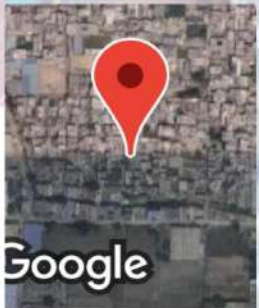
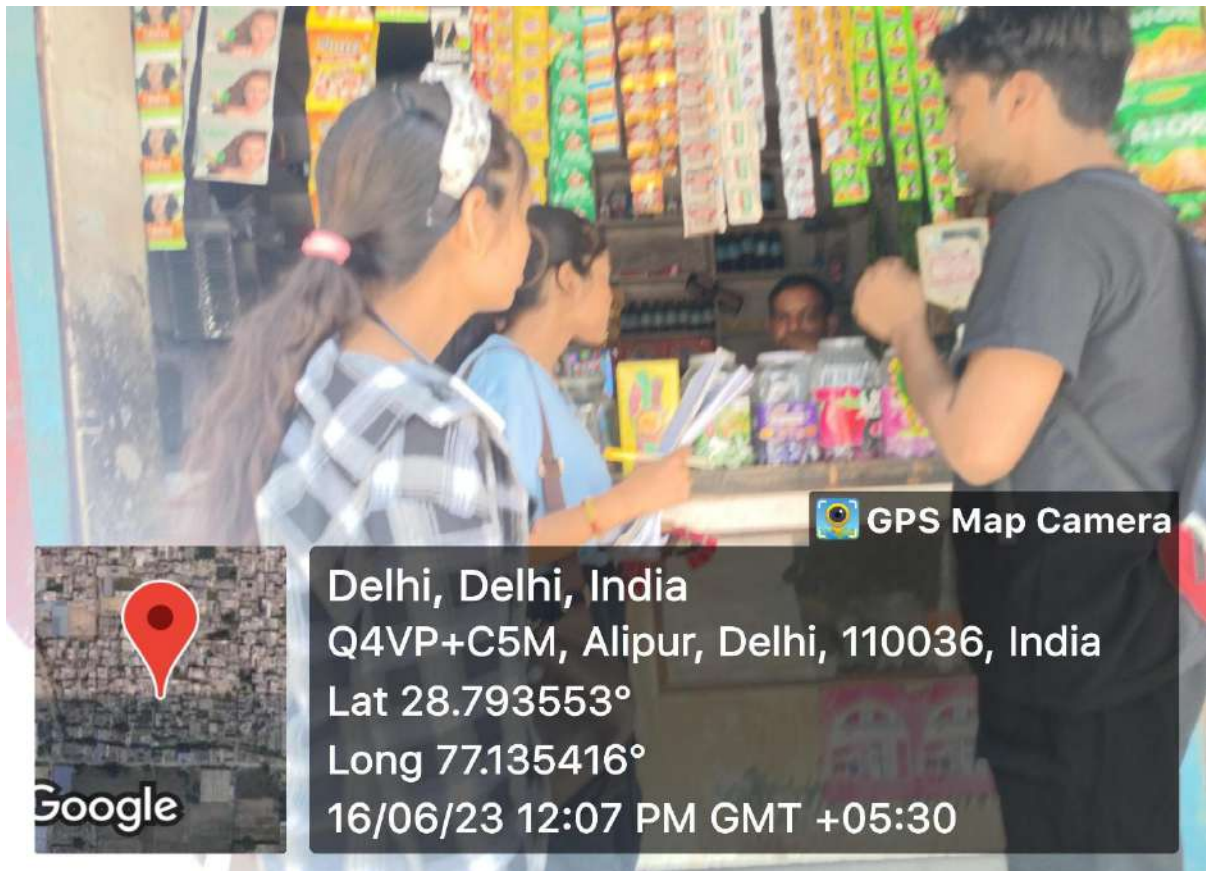
- ***Later the volunteers were divided into groups for the survey in Alipur . The main objective of this survey was to know from people about the various disasters they have ever faced , their preparedness and taking up their suggestions for what and how things should be done during a disaster .***
- ***Our volunteers not only took the survey but also demonstrated various techniques, informed them about what they should do during disaster , importance of first aid kits and also the application of first aid and CPR workshop was done them.***

- ***Volunteers not only got the exposure of how to tackle people out in the society but they also got to hear various experiences and problems of the people .***





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- ***After the survey ,all the volunteers shared their experience and details of their survey .***
- ***It was wonderful to listen to all of them ,how enthusiastically they carried out the survey and communicated with the people out there .***



❖ **This 3 days project work helped volunteers in improving not only their research ability but also helped them to be aware regarding the disasters happening around them**

every time and the ways one can do to manage them .Also the students learned medical terms and started to believe in themselves and improve their communication skills . Both mentally and physically volunteers gave their best during this period.



NOT ME BUT YOU